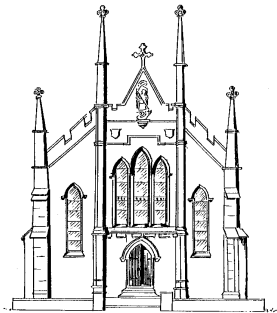


# DAILY PRAYERS

## EASTER WEEK 3



**HOLY TRINITY & ST GEORGE**  
**CATHOLIC CHURCH**  
Serving Kendal and Sedbergh

**[www.kendalcatholicchurch.uk](http://www.kendalcatholicchurch.uk)**

# Sunday - Easter Week 3

## **Collect:**

May Your people exult for ever, O God,  
in renewed youthfulness of spirit,  
so that, rejoicing now in the restored glory of our adoption,  
we may look forward in confident hope  
to the rejoicing of the day of resurrection.  
Through our Lord Jesus Christ, Your Son,  
who lives and reigns with You in the unity of the Holy Spirit,  
God, for ever and ever. Amen.

**Today's Gospel reading:** Luke 24:13-35

## **Today's prayer:**

Our Father,  
each day is a little life,  
each night a tiny death;  
help us to live with faith and hope and love.  
Lift our duty above drudgery;  
let not our strength fail, or the vision fade,  
in the heat and burden of the day.  
O God, make us patient and merciful one with another  
in the fret and jar of life,  
remembering that each fights a hard fight  
and walks a lonely way.  
Forgive us, Lord, if we hurt our fellow souls;  
teach us a gentler tone,  
a sweeter charity of words,  
and a more healing touch.  
Sustain us, O God, when we must face sorrow;  
give us courage for this day and hope for tomorrow.  
Day unto day may we take hold of Your hand  
and look up into Your face,  
whatever befall, until our work is finished  
and the day is done. Amen.

*St Francis of Assisi (1181-1226)*

# Monday - Easter Week 3

## **Collect:**

Grant, we pray, almighty God,  
that, putting off our old self with all its ways,  
we may live as Christ did,  
for through the healing paschal remedies  
You have conformed us to his nature.  
Who lives and reigns with You in the unity of the Holy Spirit,  
God, for ever and ever. Amen.

**Today's Gospel reading:** John 6:22-29

## **Today's prayer:**

Holy Spirit, help me put off my old self.  
Renew my mind and heart so that I reflect Jesus.  
Clothe me with the new life You have given me.  
Let your righteousness and holiness shine through me today. Amen.

## Tuesday - Easter Week 3

St Anselm of Canterbury  
*Bishop*

### **Collect:**

O God, who open wide the gates of the heavenly Kingdom to those reborn of water and the Holy Spirit, pour out on Your servants an increase of the grace You have bestowed, that, having been purged of all sins, they may lack nothing that in your kindness You have promised. Through our Lord Jesus Christ, Your Son, Who lives and reigns with You in the unity of the Holy Spirit, God, for ever and ever. Amen.

**Today's Gospel reading:** John 6:30-35

### **Today's prayer:**

O God, who led the Bishop Saint Anselm to seek out and teach the depths of Your wisdom, grant, we pray, that our faith in You may so aid our understanding, that what we believe by Your command may give delight to our hearts. Through Christ, our Lord. Amen.

St Anselm, Pray for us

*St Anselm of Canterbury (c.1033–1109) was a monk, theologian, and Archbishop of Canterbury, often called the “Father of Scholasticism.” Born in Aosta, he entered the Abbey of Bec in Normandy, where his teaching united deep faith with clear reason. His famous phrase fides quaerens intellectum—faith seeking understanding—captures his approach. He is best known for the ontological argument for God’s existence and for his work Cur Deus Homo, exploring the meaning of the Incarnation and redemption.*

## Wednesday – Easter Week 3

### **Collect:**

Be present to Your family, O Lord, we pray,  
and graciously ensure  
those You have endowed with the grace of faith  
an eternal share in the Resurrection of Your Only Begotten Son.  
Who lives and reigns with You in the unity of the Holy Spirit,  
God, for ever and ever. Amen.

**Today's Gospel reading:** John 6:35-40

### **Today's prayer:**

Lord, I thank You for the finished work of the Cross.  
I praise You for the resurrection  
that brings the hope that I will have everlasting life.  
Teach me to acknowledge what You have done for the world  
through salvation on a daily basis.  
Forgive me if I have neglected to share the gospel  
due to feeling incapable or uncomfortable.  
I pray for opportunities to share my faith.  
I ask for boldness to tell others about the resurrection.  
Through Christ, the risen Lord. Amen.

