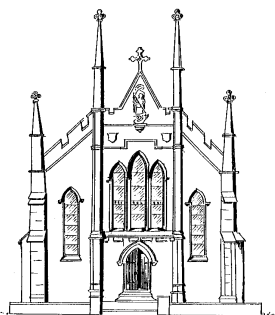


**DAILY
PRAYERS**

**WEEK 11 IN
ORDINARY TIME**



HOLY TRINITY & ST GEORGE
CATHOLIC CHURCH
Serving Kendal and Sedbergh

www.kendalcatholicchurch.uk

Sunday – Week 11

Collect:

O God, strength of those who hope in You,
graciously hear our pleas,
and, since without You mortal frailty can do nothing,
grant us always the help of Your grace,
that in following Your commands
we may please You by our resolve and our deeds.
Through our Lord Jesus Christ, Your Son,
who lives and reigns with You in the unity of the Holy Spirit,
God, for ever and ever. Amen.

Today's Gospel reading: Matthew 9:36-10:8

Today's prayer:

Lord, I know You are merciful.
I've been taught that You provide grace and mercy
in spite of my behaviour and in spite of my sins.
You are a good God that comes to those that need You, no matter what.
Lord, I need You in my life more than ever.
I know that I'm not perfect.
I know that my sins are not hidden from You.
I know that, at times, I sin knowing it's a sin.
I'm human, Lord, and while that's no excuse,
I know You love me despite my human nature.
'Give me only Your love and Your grace,
for this is sufficient for me.'

Monday – Week 11

Collect:

O God, strength of those who hope in You,
graciously hear our pleas,
and, since without You mortal frailty can do nothing,
grant us always the help of Your grace,
that in following Your commands
we may please You by our resolve and our deeds.
Through our Lord Jesus Christ, Your Son,
who lives and reigns with You in the unity of the Holy Spirit,
God, for ever and ever. Amen.

Today's Gospel reading: Matthew 5:38-42

Today's prayer:

Lord God,
You have shown us the path of life in Your commandments
and revealed their fullness in Jesus Christ Your Son.
Give us hearts that love what You command,
minds that seek Your wisdom,
and wills that are ready to do Your will.
When we are tempted to choose our own way,
draw us back to the way of truth and peace.
Teach us to love You above all things
and to love our neighbour with a generous heart.
May Your commandments be not a burden to us,
but a light for our steps and a source of joy,
so that, walking faithfully in Your ways,
we may come at last to the fullness of life in Your kingdom.
Through Christ our Lord. Amen.

Tuesday – Week 11

St Richard of Chichester

Bishop

patron saint coachmen and travellers - because of traditions associated with his journeys and pilgrimages.

Collect:

O God, strength of those who hope in You,
graciously hear our pleas,
and, since without You mortal frailty can do nothing,
grant us always the help of Your grace,
that in following Your commands
we may please You by our resolve and our deeds.
Through our Lord Jesus Christ, Your Son,
who lives and reigns with You in the unity of the Holy Spirit,
God, for ever and ever. Amen.

Today's Gospel reading: Matthew 10:34-42

Today's prayer: *by St Richard of Chichester*

Thanks be to You, my Lord Jesus Christ,
for all the benefits You have given me,
for all the pains and insults You have borne for me.
O most merciful Redeemer, Friend and Brother,
may I know You more clearly,
love You more dearly,
and follow You more nearly,
day by day.
Amen.

St Richard of Chichester, Pray for us

St Richard of Chichester (c. 1197–1253) was Bishop of Chichester and a devoted pastor known for his humility, integrity, and care for the poor. He worked tirelessly to reform the clergy and strengthen the spiritual life of his diocese. Despite opposition and hardship, he remained faithful to Christ and the Church.

Wednesday – Week 11

Collect:

O God, strength of those who hope in You,
graciously hear our pleas,
and, since without You mortal frailty can do nothing,
grant us always the help of Your grace,
that in following Your commands
we may please You by our resolve and our deeds.
Through our Lord Jesus Christ, Your Son,
who lives and reigns with You in the unity of the Holy Spirit,
God, for ever and ever. Amen.

