

ROTAS:

CLEANERS: Catherine Lomax & Faith Billington (w/c 18th March)
CHILDREN'S LITURGY: Deborah Carey & Ann Haggin (24th March)
COFFEE: Overseas Aid Group (24th March)
COUNTERS: Faith Billington & Deborah Carey (w/c 24th March)

DIARY EVENTS:

WED 20th 1.15 pm: Prayer Meeting
5.30 pm: First Confessions Session 6 Practice
 7.00 pm: Penitential Rite in church
 THURS 21st 6.00 pm: Cenacolo Prayers *in Oratory*
 7.00 pm: Mark's Gospel Study
 FRI 22nd 3.00 pm: Divine Mercy Chaplet recited in church
 6.00 pm: First Confessions in church
 SUN 17th 10.00 am: Children's Liturgy
 Prayer Ministry & Coffee after 10am Mass

YEAR OF PRAYER: Teach Us to Pray by Pope Francis.

Final extract of a series of catecheses on the Lord's Prayer.

And Jesus does not refuse, he is not possessive of his intimacy with the Father, but rather, he came precisely to introduce us to this relationship with the Father. And thus, he becomes the teacher of prayer to his disciples, as he undoubtedly wants to be so for all of us. We too should say: "Lord, teach me to pray. Teach me".

Even if we may have been praying for many years, we still have to learn! Man's prayer, this yearning which arises so naturally from his soul, is perhaps one of the deepest mysteries of the universe. And we do not even know whether the prayers that we address to God are effectively those that he wants to have addressed to him. The Bible also gives us testimonies of inappropriate prayers, which in the end are rejected by God: It is sufficient to recall the parable of the Pharisee and the tax collector. Only the latter, the publican, goes home from the Temple justified, because the Pharisee was proud and he liked people to see him praying and he feigned prayer: the heart was cold. And Jesus says: this is not justified, "for everyone who exalts himself will be humbled, but he who humbles himself will be exalted" (Lk 18:14). The first step to prayer is to be humble, to go to the Father and to say: "Look at me, I am a sinner, I am weak, I am bad": each one knows what to say. But one always begins with humility, and the Lord listens. The Lord listens to humble prayer.

Therefore, on beginning this series of catecheses on the prayer of Jesus, the most beautiful and just thing that we all must do is to repeat the disciples' appeal: "Teacher, teach us to pray!". It would be beautiful during this Season of Advent to repeat: "Lord, teach me to pray". We can all go somewhat beyond this and pray better; but asking the Lord: "Lord, teach me to pray". Let us do this during this Season of Advent and he will certainly not allow our invocation to go unheard.

L'Osservatore Romano

7 December 2018



**HOLY TRINITY & ST GEORGE
CATHOLIC CHURCH**

Serving Kendal and Sedbergh

FIFTH SUNDAY IN LENT - 17th MARCH 2023

Today's Readings:

Save us, Saviour of the world...

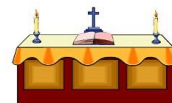
Jeremiah speaks of how God will write His New Covenant in the hearts of His people and how He will forgive and forget their sins. The hour for the New Covenant's fulfilment is fast approaching. As our Lenten journey reaches its goal and our focus is moving more and more towards the Passion, Death and Resurrection of Jesus. We are beginning to see the inevitable lifting of Jesus onto altar of the cross. His action of sacrifice is the sealing of the New Covenant: He will draw all peoples to Himself. Let us find some time in these coming days to ask ourselves: how faithful have we been to our part in this New Covenant? ...how faithful have I been to God? ...to my daily prayers? ...to loving, serving and forgiving my family and my brothers and sisters? Let us approach the Cross - the throne of grace and mercy – asking the Lord to write anew His Law in our hearts that we be more faithful to Him and to living out the New and eternal Covenant of love.

...for by Your Cross and Resurrection You have set us free!

PENITENTIAL RITE: Our Lent Penitential Service will be on Wednesday 20th March at 7pm.



STATIONS OF THE CROSS - 11.15am Fridays during Lent.
Thank you to our volunteers.



CHRISM MASS: SVP are offering transport to the Chrism Mass at Lancaster Cathedral on Holy Thursday, 28th March, 11.30am, followed by refreshments in the Cathedral Social Centre. Leaving church at 10am, returning around 2.30 pm.

Please sign up on the sheet in the porch by Friday 22nd March.

MARK'S GOSPEL STUDY: Thursday 21st at 7pm in the parish centre.

