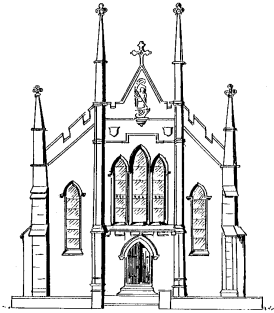


DAILY PRAYERS

WEEK 5 IN ORDINARY TIME



HOLY TRINITY & ST GEORGE
CATHOLIC CHURCH
Serving Kendal and Sedbergh

www.kendalcatholicchurch.uk

Sunday – Week 5

Collect:

Keep Your family safe, O Lord, with unfailing care, that, relying solely on the hope of heavenly grace, they may be defended always by Your protection.

Through our Lord Jesus Christ, Your Son, who lives and reigns with You in the unity of the Holy Spirit, God, for ever and ever. Amen.

Today's Gospel reading: Mark 1:29-39

Today's prayer:

Almighty God, my Eternal Father,
from the fullness of my soul I adore You.
I am deeply grateful that You have made me
in Your image and likeness,
and that You ever hold me in Your loving embrace.
Direct me to love You with all my heart,
with all my soul,
and with my whole mind.
Direct me to love all Your children as I love myself.
O, my Father, my soul longs to be united to You,
and to rest in You forever.
Have the Holy Spirit touch my soul
so that I may love You as He does,
and as Your Beloved Son Jesus does. Amen.

Monday – St Agatha of Sicily

Virgin Martyr - Patron saint of Sicily, bellfounders, breast cancer, against fire, Palermo, rape victims, and wet nurses

Collect:

May the Virgin Martyr Saint Agatha
implore Your compassion for us, O Lord, we pray,
for she found favour with You
by the courage of her martyrdom
and the merit of her chastity.
Through our Lord Jesus Christ, Your Son,
who lives and reigns with You in the unity of the Holy Spirit,
God, for ever and ever. Amen.

Today's Gospel reading: Luke 9:23-26

Today's prayer:

St. Agatha,
you have showered heavenly gifts upon us
through your devoted life to the Christian faith.
You suffered pain and torture for God's greater glory,
and in doing so, have become a shining example for all of God's children.
We humbly ask for your intercession,
especially for nurses and all those who care for the sick and suffering.
May your love and faith in God guide their hearts and hands
as they bring healing and comfort to those in need.
Intercede for us in our own sufferings
and help us to bear our pain with grace,
always trusting in God's will for our true good. Amen.
St Agatha, Pray for us

St Agatha of Sicily (c. 231 – 251 AD) was born in Catania, part of the Roman Province of Sicily, and was martyred c. 251. She is one of several virgin martyrs who are commemorated by name in the First Eucharistic Prayer. Since the fifth or sixth century, various details, hymns, art, and stories about her life and death have emerged. Much of what is written about her life, however, emerged centuries later, leaving its historical accuracy in question.

Tuesday – St Paul Miki and Companions

Martyrs of Japan - patron saints of Japan

Collect:

O God, strength of all the Saints,
who through the Cross were pleased to call
the Martyrs Saint Paul Miki and companions to life,
grant, we pray, that by their intercession
we may hold with courage even until death
to the faith that we profess.
Through our Lord Jesus Christ, Your Son,
who lives and reigns with You in the unity of the Holy Spirit,
God, for ever and ever. Amen.

Today's Gospel reading: Matthew 28:16-20

Today's prayer:

Eternal God, You have revealed Yourself as the Father of all Life.
We praise You for the Fatherly care which You extend to all creation,
and especially to us, made in Your image and likeness.
Father, extend Your hand of protection to those whose lives are threatened
and save them from all destructive power.
Give Your strength to all people, that they may never give in to the fears
that may tempt them to devalue life.
Bless our families and bless our land, that we may have the joy of welcoming
and nurturing all life of which You are the source and the Eternal Father. Amen.
St Paul Miki, Pray for us
All holy martyrs of Japan, Pray for us

Brother Paul Miki (c. 1562 Settsu County, Japan - February 5th 1597 (aged 34–35) Nagasaki, Japan) A Jesuit and a native of Japan, he has become the best known among the martyrs of Japan. While hanging upon a cross, Paul Miki preached to the people gathered for the execution: "The sentence of judgment says these men came to Japan from the Philippines, but I did not come from any other country. I am a true Japanese. The only reason for my being killed is that I have taught the doctrine of Christ. I certainly did teach the doctrine of Christ. I thank God it is for this reason I die. I believe that I am telling only the truth before I die. I know you believe me and I want to say to you all once again: Ask Christ to help you to become happy. I obey Christ. After Christ's example I forgive my persecutors. I do not hate them. I ask God to have pity on all, and I hope my blood will fall on my fellow men as a fruitful rain." When missionaries returned to Japan in the 1860s, at first they found no trace of Christianity. But after establishing themselves they found that thousands of Christians lived around Nagasaki and that they had secretly preserved the faith. Beatified in 1627, the martyrs of Japan were finally canonized in 1862.

