

## Kent Estuary Catholic Churches

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**Parish Office (for all enquiries)**
**Parish Administrator: Christine Booth**
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**Safeguarding Officers: Grange: Basia Nowak – Tel: 07486 395889**
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**Church Hall Rental Enquiries:**
**St. Charles Borromeo, Grange - Diane Holmes - Tel: 07788 874123**
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**Christ the King, Milnthorpe - Tom Kerrigan - Tel: 07542 678576**
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**PASTORAL EMERGENCIES:**
**Contact Holy Trinity & St George RC Church, Kendal**
**Tel: 015397 20063**

# 1st Sunday of Advent

**This Sunday's Scripture:** The Gospel this week tells us to 'stay awake'. We are to be alert to the signs of God acting in our world today, so that His coming at our death will not take us by surprise tomorrow.

**Advent** begins, a time when we prepare our hearts and minds to welcome the coming of Jesus at Christmas. We recognise three comings of God: the past, the present and in the future. Today we join those who yearned for his coming in past ages and promise to stay awake to the signs of his coming into our lives today.

**Advent Preparations: Prepare a Place for Jesus**: We are going to help prepare a place for Jesus this Christmas, by building the crib in Advent. When we prepare the crib outside us, we also prepare another crib inside our hearts to welcome Jesus afresh. This Sunday we promise to follow the guidance of a star in Advent, which symbolises the guidance of scripture.

*The Retiring Collection today will be for the Poor Missions Fund.*

Any items to be included in the next newsletter please submit by Tuesday. Please email StCharles.Grange@lrcd.org.uk and in the subject heading use the word **Newsletter.**

## Services for Advent



**Sunday 29th November - Taizé by Candlelight** at Christ the King, Milnthorpe at 4:00pm followed by mulled wine and mince pies.
**Thursday 10th December - Advent Penitential Service** at St Charles & St Cuthbert's, Grange-over-Sands at 7:00pm.
**Sunday 13th December – Carols & Readings Round the Crib** at St Charles & St Cuthbert's, Grange-over-Sands at 3:00pm followed by tea/coffee and mince pies.
**Sunday 13th December - Christmas Carols** at Trinity & St George, Kendal at 4:00pm followed by mulled wine and mince pies.

## 6-WAY News:

**Sacrament of Reconciliation with Adoration at Holy Trinity & St George,** Kendal, Saturday mornings 10:00am until 11:00am.
**Guided Holy Hour for World Peace -** every 2nd Wednesday of the month at 10.00am, tea and cakes at 11.00am. St Josephs', Kirkby Lonsdale, all welcome.
**Castlerigg Manor Retreats -** a great opportunity for families with children under 18 years to enjoy the lakes. The next one is December 11th to 13th, followed by March 12th to 14th. For further details email: director@castleriggmanor.co.uk or see castleriggmanor.com/events.

## Grange News:

**Friends of St Charles** (formerly SVP) - meetings now held on 4th Wednesday of each month after the 10.00 am Service.
**Grand Christmas Raffle –** tickets available after Mass on Sunday - £5 per strip.
Any donations of prizes would be gratefully received. Please hand to any member of the Social Committee or place in the box at the back of the church.
**Foodbank –** the next Foodbank will be held on 6th December.
**A Quiet Morning for Advent –** Saturday 5th December 9:30am – 12:00noon at St John the Baptist, Flookburgh. Please see the notice in the porch for further information.
**Cartmel Peninsula Churches Together Advent Service -** will be on November 29th at 3:00pm at Boarbank. Everyone is very, very welcome!
**MISSIO Red Box Collection -** December will shortly be upon us and that's the month for collection of the RED BOXES. Could you please bring them and leave them in the sacristy (not in Church please), during the first two weeks of December. If that's not possible please contact me and I will collect them from you. Thanks Anne Clough, 07931 980576.
**St Paul's Christmas Tree Festival –** Official Opening on Thursday 3rd December at 7pm. Please see the poster in the porch for further information.

## Milnthorpe News: **Please send 'news' to StCharles.Grange@lrcd.org.uk**

**Children's Liturgy -** will take place at 11am mass on **6th & 20th December** at CTK. All children and their parents are welcome to attend.
**Volunteers Needed -** A list of all roles essential for the running of the Parish is displayed in the blue folder on the notice board in the church entrance way. If you could help in any way with the huge variety of jobs, please complete one of the forms with your contact details.

**Advent Parish Fundraising -** This Advent our parish is fundraising to transform the lives of families around the world. The Community Water Supply is an amazing gift. Every pound raised will help our neighbours in some of the poorest regions of the world get access to safe water and if we reach our target, then we will have raised enough to provide a remote community with all the materials and training they need to build and maintain their own water supply. Our target is £750. We have a fundraising page: https://donors.cafod.org.uk/-/NCLBHTZB?sharingVendor=email and a QR code displayed in the church hall and entrance to allow easy direct giving from your phone.
Cash donations will be very much appreciated-please mark 'Advent World Gift'
**Carol Service -** The Happy Voices invite you to their Carol Service on the 14th December at 2:00pm at Christ the King Church Milnthorpe, followed by refreshments in the hall. All welcome.