Watch the Sunday 10am Mass Livestream at www.kendalcatholicchurch.uk

MASSES WEEK COMMENCING SUNDAY 17th MARCH 2024

Sun 16 th 17 th	FIFTH SUNDAY IN LENT 6.00 pm Vigil: Ann Nettleton RIP 10.00 am: John Bowman Jnr. RIP 12.00 noon: People of the parish 6.00 pm: at Sedbergh
Mon 18 th	Monday of 5th week in Lent 10.00 am:
Tues 19 th	St Joseph 12.00 noon: Eucharistic Service 6.30 pm: Syro-Malabar Mass
Wed 20 th	Wednesday of 5th week in Lent 12.00 noon: Pat Neil LD 7.00 pm: Penitential Rite
Thurs 21 st	Thursday of 5th week in Lent 12.00 noon: Eucharistic Service
Fri 22 nd	Friday of 5th week in Lent 11.15 am: Stations of the Cross 12.00 noon: Helen Robinson RIP
Sat 23 rd	Saturday of 5th week in Lent
Sun 23 rd 24 th	PALM SUNDAY OF THE PASSION OF THE LORD 6.00 pm Vigil: Paul Cooney RIP 10.00 am: Lucas Chapman RIP (anniversary) 12.00 noon: People of the parish 6.00 pm: at Sedbergh

PLEASE REMEMBER IN YOUR PRAYERS:

LATELY DEAD: Agnes Rees.

SICK: Jamie Banks Wallhead, Ian Muir, Winnie Edgar, Christine Stoker, Thomas Smith, Jane Johnson, Patrick Dolan, Mike Nicholson, Heidi Walmsley, Edward Sykes, Sylvia Chambers, Christopher Brown, Sandra Jones, Teresa Harbatch, Margaret Ward, Olimpia McAvoy, Christine Ellwood, Maria Parrott, Moira Ferguson, Marie Brookes, Diane Dixon, Elizabeth Cartmell.

ANNIVERSARIES: Dorothy Potter, Geoffrey Bryer, Bill Anderson, Paul Cooney, Salvatore Citino, Terence Regan, Thomas McGeever, Mary Stewart, Rita Breeze, Mabel Swarbrick, Mary Farrell, Bernard Lomax, Christine Wilson, Mary Toal, Irene Park, Hugh Devlin, Marjorie Sephton, John McGrath, Olive Parkinson, Valentina (Val) Ryba, Mary Barnett, Edna Holland, Simone Schofield, Margaret Wilkinson, Fr. H. Gillett, Audrey Denny, Simon Muir.

PARISH PRIEST: Fr Hugh Pollock	DEACON: George Bissett
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Congratulations to Patrick James Stone who was baptised here recently.

LENT PARISH MAGAZINE is now out. This can be viewed on the website post for Sunday 17th and there are paper copies in church also.


SPRING WREATH FLOWER ARRANGING WORKSHOP with Siobhan Callaghan, in the parish centre on Thursday 21st March from 9am. £45pp, hot drinks and cake provided. Come along and make a Spring Wreath and then do a water colour painting of it.

FEET FOR MAUNDY THURSDAY: The annual treat of having your foot washed by Father Hugh on Maundy Thursday has arrived. Sign up quickly at the back of church on the sheet provided.

PROJECTOR SCREENS: If you cannot see the screens we have two possibilities to try and help with this - one is put up the hymn number if it is in the book for Sunday morning, or we could offer to send you the readings and hymns via email so you can access them on your phones / devices.

YOUTH PRESENCE 'CAR RUN': Two young people, Ali and Jensen, have designed an event where they will visit all 20 premier league football grounds in 24 hours! Leaving St James' Park at 7pm on Wednesday 3rd April and aiming to be at Anfield by 7pm the next day; to raise funds for Youth Presence. You can sponsor them on their JustGiving page, #24premtteamsin24hours, and follow them on Instagram and Facebook (YouthPresenceCIO)

SVP MEETING: The next one will be 11.15am on Sunday 7th April.

 **RED BOXES:** We recalled the red boxes a while ago (old APF Mission). I was speaking to a Nigerian priest in the diocese the other day and he told me how much they valued the contributions of people via the red boxes when he was in Nigeria. I don't think we will ask people to go around collecting the red boxes from homes but if anyone would like to coordinate the distribution of them and record the money that come in please come and speak to me. Thank you. *Fr Hugh*

LANCASTER 100 BOOK LAUNCH: As part of the Centenary Celebrations Dr Paul Severn has written '*The Roman Catholic Bishops of Lancaster*' which will be launched at Boarbank Hall on Tuesday 9th April beginning with Mass at 10am. Email p.severn@freeuk.com to book. See poster for further details.

NATIONAL DAY OF PRAYER & FASTING FOR LIFE: Saturday 23rd March. You may wish to say a Rosary for the end of abortion and euthanasia on this day, or fast from all food or a particular luxury.