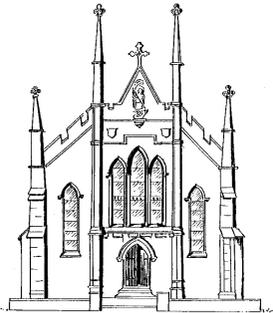


DAILY PRAYERS

LENT 4



HOLY TRINITY & ST GEORGE
CATHOLIC CHURCH
Serving Kendal and Sedbergh

www.kendalcatholicchurch.uk

Sunday - Lent Week 4 (Year A)

Mothers' Day

Collect:

O God, who through Your Word
reconcile the human race to Yourself in a wonderful way,
grant, we pray, that with prompt devotion and eager faith
the Christian people may hasten
toward the solemn celebrations to come.
Through our Lord Jesus Christ, Your Son,
who lives and reigns with You in the unity of the Holy Spirit,
one God, for ever and ever. Amen.

Today's Gospel reading: John 9:1-41

Today's prayer:

Mary, on this day when we honour all mothers, we turn to you. We thank the Lord, whom you serve, for the great gift of motherhood. Never has it been known that anyone who sought your intercession was left unaided by grace. Dear Mother, thank you for saying "Yes" to the invitation of the angel which brought heaven to earth and changed human history. You opened yourself to God's word and the Word was made flesh and dwelt among us.

Dear mother, intercede for all mothers. Ask your Son to give them the grace of surrendered love so that they could join with you in giving Him their own 'yes.' May they find daily strength to say yes to the call to the sacrificial love - the very heart of the vocation of motherhood. May their love and witness be a source of great inspiration for all of us called to follow your Son.

On this Mother's day, Mother of the Word Incarnate, pray for all mothers who have recourse to you particularly those mothers who are suffering at this time.

Hail Mary...

Mary, Mother of Christ, Pray for us.

Mary, Mother of the Church, Pray for us.

Mary, Mother of all who suffer, Pray for us.

Monday – Lent Week 4

Collect:

O God, who renew the world
through mysteries beyond all telling,
grant, we pray,
that Your Church may be guided by Your eternal design
and not be deprived of Your help in this present age.
Through our Lord Jesus Christ, Your Son,
who lives and reigns with You in the unity of the Holy Spirit,
one God, for ever and ever. Amen.

Today's Gospel reading: John 4:43-54

Today's prayer:

Heavenly Father,
in Your wisdom You have called Your Church into being
and in Your love You sustain her through every age.
Guide Your Church, we pray,
according to Your eternal design.
Where we are uncertain, give us light.
Where we are divided, grant us unity.
Where we are weary, renew us by Your Spirit.
Keep us faithful to the Gospel entrusted to us,
steadfast in charity,
and humble in service to the world You love.
Through Christ our Lord. Amen.

Tuesday – St Patrick

Missionary

Collect:

O God, who chose the Bishop Saint Patrick to preach Your glory to the peoples of Ireland, grant, through his merits and intercession, that those who glory in the name of Christian may never cease to proclaim Your wondrous deeds to all. Through our Lord Jesus Christ, Your Son, who lives and reigns with You in the unity of the Holy Spirit, one God, for ever and ever. Amen.

Today's Gospel reading: John 5:1-16

Today's prayer:

God who created me,
You offer me new life through Your Son
and through the gift of Your sacraments.
While I see new life all around me,
I don't always recognize the new life You offer me.
Help me to grow this Lent in an awareness
of the gifts You place in my life
and in a greater appreciation for Your care.
Give me the courage to ask for help.

St Patrick, Pray for us

St Patrick (c. 385–461) was the missionary bishop credited with bringing Christianity to Ireland. Born in Roman Britain, he was kidnapped as a teenager and enslaved in Ireland before escaping. After years of formation as a priest and bishop, he returned to Ireland to preach the Gospel. Through his tireless missionary work, teaching, and pastoral care, many were converted. He is honoured as the principal patron saint of Ireland.

Wednesday – Lent Week 4

Collect:

O God, who reward the merits of the just
and offer pardon to sinners who do penance,
have mercy, we pray, on those who call upon You,
that the admission of our guilt
may serve to obtain Your pardon for our sins.
Through our Lord Jesus Christ, Your Son,
who lives and reigns with You in the unity of the Holy Spirit,
one God, for ever and ever. Amen.

