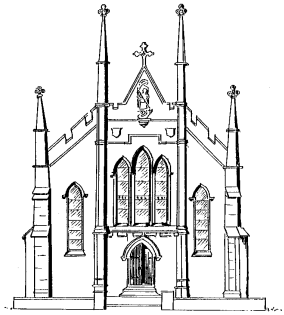
DAILY PRAYERS

WEEK 10 IN ORDINARY TIME



HOLY TRINITY & ST GEORGE CATHOLIC CHURCH

Serving Kendal and Sedbergh

www.kendalcatholicchurch.uk

Corpus Christi

Collect:
O God, who in this wonderful Sacrament
have left us a memorial of Your Passion,
grant us, we pray,
so to revere the sacred mysteries of Your Body and Blood
that we may always experience in ourselves
the fruits of Your redemption.
Who live and reign with God the Father,
in the unity of the Holy Spirit,
God, for ever and ever. Amen.

Today's Gospel reading: John 6:51-58

Today's prayer:
Let us pray
for the willingness to make present in our world
the love of Christ shown to us in the Eucharist,
Lord Jesus Christ, we worship You living among us
in the sacrament of Your Body and Blood.
May we offer to our Father in Heaven
a solemn pledge of undivided love.
May we offer to our brothers and sisters
a life poured out in loving service of that kingdom
where You live with the Father and the Holy Spirit
God for ever and ever. Amen.

The Solemnity of Corpus Christi celebrates the Real Presence of Jesus Christ in the Blessed Sacrament. Established for the universal Church by Pope Urban IV in 1264, the feast gives thanks for the gift of the Eucharist, Christ's Body and Blood offered for the life of the world. It invites the faithful not only to adore Christ present on the altar and in the tabernacle, but also to become what they receive: the Body of Christ in the world.

Monday – Week 10

Collect:
O God, from whom all good things come,
grant that we, who call on You in our need,
may at Your prompting discern what is right,
and by Your guidance do it.
Through our Lord Jesus Christ, Your Son,
who lives and reigns with You in the unity of the Holy Spirit,
God, for ever and ever. Amen.

Today's Gospel reading: Matthew 5:1-12

Today's prayer:
A Prayer for Courage to Do the Right Thing

Heavenly Father,
in a world filled with uncertainty and difficult choices,
I humbly seek Your guidance.
Grant me the wisdom to discern right from wrong,
and the courage to stand firm in my faith amidst adversity.
Strengthen my fragile soul, O Lord,
to resist selfish desires
and choose always Your divine path.

Tuesday – Week 10

St Columba of Iona & St Ephraim of Edessa

Collect:
O God, from whom all good things come,
grant that we, who call on You in our need,
may at Your prompting discern what is right,
and by Your guidance do it.
Through our Lord Jesus Christ, Your Son,
who lives and reigns with You in the unity of the Holy Spirit,
God, for ever and ever. Amen.

Today's Gospel reading: Matthew 5:13-16

Today's prayer:
O God, by the preaching of your blessed servant Columba you caused the light of the Gospel to shine in Scotland: Grant, we pray, that, having his life and labours in remembrance, we may show our thankfulness to you by following the example of his zeal and patience; through Christ our Lord. Amen.
St Columba, Pray for us

Saint Ephraim by a flood of tears you made the desert fertile, and your longing for God brought forth fruits in abundance. By the radiance of miracles you illumined the whole universe! Saint Ephraim, pray to Christ God to save our souls!

St Columba (7 December 521 – 9 June 597) was an Irish monk, missionary, and founder of the monastery on Iona. Exiled from Ireland, he brought the Gospel to the Picts of Scotland and established Iona as a great centre of prayer, learning, and evangelisation. Revered as one of the principal saints of the Celtic Church, he remains a model of missionary zeal.

St Ephraim the Syrian (c. 306 – 9 June 373) was a deacon, theologian, and hymn writer of the early Church. Living in Nisibis and later Edessa, he defended the faith through biblical commentaries, poetry, and hymns. Known as the "Harp of the Holy Spirit," he was declared a Doctor of the Church in 1920 and is honoured in both East and West.

Wednesday – Week 10

Collect:
O God, from whom all good things come,
grant that we, who call on You in our need,
may at Your prompting discern what is right,
and by Your guidance do it.
Through our Lord Jesus Christ, Your Son,
who lives and reigns with You in the unity of the Holy Spirit,
God, for ever and ever. Amen.

