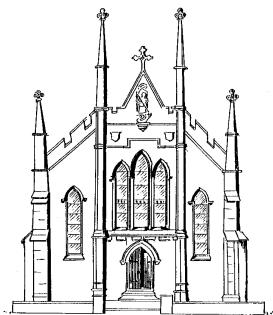


DAILY PRAYERS

WEEK EIGHT



**HOLY TRINITY & ST GEORGE
CATHOLIC CHURCH
Serving Kendal and Sedbergh**

www.kendalcatholicchurch.uk

Sunday – Week

Collect:

Grant us, O Lord, we pray,
that the course of our world
may be directed by Your peaceful rule
and that Your Church may rejoice,
untroubled in her devotion.

Through our Lord Jesus Christ, Your Son,
who lives and reigns with You in the unity of the Holy Spirit,
God, for ever and ever. Amen.

Today's Gospel reading: Luke 6:39-45

Today's prayer:

Lord Jesus Christ,
You are the true King of peace.
In You alone is found freedom.
Please free our world from conflict.
Bring unity to troubled nations.
Let Your glorious peace reign in every heart.

Monday – Week 8

Collect:

Grant us, O Lord, we pray,
that the course of our world
may be directed by Your peaceful rule
and that Your Church may rejoice,
untroubled in her devotion.

Through our Lord Jesus Christ, Your Son,
who lives and reigns with You in the unity of the Holy Spirit,
God, for ever and ever. Amen.

Today's Gospel reading: Mark 10:17-27

Today's prayer:

Lord Jesus Christ,
Dispel all darkness and evil.
Protect the dignity of every human life.
Replace hatred with Your love.
Give wisdom to world leaders.
Free them from selfish ambition.
Eliminate all violence and war.

Tuesday – Week 8

St Casimir

Collect:

Grant us, O Lord, we pray,
that the course of our world
may be directed by Your peaceful rule
and that Your Church may rejoice,
untroubled in her devotion.

Through our Lord Jesus Christ, Your Son,
who lives and reigns with You in the unity of the Holy Spirit,
God, for ever and ever. Amen.

Today's Gospel reading: Mark 10:28-31

Today's Prayer:

Almighty God, to serve you is to reign;
grant that, with the help of Saint Casimir's intercession,
we may constantly serve You in holiness and justice.
Through Christ, our Lord. Amen.

Daily, daily sing to Mary;
Sing, my soul, her praises due.
All her glorious actions cherish,
With the heart's devotion true.
Lost in wond'ring contemplation,
Be her majesty confessed!
Call her Mother, call her Virgin,
Happy Mother, Virgin blest!

A verse from St Casimir's most famous hymn

Saint Casimir, Pray for us

St Casimir Jagiellon (3rd October 1458 – 4th March 1484) was a prince of the Kingdom of Poland and of the Grand Duchy of Lithuania. The second son of King Casimir IV Jagiellon, he was tutored by Johannes Longinus, a Polish chronicler, diplomat, and priest. After his elder brother Vladislaus was elected as King of Bohemia in 1471, Casimir became the heir apparent. At the age of 13, Casimir participated in the failed military campaign to install him as King of Hungary. He became known for his piety, devotion to God, and generosity towards the sick and poor. He became ill (most likely with tuberculosis) and died at the age of 25. He was buried in Vilnius Cathedral. His canonization was initiated by his brother King Sigismund I the Old in 1514 and the tradition holds that he was canonized in 1521.

Ash Wednesday

TODAY BEGINS THE HOLY SEASON OF LENT - Ash Wednesday and Good Friday are obligatory days of fasting and abstinence from meat.

Collect:

Grant, O Lord, that we may begin with holy fasting this campaign of Christian service, so that, as we take up battle against spiritual evils, we may be armed with weapons of self-restraint. Through our Lord Jesus Christ, Your Son, who lives and reigns with You in the unity of the Holy Spirit, God, for ever and ever. Amen.

Today's Gospel reading: Matthew 6:1-6, 16-18

Today's prayer:

Lord, as I begin this time of fasting, fill me with Your strength. Help me to use this as a time of growth, renewal, and healing. Calm my anxiety about what I might be giving up or times of discomfort that I might face. Provide me with assurance that You will strengthen me during the difficult times and meet me for sweet moments of spiritual growth and surrender. Help me focus not on what is being taken away, but what I'm gaining as I use this as a spiritual discipline. With You leading, O Holy Spirit, I am ready. I dedicate this fast to You, Lord, and to Your glory. Amen.

