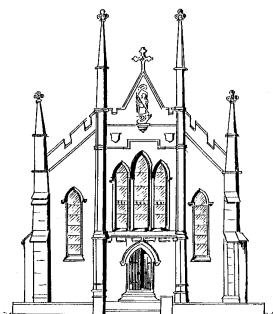


# DAILY PRAYERS

## 3<sup>rd</sup> WEEK IN LENT



**HOLY TRINITY & ST GEORGE  
CATHOLIC CHURCH  
Serving Kendal and Sedbergh**

**[www.kendalcatholicchurch.uk](http://www.kendalcatholicchurch.uk)**

# Sunday – Lent Week 3

## Collect:

O God, author of every mercy and of all goodness,  
who in fasting, prayer and almsgiving  
have shown us a remedy for sin,  
look graciously on this confession of our lowliness,  
that we, who are bowed down by our conscience,  
may always be lifted up by Your mercy.  
Through our Lord Jesus Christ, Your Son,  
who lives and reigns with You in the unity of the Holy Spirit,  
God, for ever and ever. Amen.

**Today's Gospel reading:** Luke 13:1-9

**Today's prayer:** *We continue our pilgrimage of the Station Churches of Rome uniting ourselves in prayer to the Saints and Martyrs with the pilgrims in Rome*

## Today's Station Church: San Lorenzo fuori le Mura

O God, who glorified Saint Lawrence for his love of the poor and his fearless witness, inspire us to serve You with generous hearts. Through Christ our Lord. Amen.

*Saint Lawrence's tomb serves as a testament to his enduring legacy and the veneration he receives as a model of charity and courage. This Basilica was built in the 4th century, with major additions in the 6th century.*

St Lawrence, Pray for us, Sts Peter and Paul, Pray for us,  
All holy martyrs, pray for us

# Monday – Lent Week 3

## Collect:

May Your unfailing compassion, O Lord,  
cleanse and protect Your Church,  
and, since without You she cannot stand secure,  
may she be always governed by Your grace.  
Through our Lord Jesus Christ, Your Son,  
who lives and reigns with You in the unity of the Holy Spirit,  
God, for ever and ever. Amen.

**Today's Gospel reading:** Luke 4:24-30

## Today's Station Church: San Marco

O God, who inspired Saint Mark to proclaim the Gospel with zeal, grant that we may live by your Word and share it with others. Through Christ our Lord. Amen.

*Saint Mark: Evangelist and author of the second Gospel, associated with the spread of Christianity and the establishment of the Church in Alexandria.*

*This Church was founded in 336 AD*

St Mark, Pray for us, Sts Peter and Paul, Pray for us,  
All holy martyrs, pray for us

# Tuesday – The Annunciation of the Lord

## Collect:

O God, who willed that Your Word should take on the reality of human flesh in the womb of the Virgin Mary, grant, we pray, that we, who confess our Redeemer to be God and man, may merit to become partakers even in His divine nature. Who lives and reigns with You in the unity of the Holy Spirit, God, for ever and ever. Amen.

**Today's Gospel reading:** Luke 1:26-38

## Today's Station Church: Santa Pudenziana

O Lord, who sanctified Saint Pudentiana in her care for the early Church, help us to love Your Body, the Church, with selfless devotion. Through Christ our Lord. Amen.

*Saint Pudentiana was the daughter of Senator Pudens, known for her hospitality to Christians and aiding in the early Church's growth in Rome.*

*This Church was built in the late 4<sup>th</sup> Century.*

Holy Mary, Mother of the Word made flesh, Pray for us  
St Pudentiana, Pray for us, Sts Peter and Paul, Pray for us,  
All holy martyrs, pray for us

*Today is a truly appropriate day on which to pray the Angelus!*

# Wednesday – Lent Week 3

## Collect:

Grant, we pray, O Lord,  
that, schooled through Lenten observance  
and nourished by Your word,  
through holy restraint  
we may be devoted to You with all our heart  
and be ever united in prayer.

Through our Lord Jesus Christ, Your Son,  
who lives and reigns with You in the unity of the Holy Spirit,  
God, for ever and ever. Amen.

**Today's Gospel reading:** Matthew 5:17-19

## Today's Station Church: San Sisto

O God, who blest Saint Sixtus for his faithfulness in the midst of persecution, may his example strengthen us in our trials. Through Christ our Lord. Amen.

*Saint Sixtus II was a Pope and martyr of the 3<sup>rd</sup> century, executed during the Valerian persecution, exemplifying pastoral dedication and sacrifice.*

*This church was established in the 4<sup>th</sup> Century.*

St Sixtus, Pray for us, Sts Peter and Paul, Pray for us,  
All holy martyrs, pray for us

# Thursday – Lent Week 3

## Collect:

We implore Your majesty most humbly, O Lord,  
that, as the feast of our salvation draws ever closer,  
so we may press forward all the more eagerly  
towards the worthy celebration of the Paschal Mystery.  
Through our Lord Jesus Christ, Your Son,  
who lives and reigns with You in the unity of the Holy Spirit,  
God, for ever and ever. Amen.

**Today's Gospel reading:** Luke 11:14-23

## Today's Station Church: Santi Cosma e Damiano

O God, who glorified Saints Cosmas and Damian as healers and martyrs,  
grant that we may serve You in both body and spirit. Through Christ our  
Lord. Amen.

*Saints Cosmas and Damian were twin brothers and doctors, famed for  
providing medical care without charge and their martyrdom, symbolizing  
both charity and faith.*

*This was a Roman Temple that was converted into a church in 527.*

Sts Cosmas and Damian, Pray for us, Sts Peter and Paul, Pray for us,  
All holy martyrs, pray for us

# Friday – Lent Week 3

## Collect:

Pour Your grace into our hearts, we pray, O Lord,  
that we may be constantly drawn away from unruly desires  
and obey by Your own gift the heavenly teaching You give us.  
Through our Lord Jesus Christ, Your Son,  
who lives and reigns with You in the unity of the Holy Spirit,  
God, for ever and ever. Amen.

**Today's Gospel reading:** Mark 12:28-34

## Today's Station Church: San Lorenzo in Lucina

O Lord, who strengthened Your servant Lawrence in his love of Christ,  
grant us hearts ablaze with charity. Through Christ our Lord. Amen.

*Here Saint Lawrence has another testament to his widespread veneration  
in Rome,*

*reflecting his impact on the Christian community in his ministry as a  
Deacon.*

*This Church was founded in the 4<sup>th</sup> Century.*

St Lawrence, Pray for us, Sts Peter and Paul, Pray for us,  
All holy martyrs, pray for us

# Saturday – Lent Week 3

## Collect:

Rejoicing in this annual celebration  
of our Lenten observance,  
we pray, O Lord,  
that, with our hearts set on the Paschal mysteries,  
we may be gladdened by their full effects.  
Through our Lord Jesus Christ, Your Son,  
who lives and reigns with You in the unity of the Holy Spirit,  
God, for ever and ever. Amen.

**Today's Gospel reading:** Luke 18:9-14

## Today's Station Church: Santa Susanna

Almighty God, who sustained Saint Susanna in her virginity and witness,  
grant us purity of heart and courage in faith. Through Christ our Lord.  
Amen.

*Saint Susanna was a Roman noblewoman martyred for her refusal to  
marry a pagan.  
She represents purity and steadfastness in faith during the persecutions  
of Emperor Diocletian.  
This Church was built in the 4<sup>th</sup> Century.*

St Susanna, Pray for us, Sts Peter and Paul, Pray for us,  
All holy martyrs, pray for us