Today's Gospel reading: John 5:17-30

Today's prayer:

Loving and merciful God,
I am so aware of my sins and weaknesses.
But as painfully aware of my faults as I am,
Let me also remember Your tender love,
Your gentle and limitless forgiveness.
I come before You filled with pain and guilt
but look into Your eyes and see the forgiving love
I so long for in my life.
Help me to forgive the same way.
Teach me to love as You love.

Thursday – St Joseph

Guardian of the Lord and Husband of Mary

Collect:

Grant, we pray, almighty God,
that by Saint Joseph's intercession
Your Church may constantly watch over
the unfolding of the mysteries of human salvation,
whose beginnings You entrusted to his faithful care.
Through our Lord Jesus Christ, Your Son,
who lives and reigns with You in the unity of the Holy Spirit,
God, for ever and ever. Amen.

Today's Gospel: Mt 1:16, 18-21, 24a

Today's prayer:

Glorious Patriarch Saint Joseph,
whose power makes the impossible possible,
come to my aid in these times of anguish and difficulty.
Take under your protection the serious
and troubling situations that I commend to you,
that they may have a happy outcome.
My beloved father, all my trust is in you.
Let it not be said that I invoked you in vain,
and since you can do everything with Jesus and Mary,
show me that your goodness is as great as your power. Amen.

St Joseph, Husband of Mary, Pray for us
St Joseph, Stepfather of Jesus, Pray for us
St Joseph, Protector of the Church, Pray for us

Every day, for more than 40 years, following his morning prayers, Pope Francis recited this prayer to St Joseph taken from a nineteenth-century French prayer book of the Congregation of the Sisters of Jesus and Mary.

Friday – Lent Week 4

St Cuthbert, Bishop

Secondary Patron of the Diocese of Lancaster

Collect:

O God, who have prepared fitting helps for us in our weakness, grant, we pray, that we may receive their healing effects with joy and reflect them in a holy way of life. Through our Lord Jesus Christ, Your Son, who lives and reigns with You in the unity of the Holy Spirit, one God, for ever and ever. Amen.

Today's Gospel reading: John 7:1-2, 10, 25-30

Today's prayer:

Saint Cuthbert, faithful shepherd of the northern Church and Secondary Patron of our Diocese of Lancaster, pray for us. You loved both the silence of prayer and the needs of the people entrusted to your care. Teach us to seek Christ with undivided hearts and to serve His people with gentle charity. Watch over our parishes, our clergy, and our families. Strengthen us in faith, deepen us in hope, and keep us steadfast in the Gospel. Saint Cuthbert, pray for us, now and always. Amen.

St Cuthbert (c. 634–687), Bishop of Lindisfarne, is honoured as Secondary Patron of the Diocese of Lancaster. A monk, hermit, and pastor, he was renowned for holiness, compassion, and love of solitude balanced with tireless care for his people. From his island hermitage on Inner Farne, his prayer sustained the Church of the North. After his death, devotion to him spread widely. St Cuthbert remains a model of pastoral charity, contemplative depth, and faithful service to Christ and His Church.

Saturday – Lent Week 4

St Herbert, Hermit

Collect:

May the working of Your mercy, O Lord, we pray,
direct our hearts aright,
for without Your grace
we cannot find favour in Your sight.

Who lives and reigns with You in the unity of the Holy Spirit,
one God, for ever and ever. Amen.

Today's Gospel reading: John 7:40-53

Today's prayer

Saint Herbert,
faithful hermit of our northern land
and quiet servant of Christ,
pray for us.
You sought the Lord in silence
and found joy in hidden faithfulness.
Teach us to treasure prayer,
to value holy friendship,
and to trust God's work in the ordinary days of life.
Watch over our communities here in Cumbria.
Help us to grow in simplicity of heart,
steadfast in hope and gentle in charity.
Saint Herbert, pray for us,
now and always. Amen.

St Herbert (d. 687) was a priest and hermit closely associated with St Cuthbert. He lived a life of prayer and solitude on an island in Derwentwater near Keswick. Deeply united in spiritual friendship with Cuthbert, Herbert is said to have prayed that they might die on the same day — a prayer that was granted. Venerated especially in Cumbria, St Herbert remains a quiet witness to contemplative fidelity, holy friendship, and steadfast devotion to Christ in hiddenness and prayer.