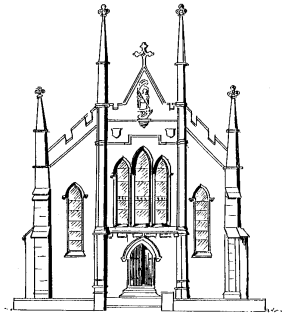
DAILY PRAYERS

ADVENT ONE



HOLY TRINITY & ST GEORGE CATHOLIC CHURCH
Serving Kendal and Sedbergh

www.kendalcatholicchurch.uk

Sunday - Advent Week 1 (Year B)

During Year B we will be journeying with St Mark's Gospel

Collect:
Grant Your faithful, we pray, almighty God,
the resolve to run forth to meet Your Christ
with righteous deeds at His coming,
so that, gathered at His right hand,
they may be worthy to possess the heavenly kingdom.
Through our Lord Jesus Christ, Your Son,
who lives and reigns with You in the unity of the Holy Spirit,
God, for ever and ever. Amen.

Today's Gospel reading: Mark 13:33-37

Today's prayer:
O God, by Your holy prophets
You promised that Your only Son
would come in the flesh for us
and be born of a virgin.
In these last days
You have fulfilled Your Word.
When He who came to redeem the world
comes to be our judge,
let us not be put to shame.
Through Christ our Lord. Amen.

Prayer to St. Mark
O Glorious St Mark, through the grace of God our Father,
you became a great Evangelist,
preaching the Good News of Christ.
May you help us to know Him well,
so that we may faithfully live our lives as followers of Christ.
Amen.

St Mark, Pray for us

Monday - St Andrew

Apostle - *patron saint of Scotland, Greece, Russia, fishermen and fishmongers.*

Collect:
We humbly implore Your majesty, O Lord,
that, just as the blessed Apostle Andrew
was for Your Church a preacher and pastor,
so he may be for us a constant intercessor before You.
Through our Lord Jesus Christ, Your Son,
who lives and reigns with You in the unity of the Holy Spirit,
God, for ever and ever. Amen.

Today's Gospel reading: Matthew 4:18-22

Today's prayer:
O glorious St Andrew,
first called by Jesus to follow Him,
help us to hear His voice
and respond with generous hearts.
Strengthen our faith, deepen our hope,
and teach us to share the joy of the Gospel.
May we follow Christ faithfully in this life
and rejoice with you in His heavenly kingdom. Amen.

St Andrew, Pray for us

Tuesday - Advent Week 1

St Ralph Sherwin
and the Martyrs of the Venerabile English College, Rome

Collect:
Look with favour, Lord God, on our petitions,
and in our trials grant us Your compassionate help,
that, consoled by the presence of Your Son,
whose coming we now await,
we may be tainted no longer
by the corruption of former ways.
Through our Lord Jesus Christ, Your Son,
who lives and reigns with You in the unity of the Holy Spirit,
God, for ever and ever. Amen.

Today's Gospel reading: Luke 10:21-24
O glorious St Ralph Sherwin and companions,
who gave your lives in faithful witness to Christ,
strengthen our faith and deepen our love for Him.
Help us to remain steadfast in times of difficulty,
courageous in living the Gospel,
and generous in sharing God's love.
Through your prayers, may peace and reconciliation flourish,
and may we remain faithful to Christ
throughout our lives. Amen.

St Ralph Sherwin, Pray for us
All you holy Martyrs of the English College, Pray for us

St Ralph Sherwin was the first of the forty-four martyrs of the Venerable English College in Rome. Ordained a priest in 1577, he returned to England to minister to persecuted Catholics. Arrested, imprisoned and tortured, he was executed at Tyburn on 1st December 1581. Among his fellow martyrs were Blessed George Haydock, from Cottam, near Preston, and Blessed John Woodcock, from Leyland.
Their courage and faithfulness remind us of the sacrifices made to preserve the Catholic faith in England.

Wednesday - Advent Week 1

Collect:
Prepare our hearts, we pray, O Lord our God,
by Your divine power,
so that at the coming of Christ Your Son
we may be found worthy of the banquet of eternal life
and merit to receive heavenly nourishment from His hands.
Who lives and reigns with You in the unity of the Holy Spirit,
God, for ever and ever. Amen.

Today's Gospel reading: Matthew 15:29-37

Today's prayer:
Lord our God,
prepare our hearts for the coming of Your Son.
Strengthen our faith, deepen our hope,
and nourish us with His love,
so that we may welcome Him with joy
and one day share in the eternal banquet of Heaven.
Through Christ our Lord. Amen.

Thursday – St Francis Xavier

Missionary

patron saint of Catholic missions and missionaries

Collect:
O God, who through the preaching of Saint Francis Xavier
won many peoples to Yourself,
grant that the hearts of the faithful
may burn with the same zeal for the faith
and that Holy Church may everywhere rejoice
in an abundance of offspring.
Through our Lord Jesus Christ, Your Son,
who lives and reigns with You in the unity of the Holy Spirit,
God, for ever and ever. Amen.

Today's Gospel: Mattnew 7:21, 24-27

Today's prayer:
O glorious St Francis Xavier,
who carried the Good News of Christ
to distant lands and peoples,
inspire us with your faith and zeal.
Help us to share God's love with generosity,
to serve others with kindness and compassion,
and to bring the light of Christ
to those we meet each day. Amen.

St Francis Xavier, Pray for us

St Francis Xavier (1506–1552) was born in Navarre, Spain, and became one of the first companions of St Ignatius of Loyola, helping to found the Society of Jesus. A tireless missionary, he preached the Gospel in India, Southeast Asia and Japan, bringing many people to the Christian faith. He died on 3rd December 1552, near the coast of China. He is honoured as the patron saint of Catholic missions throughout the world.

Friday - Advent Week 1

St John Damascene
Doctor of the Church
patron Saint of pharmacists, icon painters, and theology students

Collect:
Stir up your power, we pray, O Lord, and come,
that with you to protect us,
we may find rescue
from the pressing dangers of our sins,
and with you to set us free,
we may be found worthy of salvation.
Who live and reign with God the Father
in the unity of the Holy Spirit,
God, for ever and ever. Amen.

Today's Gospel reading: Matthew 9:27-31

Today's prayer:
Grant, we pray, O Lord,
that we may be helped by the prayers of the Priest Saint John Damascene,
so that the true faith, which he excelled in teaching,
may always be our light and our strength.
Through Christ, our Lord. Amen.

Saint John Damascene, Pray for us

St John Damascene (c. 675–749) was born in Damascus and later became a monk at the monastery of St Sabas, near Jerusalem. A brilliant theologian, hymn writer and defender of the Christian faith, he is especially remembered for defending the veneration of sacred images during the iconoclastic controversy. His writings helped shape the theology and worship of the Eastern Church. Declared a Doctor of the Church in 1890.

Saturday – Advent Week 1

Collect:
O God, who sent Your Only Begotten Son into this world
to free the human race from its ancient enslavement,
bestow on those who devoutly await Him
the grace of Your compassion from on high,
that we may attain the prize of true freedom.
Through our Lord Jesus Christ, Your Son,
who lives and reigns with You in the unity of the Holy Spirit,
God, for ever and ever. Amen.

Today's Gospel reading: Matthew 9:35-10:1,5a,6-8

Today's prayer:
Lord our God,
as we come to the end of this first week of Advent,
renew our hope and strengthen our faith.
Free us from all that keeps us from Your love,
and fill our hearts with Your mercy and peace.
May we welcome Your Son with joyful hearts
and discover in Him the gift of true freedom.
Through Christ our Lord. Amen.