

ROTAS:

CLEANERS: Marie & Ken Nugent, Rita Sweeney (w/c 15th Sept)
CHILDREN'S LITURGY: Sarah Banks & Anne White (Sun 21st Sept)
COFFEE: Overseas Aid Group (Sun 21st Sept)
COUNTERS: Judith Brookes & Diane Crewdson (w/c 21st Sept)

DIARY EVENTS:

SUN 14 th	10.00 am:	Children's Liturgy Prayer Ministry & Coffee after 10am Mass
WED 17 th	1.15 pm:	Prayer Meeting – new time
THUR 18 th	6.00 pm:	Cenacolo Prayers in Oratory
FRI 19 th	3.00 pm:	Divine Mercy Chaplet recited in church
SUN 21 st	10.00 am:	Children's Liturgy Prayer Ministry & Coffee after 10am Mass

MISSIO: Please take one of the **Autumn 2025 Mission Today** Newsletters in church. Lots of information on the work of Missio and the Red Boxes.

PSALTERS FOR SALE IN PIETY SHOP: Debbie Aitchison has written settings of all the Psalms from the new Lectionary that may occur on Sundays, Feasts of the Lord, and Solemnities. Large (A4) copies £8, smaller copies £7.

THE SEVEN MARTYRS OF KENDAL BOOK NOW ON SALE: Read about the history of the Seven Martyrs of the Parish by Derek W Longmire. On sale in the piety shop for a suggested donation of £2.

Our Lady's Messages given to Marija Pavlovic-Lunetti on 25th August 2025: "Dear children! my little children, my beloved ones; you are chosen because you have responded, you have put into practice my instructions and love God above all else. Therefore, little children, pray with all your heart that my words may be realized. Fast, sacrifice yourselves, love out of love for God Who created you, and be, little children, my extended hands to this world that has not come to know the God of love. Thank you for having responded to my call."

RIGHT TO LIFE PRAYER 14th September: "Today, we commemorate the Exaltation of the Holy Cross. Let us pray that generations yet to be born will experience the saving power of Christ. Lord hear us".

A WARM WELCOME TO OUR VISITORS

At Sunday 10am Mass there is a Children's Liturgy (term-time) to which visitors are very welcome. Refreshments are available in the Parish Centre after the 10am Mass.

If you wish to Gift-Aid your offertory donation please take one of the GREEN ENVELOPES from the back of church to complete. Thank you.



HOLY TRINITY & ST GEORGE CATHOLIC CHURCH THE EXALTATION OF THE HOLY CROSS 14th SEPTEMBER 2025

TODAY'S READINGS: *The Holy Cross...*

The Feast of the Exaltation of the Holy Cross is always kept on 14th September. It recalls both the discovery of the True Cross in Jerusalem by St Helena in the fourth century and the dedication of the basilica built to honour it. Yet the feast is more than a memory of events long past. It is the Church's way of proclaiming that the Cross, once an instrument of shame, is now the tree of life, the throne of mercy, and the sign of victory. We exalt the Cross because in it Christ has reconciled the world to the Father. It is the place where sin is defeated, death is conquered, and love is revealed in its fullest depth. To venerate the Cross is to recognise in it the source of our salvation and the pattern of our discipleship: to take up our own cross each day and follow Him. For that reason the Cross must never be misused—as a decoration, a superstition, or a weapon. It is holy because it is His. We lift it high in reverence, never in pride.

...shame transformed into glory!

KIRKBY LONSDALE Vigil Mass on Saturday 13th September
will be offered for **Mrs Crispi Prince RIP**.

14th September - Exaltation of the Cross

October Devotions: Discover (or Rediscover) the Joy of the Rosary
October is the month of the Rosary — a chance to discover it afresh, or to bring it back into your prayer life. More than a set of beads, the Rosary is a way of carrying the Gospel in our hands, as Mary helps us to ponder the mysteries of her Son. It is a prayer of peace, strength, and hope — leading us closer to Jesus.

We will gather **each Sunday at 4:00pm in church** to pray together:

5th October – The Joyful Mysteries: saying yes to God with Mary
12th October – The Luminous Mysteries: walking in the light of Christ
19th October – The Sorrowful Mysteries: carrying the cross with love
26th October – The Glorious Mysteries: sharing the hope of heaven

All are welcome — whether you pray the Rosary often or simply want to begin again. Come and share the peace and encouragement of praying together as a parish family.

Drawn in to the Mystery

What if the Mass wasn't just something you attend, but a mystery you could live? Join us for *Drawn into the Mystery* — a six-week journey exploring how every word, gesture, and silence leads us deeper into Christ. Begins Wednesday 1st October at 3:00pm, Parish Centre.

