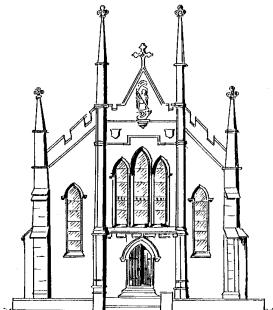


# DAILY PRAYERS

## WEEK 19

## ORDINARY TIME



**HOLY TRINITY & ST GEORGE  
CATHOLIC CHURCH  
Serving Kendal and Sedbergh**

**[www.kendalcatholicchurch.uk](http://www.kendalcatholicchurch.uk)**

# Sunday – Week 19

## Collect:

Almighty ever-living God,  
whom, taught by the Holy Spirit,  
we dare to call our Father,  
bring, we pray, to perfection in our hearts  
the spirit of adoption as Your sons and daughters,  
that we may merit to enter into the inheritance  
which You have promised.  
Through our Lord Jesus Christ, Your Son,  
who lives and reigns with You in the unity of the Holy Spirit,  
God, for ever and ever. Amen.

**Today's Gospel reading:** Luke 12:32-48

## Today's prayer:

God of silence and God of all sound,  
help me to listen.  
Help me to do the deep listening to the sounds of my soul,  
waiting to hear Your soft voice calling me deeper into You.  
Give me attentive ears  
that begin to separate the noise from the sounds that are You;  
You who have been speaking to me  
and through me my whole life,  
for so long that You can seem like background noise.  
Today help me hear You anew.

Glory be to the Father...

# Monday - St Clare of Assisi

Virgin - patron saint of televisions and computer screens, believe it or not! (The reason... Pope Pius XII, who in 1957 named her the patron of television, that which, in his words “is a wonderful instrument... which can be the source of very great wealth, but also of deep troubles” ...is perhaps why he chose a saint steeped in humility!?)

## Collect:

O God, who in Your mercy led Saint Clare to a love of poverty, grant, through her intercession, that, following Christ in poverty of spirit, we may merit to contemplate You one day in the heavenly Kingdom. Through our Lord Jesus Christ, Your Son, who lives and reigns with You in the unity of the Holy Spirit, God, for ever and ever. Amen.

**Today's Gospel reading:** Matthew 19:27-29

## Today's prayer:

I come, O Lord, unto Your sanctuary  
to see the life and food of my soul.  
As I hope in You, O Lord,  
inspire me with that confidence  
which brings me to Your holy mountain.  
Permit me, Divine Jesus,  
to come closer to You,  
that my whole soul may do homage  
to the greatness of Your majesty;  
that my heart, with its tenderest affections,  
may acknowledge Your infinite love;  
that my memory may dwell  
on the admirable mysteries here renewed every day,  
and that the sacrifice of my whole being may accompany Yours. Amen.

*St Clare of Assisi (16<sup>th</sup> July 1194 · Assisi – 11<sup>th</sup> August 1253 · Assisi)*

Saint Clare, Pray for us that we may see life with the eyes of purity and faith

# Tuesday – Week 19

St Jane Frances de Chantal

*patron Saint of Forgotten people and of widows and parents who are separated from their children.*

## Collect:

Almighty ever-living God,  
whom, taught by the Holy Spirit,  
we dare to call our Father,  
bring, we pray, to perfection in our hearts  
the spirit of adoption as Your sons and daughters,  
that we may merit to enter into the inheritance  
which You have promised.

Through our Lord Jesus Christ, Your Son,  
who lives and reigns with You in the unity of the Holy Spirit,  
God, for ever and ever. Amen.

**Today's Gospel reading:** Matthew 19:3-12

## Today's thought:

With God there is no need for long speeches.

In heaven the angels utter no other word than this: "HOLY."  
This is their entire prayer and in paradise they are occupied  
with this single word as an act of homage,  
to the single Word of God, who lives eternally....

In prayer, more is accomplished by listening than by talking.

St Jane Frances de Chantal, Pray for us

*St Jane Frances de Chantal (28<sup>th</sup> January 1572 – 13<sup>th</sup> December 1641)*

*St Jane Frances de Chantal was beatified in 1751 and canonized in  
1767.*

*She founded the religious Order of the Visitation of Holy Mary.*

*The order accepted women who were rejected by other orders  
because of poor health or age.*

# Tuesday – Week 19

St Pontian, Pope and St Hippolytus, Priest

**Collect:**

Almighty ever-living God,  
whom, taught by the Holy Spirit,  
we dare to call our Father,  
bring, we pray, to perfection in our hearts  
the spirit of adoption as Your sons and daughters,  
that we may merit to enter into the inheritance  
which You have promised.

Through our Lord Jesus Christ, Your Son,  
who lives and reigns with You in the unity of the Holy Spirit,  
God, for ever and ever. Amen.

**Today's Gospel reading:**

**Today's prayer:**

May the precious long-suffering of the just,  
O Lord, we pray,  
bring us a great increase of love for You  
and always prompt in our hearts  
constancy in the holy faith.  
Through Christ, our Lord. Amen.