ROMAN STATION CHURCHES *A tradition that dates back to the early centuries of Christianity, where the faithful gather at specific churches in Rome on designated days, during Lent, to celebrate Mass and to honour the martyrs.*

This practice was formalized during the reign of Pope St Gregory the Great (590–604 AD) and has been largely preserved over the centuries. This year through Lent let us join spiritual with the pilgrims in Rome.

Today's Station Church: Santa Sabina (on the Aventine Hill)

O God, who strengthened Saint Sabina with the courage to embrace the Cross, grant that we, inspired by her faith, may begin this Lenten journey with hearts open to Your grace. Through Christ our Lord. Amen.

Saint Sabina: A Roman matron martyred in the 2nd century, known for her conversion to Christianity and steadfast faith. This church was built in the 5th century, around 422–432 AD.

St Sabina, Pray for us, Sts Peter and Paul, Pray for us,
All holy martyrs, pray for us

Thursday after Ash Wednesday

Collect:

Prompt our actions with Your inspiration, we pray, O Lord,
and further them with Your constant help,
that all we do may always begin from You
and by You be brought to completion.
Through our Lord Jesus Christ, Your Son,
who lives and reigns with You in the unity of the Holy Spirit,
God, for ever and ever. Amen.

Today's Gospel reading: Luke 9:22-25

Today's prayer:

An Act of Contrition to Our Lord Jesus.
Lord Jesus,
You chose to be called the friend of sinners.
By Your saving death and resurrection
free me from all my sins.
May Your peace take root in my heart
and bring forth a harvest of love, holiness, and truth.

Today's Station Church: San Giorgio in Velabro

Almighty God, through the intercession of Saint George, defender of the faith, embolden us to overcome the trials of life and remain steadfast in Your truth. Through Christ our Lord. Amen.

Saint George: A soldier and martyr from the 3rd century, venerated for his bravery and the legendary tale of slaying a dragon, symbolizing the triumph of good over evil.

This church was established in the 7th century

St George, Pray for us, Sts Peter and Paul, Pray for us,
All holy martyrs, pray for us

Friday after Ash Wednesday

Collect:

Show gracious favour, O Lord, we pray,
to the works of penance we have begun,
that we may have strength to accomplish with sincerity
the bodily observances we undertake.
Through our Lord Jesus Christ, Your Son,
who lives and reigns with You in the unity of the Holy Spirit,
God, for ever and ever. Amen.

Today's Gospel reading: Matthew 9:14-15

Today's prayer:

An Act of Contrition to Jesus, the Lamb of God.
Lord Jesus Christ, You are the Lamb of God;
You take away the sins of the world.
Through the grace of the Holy Spirit
restore me to friendship with Your Father,
cleanse me from every stain of sin
in the blood You shed for me,
and raise me to new life
for the glory of Your Holy Name.

Today's Station Church: Santi Giovanni e Paolo (on the Caelian Hill)

O Lord, who crowned Your martyrs John and Paul with eternal glory,
grant that we may imitate their courage and witness to Your love in every
circumstance. Through Christ our Lord. Amen.

*Saints John and Paul: Brothers and officers in the Roman army,
martyred in the 4th century for their Christian faith, honoured for their
unwavering commitment to Christ.
This church was founded approximately 398–402 AD.*

Sts John and Paul, Pray for us, Sts Peter and Paul, Pray for us,
All holy martyrs, pray for us

Saturday after Ash Wednesday

Collect:

Almighty ever-living God,
look with compassion on our weakness
and ensure us Your protection
by stretching forth the right hand of Your majesty.
Through our Lord Jesus Christ, Your Son,
who lives and reigns with You in the unity of the Holy Spirit,
God, for ever and ever. Amen.

Today's Gospel reading: Luke 5:27-32

Today's prayer:

Lord God, I pray for Your protection.
You are my hiding place,
and under Your wings I can always find refuge.
Protect me from trouble wherever I go,
and keep evil far from me.
No matter where I am,
I will look to You as my Protector,
the One Who fights for me every day.
Your love and faithfulness,
along with Your goodness and mercy,
surround me daily,
so I will not fear whatever might come against me.
My trust is in You, O God,
and I give thanks to You for Your love and protection.
Through Christ the Lord. Amen.

Today's Station Church: Sant'Agostino

O God, who converted the heart of Saint Augustine through Your grace,
grant that we may turn from sin and seek the rest that only You can
provide. Through Christ our Lord. Amen.

*Saint Augustine: Bishop of Hippo and Doctor of the Church, renowned
for his theological writings and conversion story, which have profoundly
influenced Christian thought.*

This church was constructed between 1479 and 1483.

St Augustine, Pray for us, Sts Peter and Paul, Pray for us,
All holy martyrs, pray for us