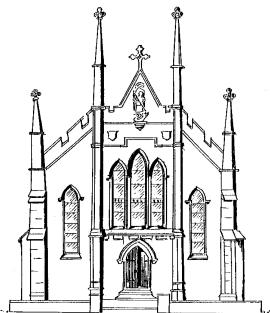


DAILY PRAYERS

WEEK THREE



**HOLY TRINITY & ST GEORGE
CATHOLIC CHURCH
Serving Kendal and Sedbergh**

www.kendalcatholicchurch.uk

Sunday – Week 3

Collect:

Almighty ever-living God,
direct our actions according to Your good pleasure,
that in the Name of Your beloved Son
we may abound in good works.
Through our Lord Jesus Christ, Your Son,
who lives and reigns with You in the unity of the Holy Spirit,
God, for ever and ever. Amen.

Today's Gospel reading: Matthew 4:12-23

Today's prayer:

Prompt our actions with Your inspiration,
we pray, O Lord,
and further them with Your constant help,
that all we do may always begin from You
and by You be brought to completion.
Through Christ our Lord. Amen.

Monday - Sts Timothy and Titus

Apostles

*St Timothy - patron saint of stomach and intestinal ailments
(cf. 1 Timothy 5:23)*

*St Titus - patron saint of Heraklion and all Crete and the
United States Army Chaplain Corps*

Collect:

O God, who adorned Saints Timothy and Titus
with apostolic virtues,
grant, through the intercession of them both,
that, living justly and devoutly in this present age,
we may merit to reach our heavenly homeland.

Through our Lord Jesus Christ, Your Son,
who lives and reigns with You in the unity of the Holy Spirit,
God, for ever and ever. Amen.

Today's Gospel reading: Luke 10:1-9

Today's prayer:

Almighty God, You called Saints Timothy and Titus
to be evangelists and teachers,
and made them strong to endure hardship:
Strengthen us to stand fast in adversity,
and to live righteous and godly lives in this present time,
that with sure confidence
we may look for our blessed hope,
the glorious appearing
of our great God and Saviour Jesus Christ;
who lives and reigns with You and the Holy Spirit,
God, now and for ever. Amen.

Sts Timothy and Titus, Pray for us

*Sts Timothy and Titus were disciples and co-workers of St Paul. Timothy
accompanied Paul on his travels. He was put in charge of the Church at
Ephesus. Titus was Paul's messenger to various Christian communities
where disputes arose, and he was in charge
of the Church at Crete. To these two St Paul wrote his pastoral epistles*

Tuesday – St Angela Merici, Virgin

patron saint of sickness, of disabled and physically challenged people, and those grieving the loss of parents.

Collect:

Almighty ever-living God,
direct our actions according to Your good pleasure,
that in the Name of Your beloved Son
we may abound in good works.

Through our Lord Jesus Christ, Your Son,
who lives and reigns with You in the unity of the Holy Spirit,
God, for ever and ever. Amen.

Today's Gospel reading: Mark 3:31-35

Today's prayer:

Saint Angela,
you were not afraid of change.
You did not let stereotypes keep you from serving.
Help us to overcome our fear of change
in order to follow God's call
and allow others to follow theirs. Amen.

St Angela, Pray for us

St Angela Merici was born on March 21st, 1474 at Desenzano on Lake Garda; left an orphan at the age of ten she was brought up by her uncle and on his death went to live with her brothers. She was a devout girl and, having joined the Third Order of St Francis, devoted herself to teaching children. As her work became known she was asked to go to Brescia where a house was put at her disposal and a number of women came to join her; there she established a religious association of women, under the patronage of St Ursula. Her sisters while remaining in the world, should devote themselves to every sort of corporal and spiritual work of mercy; but the particular emphasis was on education. Angela preferred to send her sisters to teach girls in their own families, - not in convent schools - one of her favorite sayings was, 'Disorder in society is the result of disorder in the family'. It was by educating children where they lived that she strove to improve social conditions.

St Angela died in Brescia on January 27th 1540.

Wednesday – St Thomas Aquinas

Doctor of the Church - *Patron saint of universities and scholars.*

Collect:

O God, who made Saint Thomas Aquinas outstanding in his zeal for holiness and his study of sacred doctrine, grant us, we pray, that we may understand what he taught and imitate what he accomplished.