Today's Gospel reading: Matthew 5:17-19

Today's prayer:
In Your love, Lord,
answer our humble prayer:
give us the grace to see what we have to do,
and the strength to do it.
Through Christ, our Lord.
Amen.

Thursday – St Barnabas

Collect:
O God, who decreed that Saint Barnabas,
a man filled with faith and the Holy Spirit,
should be set apart to convert the nations,
grant that the Gospel of Christ,
which he strenuously preached,
may be faithfully proclaimed by word and by deed.
Through our Lord Jesus Christ, Your Son,
who lives and reigns with You in the unity of the Holy Spirit,
God, for ever and ever. Amen.

Today's Gospel reading: Matthew 10:7-13

Today's prayer:
O glorious St Barnabas,
faithful Apostle and son of encouragement,
you welcomed others with kindness,
strengthened the weak in faith,
and laboured tirelessly for the spread of the Gospel.
Pray for us, that we may be generous in service,
steadfast in faith, and courageous in bearing witness to Christ.
Teach us to encourage those who are discouraged,
to build up the unity of the Church,
and to proclaim the Good News with joy and conviction.
Obtain for us the grace to follow Christ faithfully in this life,
and at last to share with you the glory of His heavenly kingdom.
Through Christ our Lord. Amen.

St Barnabas, Pray for us

St Barnabas was one of the earliest Christian disciples and a close companion of St Paul. A native of Cyprus, he is named in the Acts of the Apostles as a generous and encouraging witness to the Gospel. He helped introduce Paul to the Church and shared in missionary journeys throughout the Mediterranean. Tradition holds that he was martyred at Salamis in Cyprus around AD 61.

Friday – The Most Sacred Heart of Jesus

Collect:
Grant, we pray, almighty God,
that we, who glory in the Heart of Your beloved Son
and recall the wonders of His love for us,
may be made worthy to receive
an overflowing measure of grace
from that fount of Heavenly gifts.
Through our Lord Jesus Christ, Your Son,
who lives and reigns with You in the unity of the Holy Spirit,
God, for ever and ever. Amen.

Today's Gospel reading: Matthew 11:25-30

Today's prayer:
Lord Jesus,
You gave Your life for us.
Your Sacred Heart is ablaze with love.
Your hand extends towards me, and towards all,
offering love, mercy, and healing.
Sacred Heart of Jesus may Your love transform me.
Burn away my hesitation
that I may become Your love.

O most Sacred Heart of Jesus,
pour down Your blessings abundantly upon Your Church,
upon Pope Francis, the Supreme Pontiff,
and upon all the clergy;
give perseverance to the just,
convert sinners,
enlighten unbelievers,
bless our parents, friends, and benefactors,
help the dying, free the souls in Purgatory,
and extend over all hearts the wonder of Your love. Amen.

The Solemnity of the Sacred Heart of Jesus celebrates the boundless love of Christ revealed in His Heart, pierced for our salvation on the Cross. Rooted in Scripture and enriched by the revelations to St Margaret Mary Alacoque (1647–1690), the feast invites us to contemplate the depth of God's mercy and compassion. It calls us to trust in Christ's love, respond with gratitude and reparation, and allow our hearts to be transformed by His Sacred Heart.

Saturday – Immaculate Heart of Mary

Collect:
O God, who prepared a fit dwelling place for the Holy Spirit
in the Heart of the Blessed Virgin Mary,
graciously grant that through her intercession
we may be a worthy temple of Your glory.
Through our Lord Jesus Christ, Your Son,
who lives and reigns with You in the unity of the Holy Spirit,
God, for ever and ever. Amen.

Today's Gospel reading: Luke 2:41-51

Today's prayer:
O most Blessed Mother, heart of love, heart of mercy,
ever listening, caring, consoling, hear our prayer.
As your children, we implore your intercession with Jesus your Son.
Receive with understanding and compassion the petitions
we place before you today, especially…

(name your special intention here).

We are comforted in knowing your
heart is ever open to those who ask for your prayer.
We trust to your gentle care and intercession,
those whom we love and who are sick or lonely or hurting.
Help all of us, Holy Mother to bear
our burdens in this life
until we may share eternal life and peace with God forever. Amen.

The Memorial of the Immaculate Heart of Mary honours the interior life of the Blessed Virgin Mary, whose heart was wholly devoted to God and perfectly united to the mission of her Son. Reflecting on the words of Scripture that Mary "treasured all these things and pondered them in her heart" (Luke 2:19), the feast invites us to imitate her faith, purity, trust, and love. Through her maternal intercession, she leads us ever closer to Christ.