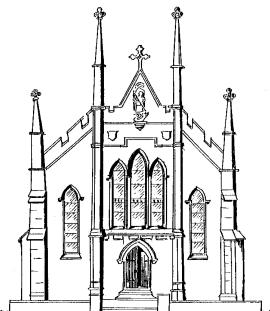


DAILY PRAYERS

WEEK FIVE



**HOLY TRINITY & ST GEORGE
CATHOLIC CHURCH
Serving Kendal and Sedbergh**

www.kendalcatholicchurch.uk

Sunday – Week 5

Collect:

Keep Your family safe, O Lord, with unfailing care,
that, relying solely on the hope of heavenly grace,
they may be defended always by Your protection.
Through our Lord Jesus Christ, Your Son,
who lives and reigns with You in the unity of the Holy Spirit,
God, for ever and ever. Amen.

Today's Gospel reading: Matthew 5:13-16

Today's prayer:

Almighty God, my Eternal Father,
from the fullness of my soul I adore You.
I am deeply grateful that You have made me
in Your image and likeness,
and that You ever hold me in Your loving embrace.
Direct me to love You with all my heart,
with all my soul,
and with my whole mind.
Direct me to love all Your children as I love myself.
O, my Father, my soul longs to be united to You,
and to rest in You forever.
Have the Holy Spirit touch my soul
so that I may love You as He does,
and as Your Beloved Son Jesus does. Amen.

Monday - Week 5

Collect:

Keep Your family safe, O Lord, with unfailing care,
that, relying solely on the hope of heavenly grace,
they may be defended always by Your protection.
Through our Lord Jesus Christ, Your Son,
who lives and reigns with You in the unity of the Holy Spirit,
God, for ever and ever. Amen.

Today's Gospel reading: Mark 6:53-56

Today's prayer:

Heavenly Father,
we humbly come before You,
seeking Your abundant grace to fill our daily lives.
May Your love and mercy guide our actions,
soften our hearts,
and illuminate our paths.
Help us to extend grace to others as we receive it from You.
Strengthen our faith and grant us peace,
that we may reflect Your light in all we do.
Amen.

Tuesday – St Scholastica

Abbess - patron saint of religious sisters and of those seeking protection against violent storms

Collect:

As we celebrate anew the Memorial of the Virgin Saint Scholastica,
we pray, O Lord,
that, following her example,
we may serve You with pure love
and happily receive what comes from loving You.
Through our Lord Jesus Christ, Your Son,
who lives and reigns with You in the unity of the Holy Spirit,
God, for ever and ever. Amen.

Today's Gospel reading: Mark 7:1-13

Today's prayer: A Prayer in Honour of Saint Scholastica

O God, to show us where innocence leads,
You made the soul of Saint Scholastica
soar to heaven like a dove in flight.
Grant through her merits and her prayers
that we may so live in innocence
as to attain to joys everlasting.
We ask this through Christ our Lord. Amen.

Saint Scholastica. Pray for us

*St Scholastica, (480 Norcia, Italy - 10th February 543 Villa Santa Lucia, Italy)
Scholastica was the sister of St Benedict. She consecrated her life to God from her
earliest years. After her brother went to Monte Cassino, to establish his famous
monastery, she lived nearby at Plombariola, where she founded and governed a
monastery of nuns. She visited her brother once a year, and as she was not allowed
to enter his monastery, he went to meet her at a house some distance away. These
visits were spent in conferring together on spiritual matters. On one occasion they
had passed the time as usual in prayer and pious conversation and in the evening
they sat down to take their reflection. St Scholastica begged her brother to remain
until the next day. St Benedict refused to spend the night outside his monastery. She
had recourse to prayer and a furious thunderstorm burst so that neither St Benedict
could return home. They spent the night in spiritual conferences. The next morning,
they parted to meet no more on earth. Three days later St Scholastica died, and her
brother saw her soul in a vision as it ascended into Heaven. He sent his brethren to
bring her body to his monastery and laid it in the tomb he had prepared for himself.
She died about the year 543, and St Benedict followed her soon after.*

Wednesday - Our Lady of Lourdes

Principal patroness of the of Diocese of Lancaster *and patroness of bodily ills, sick people, protection from diseases*

Collect:

Grant us, O merciful God, protection in our weakness, that we, who keep the Memorial of the Immaculate Mother of God, may, with the help of her intercession, rise up from our iniquities.

