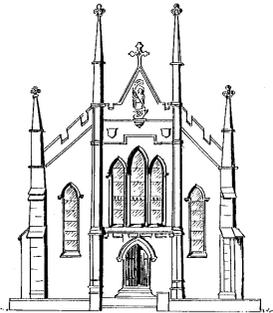


DAILY PRAYERS

LENT 3



HOLY TRINITY & ST GEORGE
CATHOLIC CHURCH
Serving Kendal and Sedbergh

www.kendalcatholicchurch.uk

Sunday – Lent Week 3 (Year A)

Collect:

O God, author of every mercy and of all goodness,
who in fasting, prayer and almsgiving
have shown us a remedy for sin,
look graciously on this confession of our lowliness,
that we, who are bowed down by our conscience,
may always be lifted up by Your mercy.
Through our Lord Jesus Christ, Your Son,
who lives and reigns with You in the unity of the Holy Spirit,
God, for ever and ever. Amen.

Today's Gospel reading: John 4:5-42

Today's prayer:

Lord, in Your thirst for relationship with us
You reveal a love and longing greater than anything we can ask for or
imagine.

Teach us to thirst in the depths of our souls for You, O Lord,
and through You, to thirst for more loving and just relationships with
others.

Above all, help us to be advocates for justice and peace in our
workplaces

and in the families and communities
in which You have planted us.

Through Christ our Lord. Amen..

Monday – Lent Week 3

St Frances of Rome

Collect:

May Your unfailing compassion, O Lord,
cleanse and protect Your Church,
and, since without You she cannot stand secure,
may she be always governed by Your grace.
Through our Lord Jesus Christ, Your Son,
who lives and reigns with You in the unity of the Holy Spirit,
God, for ever and ever. Amen.

Today's Gospel reading: Luke 4:24-30

Today's prayer:

Merciful God,
Free Your Church from the sins of this world
and protect us from evil we see
and the evil we prefer to ignore.
We need Your guidance, O Lord
for we cannot do this alone.
Only with Your help can we be saved.
Thank You for Your desire to save us and to love us.

St Frances of Rome (1384–1440) was a devoted wife, mother, and mystic who lived in Rome during a time of great upheaval. Though born into nobility, she embraced a life of charity, caring especially for the poor and the sick. After her husband's death, she founded the Oblates of Mary, uniting prayer with active service. Known for her deep humility and reported angelic visions, she is today honoured as the patron saint of motorists.

Tuesday – Lent Week 3

Collect:

May Your grace not forsake us, O Lord, we pray,
but make us dedicated to Your holy service
and at all times obtain for us Your help.
Through our Lord Jesus Christ, Your Son,
who lives and reigns with You in the unity of the Holy Spirit,
God, for ever and ever. Amen.

Today's Gospel reading: Matthew 18:21-35

Today's prayer:

I thank You Lord for this day, a reminder of Your love
and Your call that we be more patient,
gentle and compassionate with others.
Here in the middle of Lent,
I turn to You to beg for Your help.
Please soften my heart.
Help me to let go of judging others.
I ask You this, in the love of Jesus, my Lord. Amen.

Wednesday – Lent Week 3

Collect:

Grant, we pray, O Lord,
that, schooled through Lenten observance
and nourished by Your word,
through holy restraint
we may be devoted to You with all our heart
and be ever united in prayer.
Through our Lord Jesus Christ, Your Son,
who lives and reigns with You in the unity of the Holy Spirit,
God, for ever and ever. Amen.

Today's Gospel reading: Matthew 5:17-19

Today's prayer:

God, You love me as Your own child.
May I bend my life and will toward You
so that I might accept Your teaching and guidance.
I am so grateful for Your support in my life,
now and in the eternal life You are preparing for me.
I beg for Your help and Spirit in my life today.

Thursday – Lent Week 3

Collect:

We implore Your majesty most humbly, O Lord,
that, as the feast of our salvation draws ever closer,
so we may press forward all the more eagerly
towards the worthy celebration of the Paschal Mystery.
Through our Lord Jesus Christ, Your Son,
who lives and reigns with You in the unity of the Holy Spirit,
God, for ever and ever. Amen.

Today's Gospel: Luke 11:14-23

Today's prayer:

Loving God,
I hear Your invitation, "Come back to me"
and I am filled with such a longing to return to You.
Show me the way to return.
Lead me this day in good works I do in Your Name
and send Your Spirit to guide me and strengthen my faith.
I ask only to feel Your love in my life today.

Friday – Lent Week 3

Collect:

Pour Your grace into our hearts, we pray, O Lord,
that we may be constantly drawn away from unruly desires
and obey by Your own gift the heavenly teaching You give us.
Through our Lord Jesus Christ, Your Son,
who lives and reigns with You in the unity of the Holy Spirit,
God, for ever and ever. Amen.

Today's Gospel reading: Mark 12:28-34

Today's prayer:

Lord Jesus,
You did not turn away
from the weight of the Cross
or the love that placed it on Your shoulders.
Teach me to trust Your love
when the road is hard
and the way is hidden.
Help me to walk with You in faith,
to carry what is mine with courage,
and to know that no suffering,
held with You, is ever lost.
Jesus, who bore the Cross for us,
draw me closer to Your saving love.

Saturday – Lent Week 3

Collect:

Rejoicing in this annual celebration
of our Lenten observance,
we pray, O Lord,
that, with our hearts set on the Paschal mysteries,
we may be gladdened by their full effects.
Through our Lord Jesus Christ, Your Son,
who lives and reigns with You in the unity of the Holy Spirit,
God, for ever and ever. Amen.

Today's Gospel reading: Luke 18:9-14

Today's prayer:

Our Lady of Sorrows,
you stood faithful
as your Son took up His Cross.
When the road of my life is heavy
and my heart does not understand,
stay close beside me.
Teach me your quiet trust,
your courage that did not flee,
your love that remained at the Cross.
Mother of compassion,
hold me near to Jesus
and lead me, through every sorrow,
into the hope of His risen life.
Amen.