St Pontian, Pray for us

St Hippolytus, Pray for us

*Saint Pontian became Pope in the year 230, succeeding Pope Urban I. Likely a Roman by birth, he devoted much of his pontificate to defending the faith—upholding the Church's condemnation of certain teachings of Origen and resisting the schismatic movement that supported the antipope Hippolytus.*

*Saint Hippolytus, a respected priest and theologian, had broken with the Church around 217 in opposition to certain papal decisions. Despite his earlier rebellion, he remained a figure of influence. In 235, during the persecution of Christians under Emperor Maximinus Thrax, both Pontian and Hippolytus were arrested and exiled to the harsh mines of Sardinia. Recognising the need for stable leadership in the Church, Pontian voluntarily abdicated—the first pope in history to do so. In exile, Pontian and Hippolytus were reconciled and ultimately died as martyrs. Their remains were later brought back to Rome by Pope Saint Fabian, and they have since been honoured together for their shared witness to Christ and their unity in death.*

# Thursday – St Maximilian Kolbe

Martyr - *patron saint of Catechists, Pilgrims, Emigrants from Treviso, First Communicants*

## Collect:

O God, who filled the Priest and Martyr Saint Maximilian Kolbe with a burning love for the Immaculate Virgin Mary and with zeal for souls and love of neighbour, graciously grant, through his intercession, that, striving for Your glory by eagerly serving others, we may be conformed, even until death, to Your Son. Who lives and reigns with You in the unity of the Holy Spirit, God, for ever and ever. Amen.

**Today's Gospel reading:** John 15:12-16

## Today's prayer:

Holy Father,  
In the spirit of St Maximilian Kolbe,  
grant us the courage to stand firm in our faith  
amidst trials and tribulations.  
May we embody his selflessness and love,  
shining Your light in the darkest places.  
Strengthen our hearts  
to face adversity with unwavering resolve,  
and inspire us to serve others  
with compassion and bravery. Amen.

St Maximilian Kolbe, Pray for us

*Saint Maximilian Kolbe (1894–1941) was a Polish Franciscan friar, missionary, and martyr. In Auschwitz, he offered his life in place of another prisoner, Franciszek Gajowniczek. A zealous promoter of devotion to the Immaculate Virgin Mary, he founded the monastery of Niepokalanów and several publications. Canonized in 1982, he was declared a “martyr of charity” and is patron of journalists, families, prisoners, and more. His feast day, marking his martyrdom, is 14 August.*

# Friday -The Assumption of the Blessed Virgin Mary

## Collect:

O God, who, looking on the lowliness of the Blessed Virgin Mary, raised her to this grace, that Your Only Begotten Son was born of her according to the flesh and that she was crowned this day with surpassing glory, grant through her prayers, that, saved by the mystery of Your redemption, we may merit to be exalted by You on high. Through our Lord Jesus Christ, Your Son, who lives and reigns with You in the unity of the Holy Spirit, One God, for ever and ever. Amen.

**Today's Gospel reading:** Luke 11:27-28

**Today's prayer:** The 'Regina Caeli'

*(while usually said each day during Eastertide in place of the Angelus. Today seems a fitting opportunity to pray this beautiful prayer.)*

Queen of heaven, rejoice, alleluia.  
The Son whom you merited to bear, alleluia,  
has risen as He said, alleluia.  
Pray to God for us, alleluia.

V. Rejoice and be glad, O Virgin Mary, alleluia.  
R. For the Lord has truly risen, alleluia.

O God,  
who by the resurrection of Your Son Jesus Christ  
gave gladness to the world;  
grant that we, being helped by the Virgin Mary,  
may attain to the joys of eternal life.  
Through Christ our Lord, Amen.

*The author of Regina Caeli is unknown, but by virtue of its presence (or absence) in manuscripts, it had to have been composed sometime between the 9<sup>th</sup> and 12<sup>th</sup> centuries. One possible author in that time period is Pope Gregory V (+998). Its original use appears to have been in Rome where it was used as an Antiphon for Vespers at Easter.*

# Saturday – Week 19

St Stephen of Hungary  
King and Apostle of His Nation  
*patron saint of Hungary.*

## Collect:

Almighty ever-living God,  
whom, taught by the Holy Spirit,  
we dare to call our Father,  
bring, we pray, to perfection in our hearts  
the spirit of adoption as Your sons and daughters,  
that we may merit to enter into the inheritance  
which You have promised.

Through our Lord Jesus Christ, Your Son,  
who lives and reigns with You in the unity of the Holy Spirit,  
God, for ever and ever. Amen.

**Today's Gospel reading:** Matthew 25: 14-30

## Today's Prayer:

Grant Your Church, we pray, almighty God,  
that she may have Saint Stephen of Hungary,  
who fostered her growth while a king on Earth,  
as her glorious defender in Heaven.

Through Christ, our Lord. Amen.

Saint Stephen of Hungary, Pray for us

*St Stephen of Hungary (c. 975–1038) was the first king of Hungary and a key figure in the Christianization of his nation. Crowned in the year 1000 with a crown sent by Pope Sylvester II, he worked tirelessly to strengthen the Church, establish dioceses, and promote justice and peace. Known for his deep faith and wise leadership, Stephen balanced royal authority with Christian humility. He is remembered as a model Christian king and is honoured and Hungary's patron saint.*