Through our Lord Jesus Christ, Your Son, who lives and reigns with You in the unity of the Holy Spirit, God, for ever and ever. Amen.

Today's Gospel reading: Matthew 23:8-12

Today's prayer: Prayer of St. Thomas Aquinas

O merciful God, grant that I may ever perfectly do Your will in all things. Let it be my ambition to work only for Your honour and glory.

Let me rejoice in nothing but what leads to You, nor grieve for anything that leads away from You.

May all passing things be as nothing in my eyes, and may all that is Yours be dear to me, and You, my God, dear above them all. May all joy be meaningless without You and may I desire nothing apart from You. May all labour and toil delight me when it is for You.

Make me, O Lord, obedient without complaint, poor without regret, patient without murmur, humble without pretense, joyous without frivolity, and truthful without disguise. Give me, O God, an everwatchful heart which nothing can ever lure away from You; a noble heart, which no unworthy affection can draw downwards to the earth; an upright heart, which no evil can warp; an unconquerable heart, which no tribulation can crush; a free heart, which no perverted affection can claim for its own.

Bestow on me, O God, understanding to know You, diligence to seek You, and wisdom to find You; a life which may please You, and a hope which may embrace You at the last.

St Thomas Aquinas, Pray for us

Thomas Aquinas (28th January 1225, Roccasecca, Italy - 7th March 1274,

Fossanova Abbey, Italy). He was a Dominican friar and an immensely influential scholastic philosopher, theologian, his influence on Western thought is considerable, and much of modern philosophy developed or opposed his ideas, particularly in the areas of ethics, natural law, metaphysics, and political theory.

Thursday – Week 3

Collect:

Almighty ever-living God,
direct our actions according to Your good pleasure,
that in the Name of Your beloved Son
we may abound in good works.
Through our Lord Jesus Christ, Your Son,
who lives and reigns with You in the unity of the Holy Spirit,
God, for ever and ever. Amen.

Today's Gospel reading: Mark 4:21-25

Today's prayer:

Lord God, I seek Your clarity to discern Your will.
Illuminate my path,
filling me with Your wisdom.
Help me align my heart with Your purpose,
trusting Your guidance.
Remove confusion, guiding me to Your truth.
Let Your Holy Spirit lead me,
ensuring my steps honour You.
You who live and reign for ever and ever. Amen.

Friday – Week 3

Collect:

Almighty ever-living God,
direct our actions according to Your good pleasure,
that in the Name of Your beloved Son
we may abound in good works.
Through our Lord Jesus Christ, Your Son,
who lives and reigns with You in the unity of the Holy Spirit,
God, for ever and ever. Amen.

Today's Gospel reading: Mark 4:26-34

Today's prayer:

Lord, I seek Your guidance in decision-making.
Fill me with Your wisdom,
directing my choices.
Help me trust Your insight,
seeking Your will above my own.
Let Your peace confirm my path, avoiding error.
Guide me to decisions that glorify You, blessing my life.
You who live and reign for ever and ever. Amen.

Saturday – St John Bosco

Pastor - *patron saint of editors, publishers, youth, apprentices, and magicians.*

Collect:

O God, who raised up the Priest Saint John Bosco as a father and teacher of the young, grant, we pray, that, aflame with the same fire of love, we may seek out souls and serve you alone. Through our Lord Jesus Christ, Your Son, who lives and reigns with You in the unity of the Holy Spirit, God, for ever and ever. Amen.

Today's Gospel reading: Mark 4:35-41

Today's prayer:

O Father, we humbly seek the wisdom of Saint John Bosco, a beacon of hope and guidance for the youth. Grant us the discernment to nurture and inspire those around us, fostering love and understanding. May his spirit lead us to serve with compassion and integrity, illuminating our paths with faith and joy. Amen.

St John Bosco, Pray for us

St John Bosco (1815–1888) was an Italian priest and educator devoted to the young, especially the poor and abandoned. Founder of the Salesians, he combined faith, reason, and kindness in his pastoral care. His joyful spirit, practical charity, and trust in Mary Help of Christians continue to shape Catholic education worldwide.