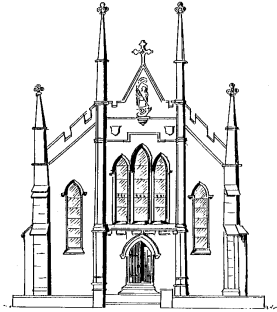


# **DAILY PRAYERS**

## **WEEK 28**

### **ORDINARY TIME**



**HOLY TRINITY & ST GEORGE**  
**CATHOLIC CHURCH**  
Serving Kendal and Sedbergh

**[www.kendalcatholicchurch.uk](http://www.kendalcatholicchurch.uk)**

# Sunday – Week 28

## **Collect:**

May Your grace, O Lord, we pray,  
at all times go before us and follow after  
and make us always determined  
to carry out good works.

Through our Lord Jesus Christ, Your Son,  
who lives and reigns with You in the unity of the Holy Spirit,  
God, for ever and ever. Amen.

**Today's Gospel reading:** Luke 17:11-19

## **Today's prayer:**

Heavenly Father,  
You shaped me in Your image.  
You created me in love.  
You gave me many gifts and talents.  
I pray that You give me guidance this coming week  
in how is best to use my time, efforts, and talents.  
Help me walk the path You guide me on.  
Let my actions reflect Your love for me. Amen.

Glory be to the Father...

# Monday – Week 28

St Edward the Confessor - *patron saint of kings, difficult marriages, and separated spouses*

## Collect:

May Your grace, O Lord, we pray,  
at all times go before us and follow after  
and make us always determined  
to carry out good works.

Through our Lord Jesus Christ, Your Son,  
who lives and reigns with You in the unity of the Holy Spirit,  
God, for ever and ever. Amen.

**Today's Gospel reading:** Luke 11:29-32

## Today's prayer:

Lord, You raised Saint Edward, king and confessor,  
to excel in good government and faithful service.  
May these ideals survive and flourish in our country today  
through his prayers.  
Through Christ, our Lord. Amen.

Most glorious Saint Edward,  
you showed your devotion to God  
with patience, gentleness and generosity.  
Like you, may we serve to strengthen the Kingdom of God  
through patient prayer and charity. Amen

St Edward, Pray for us

*Edward the Confessor was a man of great prayer - rather like a crowned monk. He was hailed throughout his life as a gentle, loyal and devoted king. He was born in Islip, near Oxford, probably in 1005. He was an enigmatic figure who was believed to have the power to heal. He began the royal custom of touching sick people to cure them. The tradition continued for nearly 700 years until the reign of Queen Anne. Edward the Confessor died on January 5 1066. He was canonised in 1161 and his body was translated to a shrine at Westminster Abbey in 1163. In the centuries that followed many sick people came to kneel at the shrine and ask to be healed. Richard II prayed there too, asking for strength before the Peasants' Revolt in 1381. Today Edward the Confessor is the only major English saint whose body is still in its shrine which survived the attacks of the reformation.*

## Tuesday – Week 28

Pope St John XXIII - *patron saint of Papal delegates, Patriarchy of Venice, Second Vatican Council*

### Collect:

May Your grace, O Lord, we pray,  
at all times go before us and follow after  
and make us always determined  
to carry out good works.

Through our Lord Jesus Christ, Your Son,  
who lives and reigns with You in the unity of the Holy Spirit,  
One God, for ever and ever. Amen.

**Today's Gospel reading:** Luke 11:37-41

### Today's prayer:

Lord, source of eternal life and truth,  
give to Your shepherd, Pope Francis,  
a spirit of courage and right judgement,  
a spirit of knowledge and love.

By governing with fidelity those entrusted to his care may he,  
as successor to the apostle Peter and vicar of Christ,  
build Your Church  
into a sacrament of unity, love, and peace for all the world.  
We ask this through Jesus Christ, our Lord. Amen.