Wednesday – Week 5

Collect:

Keep Your family safe, O Lord, with unfailing care, that, relying solely on the hope of heavenly grace, they may be defended always by Your protection. Through our Lord Jesus Christ, Your Son, who lives and reigns with You in the unity of the Holy Spirit, God, for ever and ever. Amen.

Today's Gospel reading: Mark 7:14-23

Today's prayer:

Gracious God,
You are my creator
who has chosen me to be in a relationship with You.
Through Jesus, You have extended grace to me.
By grace, I have been saved.
Day by day, help me to comprehend Your grace more and more in my life.
Give me an increase of grace this day
so that I can respond to Your love by my good deeds.
Through Christ our Lord. Amen.

Thursday – Week 5

St Jerome Emiliani, Priest

patron saint of abandoned children and orphans.

St Josephine Bakhita, Martyr

patron saint of the victims of trafficking and of Sudan

Collect:

Keep Your family safe, O Lord, with unfailing care, that, relying solely on the hope of heavenly grace, they may be defended always by Your protection. Through our Lord Jesus Christ, Your Son, who lives and reigns with You in the unity of the Holy Spirit, God, for ever and ever. Amen.

Today's Gospel reading: Mark 7:24-30

Today's prayer:

Lord of the lost, we pray today for all those who are victims of modern slavery: people lured from their homes and families; people deceived while trying to find a better life; people who are desperate to trust anyone. Help us to be more vigilant and watchful; to be aware of those who may need our help, and those who do not know where help may lie. Amen.

St Josephine Margaret Bakhita, Pray for us

Saint Josephine Bakhita was born in 1869 in Olgossa in the Darfur, Sudan. She was a member of the Daju people, her uncle was a tribal chief. Due to her family, she grew up happy and prosperous, saying that as a child, she did not know suffering. In February 1877, she was kidnapped by Arab slave traders. For the next 12 years she would be bought, sold and given away many times. She spent so much time in captivity she forgot her original name. Eventually she was placed, by a merciful 'owner' in the care of the Canossian Sisters in Venice. There she came to learn about God. She was deeply moved by her time with the sisters and discerned a call to follow Christ. She became a Catholic and entered the convent and was eventually assigned to a convent in Schio, Vicenza. For the next 42 years of her life, she worked as a cook and a doorkeeper at the convent. She also travelled and visited other convents telling her story to other sisters and preparing them for work in Africa. During World War II, the people Schio regarded her as their protector.

While bombs fell on their village, no one died. In her later years, she suffered physical pain and was forced to use a wheelchair. But she always remained cheerful. If anyone asked her how she was, she would reply, "As the Master desires." On the evening of February 8th 1947, Sr Josephine spoke her last words "Our Lady, Our Lady!" Her body lay on display for three days afterwards. She was canonized on 1st October 2000, by St Pope John Paul II.

Friday – Week 5

Collect:

Keep Your family safe, O Lord, with unfailing care,
that, relying solely on the hope of heavenly grace,
they may be defended always by Your protection.
Through our Lord Jesus Christ, Your Son,
who lives and reigns with You in the unity of the Holy Spirit,
God, for ever and ever. Amen.

Today's Gospel reading: Mark 7:31-37

Today's prayer:

Loving Father,
You have loved me when I was unlovable.
I am grateful that I know You
and I can experience Your wonderful presence in my life.
Give me this day Your grace in how I live my life today.
Give me wisdom and gentleness in how I interact with others.
Make me pure then peaceable and gentle.
May I have a mind that is open to reason and shows mercy.
In all of today's tasks,
grant me the wisdom and grace to be sincere and meek.
Thank You that You pour out Your grace to me. Amen.

Saturday – St Scholastica

Abbess - patron saint of Benedictine nuns, education, and convulsive children, and is invoked against storms and rain!

Collect:

As we celebrate anew the Memorial of the Virgin Saint Scholastica,
we pray, O Lord,
that, following her example,
we may serve You with pure love
and happily receive what comes from loving You.
Through our Lord Jesus Christ, Your Son,
who lives and reigns with You in the unity of the Holy Spirit,
God, for ever and ever. Amen.

Today's Gospel reading: Luke 10:38-42

Today's prayer:

O God, to show us where innocence leads,
You made the soul of Saint Scholastica
soar to heaven like a dove in flight.
Grant through her merits and her prayers
that we may so live in innocence
as to attain to joys everlasting.
We ask this through Christ our Lord. Amen.

Saint Scholastica. Pray for us

St Scholastica, (480 AD · Norcia, Italy - 10th February 543 Villa Santa Lucia, Italy). She was sister of St Benedict, she consecrated her life to God from her earliest youth. After her brother went to Monte Cassino, where he established his famous monastery, she lived nearby at Plombariola, where she founded and governed a monastery of nuns.