# Thursday - St George

Martyr - *patron saint of our Country and Parish!*

## Collect:

Extolling Your might, O Lord, we humbly implore You, that, as Saint George imitated the Passion of the Lord, so he may lend us ready help in our weakness.

Through our Lord Jesus Christ, Your Son, who lives and reigns with You in the unity of the Holy Spirit, God, for ever and ever. Amen.

**Today's Gospel reading:** Luke 9:23-26

## Today's prayer:

Saint George, faithful servant of God and invincible martyr, favoured by God with the gift of faith, and inflamed with an ardent love of Christ,

you fought valiantly against the dragons of pride, falsehood, and deceit.

Neither pain nor torture, sword nor death could separate you from the love of Christ.

I fervently ask you for the sake of this love

to help me by your intercession to overcome the temptations that surround me, and to bear bravely the trials that oppress me,

so that I may patiently carry the cross which is placed upon me;

and let neither distress nor difficulties separate me from the love of Our Lord Jesus Christ.

O valiant champion of the Faith, assist me in the combat against evil, that I may win the crown promised to those who persevere unto the end. Amen.

*For our Parish family*

Heavenly Father, we thank You for our parish family and its people.

Fill us with your Holy Spirit so that we may grow.

Help us to see You in everyone we meet and fill our lives with Your praise.

Through Jesus Christ our Lord. Amen.

St Geroge, Pray for us

*St George (d. c.303) was a soldier and Christian martyr, traditionally believed to have served in the Roman army under Emperor Diocletian. Refusing to renounce his faith, he endured torture and was executed. He became a symbol of courage and steadfast witness to Christ. The famous legend of George and the dragon reflects the triumph of faith over evil. Venerated across East and West, he is the patron saint of England and a model of chivalry and Christian bravery.*

## Friday - Easter Week 3

St Adalbert of Prague, Bishop - *patron saint of Poland, Czech Republic, Archdiocese of Prague*

St Fidelis of Sigmaringen, Martyr

### Collect:

Grant, we pray, almighty God,  
that we, who have come to know  
the grace of the Lord's Resurrection,  
may, through the love of the Spirit,  
ourselves rise to newness of life.  
Through our Lord Jesus Christ, Your Son,  
who lives and reigns with You in the unity of the Holy Spirit,  
God, for ever and ever. Amen.

**Today's Gospel reading:** John 6:52-59

### Today's prayer:

Lord,  
through Your resurrection, I am made new.  
Help me walk in the newness of life You have given me.  
Let old things pass away  
and new things take root in my heart,  
you who live and reign for ever and ever. Amen.

St Adalbert of Prague, Pray for us

St Fidelis of Sigmaringen, Pray for us

*St Adalbert of Prague (c.956–997) was a bishop and missionary who worked to evangelise Central and Eastern Europe. Born into a noble Bohemian family, he faced opposition in Prague and later preached among the Prussians. Known for his zeal and courage, he was martyred during his mission. He is honoured as a patron of Bohemia, Poland, and Hungary. St Fidelis of Sigmaringen (1577–1622) was a Capuchin friar and missionary during the Counter-Reformation. Formerly a lawyer, he embraced religious life and preached with clarity and zeal. Sent to Switzerland, he worked to strengthen Catholic faith amid division. Refusing to abandon his mission despite threats, he was martyred by opponents. He is remembered for courage, integrity, and faithful witness.*

# Saturday – St Mark

Evangelist

*Patron saint of lawyers, notaries, opticians, pharmacists, painters, secretaries, interpreters, prisoners, and people dealing with insect bites and Venice!*

## **Collect:**

O God, who raised up Saint Mark, Your Evangelist, and endowed him with the grace to preach the Gospel, grant, we pray, that we may so profit from his teaching as to follow faithfully in the footsteps of Christ. Who lives and reigns with You in the unity of the Holy Spirit, God, for ever and ever. Amen.

**Today's Gospel reading:** Mark 16:15-20

## **Today's prayer:**

Lord, help me to follow in the footsteps of St Mark and to fall in love with You completely, desiring only Your will in my life. Help me to hear Your voice and to be guided by the Holy Spirit to do all that You ask of me. Amen.

St Mark, Pray for us

*St Mark the Evangelist (d. c.68) was a companion of St Peter and is traditionally held to be the author of the second Gospel. Drawing on Peter's preaching, his Gospel presents Christ with vivid urgency, revealing both His authority and His suffering. Mark is closely linked with the Church in Rome and later with Alexandria, where he is said to have founded the Christian community. He suffered martyrdom there and is honoured as a faithful witness to the Gospel.*