## Arnside News: Please send 'news' to StCharles.Grange@lrcd.org.uk

**Our Lady of Lourdes church** open daily 10:00am to 4:00pm.

**Arnside Christians Together**
**Advent lunches -** unanswered prayer. Wednesday 2nd, 9th & 16th December at Our Ladys' 12.30 -2.00pm
**Christmas Fair -** Saturday 5th December, WI Hall, 10:00am 12:00noon. Free entry, usual stalls, coffee, tea, and mince pies.
**Carols -** round the crib on the prom. 13th December at 2:00pm
**Village Carol Service -** 20th December at Methodist Church 4:00pm
**Christingle Service** - 24th December 6:00pm St. James Church

## Milnthorpe & Arnside News:

**Supporting each other in times of trouble -** we are a close community but so often one of us falls ill or has an accident and no one knows it has happened, people are worried about your absence from the church, you may need some help or at least a bit of support whilst you are dealing with your problem so how to cover this? Mike and I (Greg) have agreed to be Parish contacts so if you're taken ill or have an accident, please do ring one of us if only to say, 'Don't worry, I'll be fine'. Tel: Mike Gibson 07901 268744 or Greg Tagney Tel: 07776 252937.

**Please pray for those of our parishes who are sick:**
Marie Akister, Philip Barry, Michael Carter, Jo Drake-Lee, Pat Duckett, Michael Foster, Pam Gee, Margaret Godfrey, Geoff Guy, Sandra Jackson, David James, Claire Lucas, Eileen Parker, Margaret Scott, Lionel Scott, John & Susan Stephens, Angela Taylor, Mary Wainwright, Bernard Walker, Alan Wild, Tony Nicolls.

*Heal thy servants, O Lord, who are sick and send them comfort from thy holy place. Amen.*

Please remember and keep in your prayers all those who have died recently and all those whose anniversaries occur about this time.

*Eternal rest, grant unto them, O Lord, and let perpetual light shine upon them.*
*May they rest in peace. Amen.*

# KENT ESTUARY CATHOLIC CHURCHES
## Masses and Services

| DAY | DATE | TIME | LOCATION | SERVICE | INTENTION |
|---|---|---|---|---|---|
| **1st Sunday of Advent (Year B)** | | | | | |
| Sat | 28 Nov | 5.30pm | Arnside | Vigil Mass | People of the Parish |
| Sun | 29 Nov | 9.00am | Grange | Mass | People of the Parish |
| Sun | 29 Nov | 11.00am | Milnthorpe | Mass | People of the Parish |
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| Mon | 30 Nov | 10.00am | Grange | Mass | Special Intention (Liz Lewis) 56/26 |
| Tues | 01 Dec | 10.00am | Grange | Mass | - |
| Tues | 01 Dec | 10.00am | Arnside | Mass | Marian Warzecha RIP (B'day Aniv) |
| Wed | 02 Dec | 10.00am | Grange | Eucharistic Service | |
| Wed | 02 Dec | 10:00am | Arnside | Eucharistic Service | |
| Thurs | 03 Dec | 10.00am | Arnside | Mass | - |
| Thurs | 03 Dec | 10.00am | Grange | Morning Prayer followed by Rosary | |
| Fri | 04 Dec | 10.00am | Grange | Morning Prayer followed by Adoration | |
| Fri | 04 Dec | 10.00am | Milnthorpe | Mass | - |
| **2nd Sunday of Advent** | | | | | |
| Sat | 05 Dec | 9:30am | Grange | Rosary | World Peace |
| Sat | 05 Dec | 5.30pm | Arnside | Vigil Mass | People of the Parish |
| Sun | 06 Dec | 9.00am | Grange | Mass | People of the Parish |
| Sun | 06 Dec | 11.00am | Milnthorpe | Mass | Thanksgiving (Anon) |

**ST CHARLES BORROMEO & ST CUTHBERT - GRANGE:**
**Confessions** available immediately after Mass on the last Tuesday of each month (or by private arrangement with Fr Simon or Fr Hugh).
**The church is open** 9:30am – 4:30pm Monday to Saturday.
**Contemplative Prayer Group:** Thursdays at 2:00pm in the Presbytery.
**Morning Prayer in church: 10:00am Thursday** followed by Rosary; **10:00am Friday** followed by Adoration (Exposition).

**CHRIST THE KING - MILNTHORPE:**
**CTK- House Group** Meets at Siobhan's home in Yealand, usually once/twice a month. 7:00-9:00pm Tuesdays. Contact Deirdre or Sioban for more details djloveday56@gmail.com
**The church can be open for private prayer** at any time. Ask any member of the PPC for the door lock codes.

**OUR LADY OF LOURDES - ARNSIDE:**
**The church is open** daily 10:00am to 4:00pm.
**Adoration:** at 2:00pm, followed by the Rosary, every Tuesday.
See also the website for Kent Estuary Catholic Churches https://www.kentestuarycatholicchurches.co.uk