St Callistus, Pray for us

*St Callistus was a slave for a Roman who worked for Caesar. He was put in charge of the bank by his master. He managed to lose the money deposited and in fear he fled. He was caught and sent to prison. He was released and told to try to recover the money. He was arrested after getting into a brawl in a Jewish synagogue. He was then sent to Sardinia to work in the mines. The mistress of the emperor was able to influence his release. Callistus became superintendent of the cemetery of St.*

*Callistus. He was ordained a deacon by the Pope and became the friend and adviser of the Pope. When the pope died, Callistus was elected to be Bishop of Rome with a majority vote. This led to a schism with his rival St. Hippolytus who became the first anti-pope. Hippolytus accused Pope Callistus of sympathizing with heretics. He also disagreed with Pope Callistus' teaching about the power of Divine Mercy in the sacrament of confession. In the year 236, both Pope Callistus and Hippolytus were martyred during an uprising in Rome. They were both canonized as saints. It is believed that Hippolytus made peace with the church before his death.*

*St Callistus is the first pope after St. Peter to be honoured as a martyr.*

## Wednesday – St Teresa of Jesus (Avila)

*patron saint against headaches, against sickness, for lace makers and the patroness of Spain*

### **Collect:**

O God, who through Your Spirit  
raised up Saint Teresa of Jesus  
to show the Church the way to seek perfection,  
grant that we may always be nourished  
by the food of her heavenly teaching  
and fired with longing for true holiness.  
Through our Lord Jesus Christ, Your Son,  
who lives and reigns with You in the unity of the Holy Spirit,  
One God, for ever and ever. Amen.

**Today's Gospel reading:** John 15:1-8

### **Today's Prayer:**

Lord, grant that I may always allow myself to be guided by You,  
always follow Your plans,  
and perfectly accomplish Your Holy Will.  
Grant that in all things, great and small,  
today and all the days of my life,  
I may do whatever You require of me.  
Help me respond to the slightest prompting of Your Grace,  
so that I may be Your trustworthy instrument for Your honour.  
May Your Will be done in time and in eternity by me,  
in me, and through me. Amen.

*St Teresa of Jesus (28<sup>th</sup> March 1515 – 15<sup>th</sup> October 1582)*

Saint Teresa of Avila, Pray for us

*Saint Teresa of Avila was born on March 28, 1515 in Avila, Spain. She was well educated at home by her parents, where she developed her love for the Holy Mother Mary and the saints. At 17 her father resisted her entry into religious life, so she left without informing anyone and entered a Carmelite house. After taking her vows she became ill there and spent many years in prayer. She experienced visions that were pronounced true by St Francis Borgia. Though never fully recovering her health she worked tirelessly to reform and found the convents of St John of Avila. Saint Teresa is best known for her extensive writings on the Counter Reformation and prayer life. Her books 'Interior Castle' and 'Way of Perfection' have helped many believers since their publication. The symbols related to her are a book, a heart and an arrow.*

## Thursday – Week 28

St Hedwig - *patron saint of orphans, widows, and those in need, as well as brides and duchesses.*

St Margaret Mary Alaccoque - *patron saint of devotees of the Sacred Heart, and of those suffering from polio or loss of parents.*

### Collect:

May Your grace, O Lord, we pray,  
at all times go before us and follow after  
and make us always determined  
to carry out good works.

Through our Lord Jesus Christ, Your Son,  
who lives and reigns with You in the unity of the Holy Spirit,  
God, for ever and ever. Amen.

**Today's Gospel reading:** Luke 11:47-54

### Today's Prayer:

Grant, we pray, almighty God, that the revered intercession of Saint Hedwig may bring us heavenly aid, just as her wonderful life is an example of humility for all.

Pour out on us, we pray, O Lord, the spirit with which you so remarkably endowed. Saint Margaret Mary, so that we may come to know that love of Christ which surpasses all understanding and be utterly filled with Your fullness. Through Christ our Lord. Amen.