Through our Lord Jesus Christ, Your Son, who lives and reigns with You in the unity of the Holy Spirit, God, for ever and ever. Amen.

Today's Gospel reading: John 2:1-11

Today's prayer:

O ever Immaculate Virgin,
Mother of mercy,
health of the sick,
refuge of sinners,
comfort of the afflicted,
you know my wants, my troubles, my sufferings;
deign to cast upon me a look of mercy.

By appearing in the Grotto of Lourdes,
you were pleased to make it a privileged sanctuary,
from where you dispense your favours,
and already many sufferers have obtained the cure of their infirmities,
both spiritual and corporal.

I come, therefore, with the most unbounded confidence,
to implore your maternal intercession.

Obtain, O loving Mother, the grant of my requests.

I will endeavour to imitate your virtues,
that I may one day share your glory,
and bless you in eternity. Amen.

Our Lady of Lourdes, Pray for and bless all who are sick and suffering
Our Lady of Lourdes, Pray for and bless all the people of the Diocese of
Lancaster

Our Lady of Lourdes, Pray for and bless Bishop Paul, the priests, deacons and
religious of the Diocese

Thursday - Week 5

Collect:

Keep Your family safe, O Lord, with unfailing care,
that, relying solely on the hope of heavenly grace,
they may be defended always by Your protection.
Through our Lord Jesus Christ, Your Son,
who lives and reigns with You in the unity of the Holy Spirit,
God, for ever and ever. Amen.

Today's Gospel reading: Mark 7:24-30

Today's prayer:

Heavenly Father,
thank You, Lord for loving me
and reminding me of Your Truth.
Help me keep my eyes on You,
especially in times of rejection.
May I remember that You can use all things
for my good and Your glory.
Give me a heart that trusts,
and take away the desire
to lean on my own understanding.
Thank You for Your protection,
provision, and presence!

Glory be to the Father...

Friday - Week 5

Collect:

Keep Your family safe, O Lord, with unfailing care,
that, relying solely on the hope of heavenly grace,
they may be defended always by Your protection.
Through our Lord Jesus Christ, Your Son,
who lives and reigns with You in the unity of the Holy Spirit,
God, for ever and ever. Amen.

Today's Gospel reading: Mark 7:31-37

Today's prayer:

Lord Jesus,
in our moments of trouble and despair,
we seek Your grace to envelop us.
Grant us strength to endure,
wisdom to navigate our challenges,
and peace to calm our hearts.
May Your love shine through our darkest days,
reminding us that we are never alone.
Help us to trust in Your divine plan, now and always.
Amen.

Saturday – St Cyril and St Methodius

Monk and Bishop
patrons of Europe

Collect:

O God, who enlightened the Slavic peoples through the brothers Saints Cyril and Methodius, grant that our hearts may grasp the words of Your teaching, and perfect us as a people of one accord in true faith and right confession. Through our Lord Jesus Christ, Your Son, who lives and reigns with You in the unity of the Holy Spirit, God, for ever and ever. Amen.

Today's Gospel reading: Luke 10:1-9

Today's prayer:

Father, You brought the light of the gospel to the Slavic nations through the brothers, Saints Cyril and Methodius. Open our hearts to understand Your teaching and help us to become one in faith and praise. Through Christ, our Lord. Amen.

St Cyril, Pray for us

St Methodius, Pray for us

Saints Cyril and Methodius were brothers from Thessalonica who brought the Christian faith to the Slavic peoples in the 9th century. Born c. 827 (Cyril) and c. 815 (Methodius), they were sent on mission in 863 to Great Moravia. Cyril devised the Glagolitic alphabet, enabling Scripture and the liturgy to be translated into Slavonic. Their work honoured local language and culture while remaining faithful to the Church. Cyril died in 869; Methodius in 885.