MASSSES WEEK COMMENCING SUNDAY 14th SEPTEMBER 2025

Sun 14 th	THE EXALTATION OF THE HOLY CROSS 10.00 am: Marjorie Robinson and Robinson & Coates families RIP 12.00 noon: People of the parish <u>at Sedbergh</u> 6.00 pm:
Mon 15 th	Our Lady of Sorrows 10.00 am:
Tues 16 th	Sts Cornelius 12.00 noon:
Wed 17 th	St Hildegarde of Bingen 12.00 noon:
Thurs 18 th	Thursday of week 24 12.00 noon:
Fri 19 th	Friday of week 24 12.00 noon:
Sat 20 th	Sts Andrew Kim Tae-gon 9.30 am: Confessions: 10 – 11am and Adoration
Sun 21 st	TWENTY FIFTH SUNDAY IN ORDINARY TIME 10.00 am: William Kelly 12.00 noon: People of the parish <u>at Sedbergh</u> 6.00 pm: COLLECTION FOR HOME MISSIONS

KIRKBY LONSDALE: Masses at 5.30pm weekday on Thursdays and weekend Saturday Vigil. Please remember especially in your prayers Will Pedley who died recently. Confessions available on request.

PLEASE REMEMBER IN YOUR PRAYERS:

SICK: Jamie Banks Wallhead, Ian Muir, Christine Stoker, Thomas Smith, Jane Johnson, Patrick Dolan, Mike Nicholson, Heidi Walmsley, Edward Sykes, Sylvia Chambers, Christopher Brown, Sandra Jones, Teresa Harbatch, Olimpia McAvoy, Christine Ellwood, Maria Parrott, Moira Ferguson, Diane Dixon, Elizabeth Cartmell, Maureen Dundon, Ann Beckett, Gerard Ashton, Janet Merrett.

ANNIVERSARIES: Barbara Harris, Rose Ann Leonard, Graham Butcher, Fr T Candlish, Angela Barrett, Bridget Macaulay, Julianne Addy, Mary Riley, Annie Shackleton, Michael Finch, Alexandra May Riley, Sarah Cookson, Charles Nicholson, Howard Selby, John Pickard.

PARISH PRIESTS: Canon Hugh Pollock VG and Fr Simon Marley.

DEACON: Reverend George Bissett

Parish Office: (01539) 720063 Email: htsg.kendal@lrcd.org.uk

Website: www.kendalcatholicchurch.uk



'6 PARISHES VISIT TO SEDBERGH' Saturday 11th October, 1.45pm.

An afternoon visit to St Andrew's Church, Sedbergh. Our 6 churches are to gather for Rosary, Talk, Afternoon Tea and a Walk. Please see the poster for the itinerary and times. Please put your name on the sign-up sheet by Monday 29th September.

St Andrew's Parish Church, Sedbergh, courtesy of Douglas Thomson

HYNING HALL AWAY DAY: Sunday 12th October. *'The Principles of Collaboration and Discernment (Synodality)'*. 10am start however if you would like to join the sisters for Mass at 9am please arrive by 8.50am. Cost including refreshments and lunch £30 pp. All welcome – please sign up on the sheet in church by Friday 19th September. See notice board for itinerary.

TO WATCH THE 10AM SUNDAY MASS LIVESTREAM GOOGLE *KENDAL CATHOLIC CHURCH LIVESTREAM YOU TUBE AND FOLLOW IT FROM THERE*

ADORE SPIRITUAL MINI-RETREAT: Saturday 20th September, 10am – 1pm. "PILGRIMS OF HOPE MINISTER TO ONE ANOTHER - helping people with gifts of the Holy Spirit." Guest speaker Geoff Poulter. Please register for the free Zoom meeting in advance at bit.ly/ADORESEP2025. More info at www.altonrenewal.com

CASTLERIGG MANOR – JOIN THE TEAM! There are a few spaces still open to join this internship scheme that offers great training, experience, recognised qualifications and the chance to be part of a great team in a beautiful part of the country. For more information contact director@castleriggmanor.co.uk

THEOLOGY OF THE BODY WEEKEND CASTLERIGG MANOR: 26th – 28th September. A dedicated training weekend for those who want to go a bit deeper with their faith. Visit www.castleriggmanor.com/events

FAITH ON THE FRONTLINE: Informal Sunday evening at Costa Coffee, Kendal, 5 - 6.45pm. Panellists from the local community answer questions about how their Christian faith is experienced in their everyday working lives. **Next one September 21st - Faith in the Church.** Hosted by Cornerstone, Sandylands Church.

SEASON OF CREATION: 1st September – 4th October 2025

Christ, the Ruler of All, is still in the boat with us. He calls us not to fear, but to trust, to pray, and to care - for creation and for one another.