St Hedwig, Pray for us

St Margaret Mary, Pray for us

***Saint Hedwig (1174–1243)** Born in Bavaria and married to the Duke of Silesia, Saint Hedwig used her position to serve the poor and sick. After her husband's death, she entered the convent she had founded at Trebnitz, living in humility and prayer. Known for walking barefoot as penance, she brought peace to divided lands and remains a model of charity and compassion.*

***Saint Margaret Mary Alaccoque (1647–1690)** A Visitation nun in France, Saint Margaret Mary received visions of Christ's Sacred Heart, aflame with love for all. Though doubted at first, she spread devotion to His Heart, inspiring the Feast of the Sacred Heart and reminding the world of Christ's boundless mercy.*

# Friday – St Ignatius of Antioch

Bishop and martyr - *patron saint of the Church in the Eastern Mediterranean, writers, teachers, and those who work for church unity patron of the persecuted and of those facing martyrdom for their faith.*

## Collect:

Almighty ever-living God, who adorn the sacred body of Your Church with the confessions of holy Martyrs, grant, we pray, that, just as the glorious passion of Saint Ignatius of Antioch, which we celebrate today, brought him eternal splendour, so it may be for us unending protection. Through our Lord Jesus Christ, Your Son, who lives and reigns with You in the unity of the Holy Spirit, God, for ever and ever. Amen.

**Today's Gospel reading:** John 12:24-26

**Today's Prayer:** *by St Ignatius of Antioch*

I am the wheat of God,  
and am ground by the teeth of the wild beasts,  
that I may be found the pure bread of God.  
I long after the Lord,  
the Son of the true God and Father, Jesus Christ.  
Him I seek, who died for us and rose again.  
I am eager to die for the sake of Christ.  
My love has been crucified,  
and there is no fire in me that loves anything.  
But there is living water springing up in me,  
and it says to me inwardly:  
"Come to the Father."  
St Ignatius of Antioch, Pray for us

*Saint Ignatius of Antioch (c. 35–107)*

*Saint Ignatius was the third bishop of Antioch and a disciple of the Apostle John. Arrested during Emperor Trajan's persecution, he was taken to Rome to face martyrdom. Along the journey he wrote letters to various Christian communities, urging them to remain united in faith and obedient to their bishops. His writings are among the earliest testimonies to the structure of the Church and the real presence of Christ in the Eucharist. Facing death in the arena, he longed to be "God's wheat," ground by the beasts so as to become the pure bread of Christ.*

## Saturday – St Luke

Evangelist - *patron saint of artists, physicians, surgeons, and butchers, as well as of students and those who work in healing professions*

### Collect:

Lord God, who chose Saint Luke  
to reveal by his preaching and writings  
the mystery of Your love for the poor,  
grant that those who already glory in Your Name  
may persevere as one heart and one soul  
and that all nations may merit to see Your salvation.  
Through our Lord Jesus Christ, Your Son,  
who lives and reigns with You in the unity of the Holy Spirit,  
One God, for ever and ever. Amen.

**Today's Gospel reading:** Luke 10:1-9

### Today's Prayer:

Most wonderful St. Luke  
you are animated by the Heavenly Spirit of Love.  
In faithfully detailing the humanity of Jesus,  
you also showed His Divinity and His genuine compassion  
for all human beings.  
May the Holy Spirit, instructor of the faithful,  
help me to understand  
Christ's words and faithfully apply them in my life.  
Amen.

St Luke, Pray for us

***Saint Luke the Evangelist (1st century)** author of the third Gospel and the Acts of the Apostles, was a physician and companion of Saint Paul on his missionary journeys. His writings reveal a deep compassion for the poor, the sick, and those on the margins, and he highlights the mercy of Christ and the presence of the Holy Spirit. Tradition holds that Luke was also an artist who painted the first icons of Mary. His Gospel, often called the Gospel of mercy, gives us the parables of the Good Samaritan and the Prodigal Son, revealing the tender heart of God toward all.*