Today's Gospel reading: Matthew

Today's prayer:

Lord God,
You alone are worthy of all our love.
Teach us to seek You above every earthly desire,
to trust You in every circumstance,
and to place You first in our hearts and lives.
May we love You with all our heart,
with all our soul,
with all our mind,
and with all our strength,
so that everything we do may give You glory.
Through Christ our Lord. Amen.

Thursday – Week 11

Collect:

O God, strength of those who hope in You,
graciously hear our pleas,
and, since without You mortal frailty can do nothing,
grant us always the help of Your grace,
that in following Your commands
we may please You by our resolve and our deeds.
Through our Lord Jesus Christ, Your Son,
who lives and reigns with You in the unity of the Holy Spirit,
God, for ever and ever. Amen.

Today's Gospel reading: Matthew

Today's prayer:

Lord Jesus,
You have taught us to love our neighbour as ourselves.
Open our hearts to see Your image in every person we meet.
Give us kindness in our words, generosity in our actions,
and patience in our daily relationships.
Help us to forgive as we have been forgiven,
to serve as You have served,
and to love others with the compassion You show to us.
For You live and reign for ever and ever. Amen.

Friday – Week 11

St Romuald, Abbot

Collect:

Grant, we pray, almighty God,
that we, who glory in the Heart of Your beloved Son
and recall the wonders of His love for us,
may be made worthy to receive
an overflowing measure of grace
from that fount of heavenly gifts.
Through our Lord Jesus Christ, Your Son,
who lives and reigns with You in the unity of the Holy Spirit,
God, for ever and ever. Amen.

Today's Gospel reading: Matthew 6:19-23

Today's prayer:

Lord, I need You today to provide for me.
I need Your grace in my life to provide strength
because I am weak.
I face temptations every day,
and I wish I could say that I always walk away.
I cannot do it alone.
I need You to give me the strength
and provide me with the guidance
to overcome these desires to sin.
I need You to give me direction.
Lord, You can move the mountains that block my way in life.
You can give to me what I need in my life.
'Give me only Your love and Your grace,
for this is sufficient for me.'

St Romuald, Pray for us

St Romuald (c. 951 – traditionally 19 June, c. 1025/27 AD) was the founder of the Camaldolese Benedictine Order and a major figure in the eleventh century "Renaissance of eremitical asceticism". He spent about 30 years traveling around Italy, founding and reforming monasteries and hermitages. He instructed his monks to:

***'Sit in your cell as in paradise. Put the whole world behind you and forget it.
Watch your thoughts like a good fisherman watching for fish.
The path you must follow is in the Psalms — never leave it!'***

Saturday – St Alban

Proto-martyr of England - *patron saint of converts, those persecuted for their faith and torture victims*

Collect:

Almighty God,
by whose grace and power Your holy martyr Alban
triumphed over suffering
and was faithful even to death:
Grant us, who now remember him in thanksgiving,
to be so faithful in our witness to You in this world,
that we may receive with him the crown of life;
through Jesus Christ our Lord,
who lives and reigns with You in the unity of the Holy Spirit,
God, for ever and ever. Amen.

Today's Gospel reading: Matthew 10:34-42

Today's prayer:

O generous St Alban, who took in and kept safe a holy priest
who was fleeing persecution and who was martyred for your faith
look kindly upon all who are fleeing persecution or are seeking refuge for any
reason.

Ask the Lord to send angels to protect them and keep them safe from harm.

Pray for them, dear saint, along with the Blessed Virgin Mary,
that they will have the strength, courage, and assistance they need
to faithfully live each day in unfamiliar places far from their homes.

Pray that the Lord blesses them with all the help and assistance they need
to adjust to new environments and cultures and with hope for a better future.

O holy martyr, pray for them and ask the Lord to allow them in time
to either establish new homes or return to their homeland safely
and resume their lives and livelihoods. Amen.

St Alban, proto-martyr of England and protector of the persecuted, Pray for us

Christianity found its way to the British Isles, via merchants, in the early second century AD, when the land was still under Roman occupation. Since its arrival, the religion has seen thousands of British believers persecuted, whether that be under the Roman empire or subsequent rulers (the 16th century reformation springs to mind). However, there was one man who began it all: St Alban, the first recorded Christian martyr in England. His dates are uncertain but lived in the 3rd or 4th century.