

ROTAS:

CLEANERS: Catherine Lomax & Faith Billington (w/c 5th Feb)
COFFEE: Overseas Aid Group (11th February)
COUNTERS: Keith & Jan Graham (w/c 11th February)

DIARY EVENTS:

SUN 4th 10.00 am: Children's Liturgy
 Prayer Ministry & Coffee after 10am Mass
 11.00 am: SVP Meeting (upstairs room)
 WED 7th 1.15 pm: Prayer Meeting
 6.00 pm: First Holy Communion Session 1
 THURS 8th 6.00 pm: Cenacolo Prayers *in Oratory*
 FRI 9th 3.00 pm: Divine Mercy Chaplet recited in church
 7.30 pm: HCPT Lourdes Meeting
 SUN 11th **NO** Children's Liturgy (*half term – back on 3rd March*)
 Prayer Ministry & Coffee after 10am Mass

HUMAN TRAFFICKING - MEDAILLE TRUST: "Today Medaille Trust runs ten safe houses across the country, making it one of the UK's largest providers of supported accommodation for victims of modern slavery. Sr. Ann Teresa's vision and that of the Catholic Religious congregations remain key to our identity. Our work is guided by the principles of Catholic Social Teaching: human dignity, solidarity, preferential option for poor and vulnerable people, and the dignity of work. Our national network of safe houses provides personalised support, empowering clients on their path to a life that is free from slavery and exploitation. In addition to providing clients with life-changing accommodation, Medaille Trust works with survivors in the community through our Moving On Project, helping them to rebuild their lives." Comms@medaille-trust.org.uk.

Saint Josephine Bakhita's Story: Born in Olgossa in the Darfur region of southern Sudan, Josephine was kidnapped at the age of 7, sold into slavery and given the name Bakhita, which means *fortunate*. She was resold several times, finally in 1883 to Callisto Legnani, Italian consul in Khartoum, Sudan. Two years later, he took Josephine to Italy and gave her to his friend Augusto Michieli. Bakhita became babysitter to Mimmina Michieli, whom she accompanied to Venice's Institute of the Catechumens, run by the Canossian Sisters. While Mimmina was being instructed, Josephine felt drawn to the Catholic Church. She was baptised and confirmed in 1890, taking the name Josephine. When the Michielis returned from Africa the future saint refused to go. During the ensuing court case, the Canossian Sisters and the patriarch of Venice intervened on Josephine's behalf. The judge concluded that since slavery was illegal in Italy, she had actually been free since 1885. Josephine entered the Institute of St. Magdalene of Canossa in 1893. She soon became well loved by the children attending the sisters' school and the local citizens. She once said, "Be good, love the Lord, pray for those who do not know Him. What a great grace it is to know God!"



HOLY TRINITY & ST GEORGE CATHOLIC CHURCH

Serving Kendal and Sedbergh

FIFTH SUNDAY IN ORDINARY TIME
4th FEBRUARY 2024

Today's Readings:

Lord, we come to You seeking wholeness...

Many people pushed against Jesus wanting His healing. He knew that sickness was not part of His Father's plan and so He shows all who are sick true compassion. As He healed them, and took their pain away, so He heals us and takes away our pain, but to be healed we must bring our pain to Him. All who call out to the Lord in faith will be healed. Some are healed physically, others emotionally and others are healed by being able to embrace their condition and live with. We can all receive Christ's healing. We, who carry Christ within us, also carry within us the One who heals us. If we believe in Him, if we trust in Him, then we refuse to join Job's cry of despair. We can acknowledge that Christ is present when we need Him the most, healing both our internal and external turmoil. We must remember that we are not alone, Jesus is always with us. He is with us protecting us from the doubts and despair that plagued poor old Job. He is with us giving us the courage to walk with Him over the threshold of pain and suffering enabling us to walk into a renewed way of life.

...Lay Your hands, gently lay Your hands.



FIRST HOLY COMMUNION meetings will begin on Wednesday 7th February. If you would like to enrol, please send your form in **as soon as possible**. Registration forms are at the back of church. The Presentation Mass will be Sunday 11th February.



Anyone who is paying UK tax on income can join the Gift Aid scheme where the parish can claim back tax on your offertory or one-off donations.

Last year we claimed back just over £10,000!

The parish is allowed to claim back the 20p of tax for every 80p you donate so, for example, if you put £5 in the collection each week the parish can reclaim the tax you paid on this (£1.25) back from the Government every week. Donations can be given by weekly offertory envelopes (provided by the parish), cheque or monthly standing order. It doesn't cost you any more, it is confidential and you can cancel at any time. Please take a leaflet if you are interested. Thank you.

MASSES WEEK COMMENCING SUNDAY 4th FEBRUARY 2024

Sun 3 rd 4 th	FIFTH SUNDAY IN ORDINARY TIME 6.00 pm Vigil: Ann Nettleton RIP 10.00 am: Iona and family 12.00 noon: Thanksgiving <u>at Sedbergh</u> 6.00 pm: People of the parish
Mon 5 th	St Agatha 9.00 am: Christopher Poulson RIP <i>note earlier time</i>
Tues 6 th	SS Paul Miki & Companions 12.00 noon: Eucharistic Service
Wed 7 th	Wednesday of week 5 12.00 noon: Eucharistic Service
Thurs 8 th	St Josephine Bakhita 12.30 pm: Requiem Mass for Leslie Cook
Fri 9 th	Friday of week 5 12.00 noon: Marie Cusani RIP
Sat 10 th	St Scholastica
Sun 10 th 11 th	SIXTH SUNDAY IN ORDINARY TIME 6.00 pm Vigil: Joan Baines RIP 10.00 am: Thomas Hackett RIP 12.00 noon: People of the parish <u>at Sedbergh</u> 6.00 pm: Mr Les Cook LD

Watch the Sunday 10am Mass Livestream at www.kendalcatholicchurch.uk

PLEASE REMEMBER IN YOUR PRAYERS:

LATELY DEAD: Leslie Cook, Andrew Baines, Fr Joe Smith.

SICK: Holly Howe, Will Flitcroft, Pat Newton, Trish Hoad, Archie Scott, Jamie Banks Wallhead, Ian Muir, Sylvia Duckworth, Winnie Edgar, Christine Stoker, Thomas Smith, Jane Johnson, Patrick Dolan, Mike Nicholson, Heidi Walmsley, Edward Sykes, Sylvia Chambers, Christopher Brown, Sandra Jones, Teresa Harbatch, Margaret Ward, Olimpia McAvoy, Christine Ellwood, Maria Parrott, Agnes Rees.

ANNIVERSARIES: Cathy Morrissey, Maria Carlesso Pilla, George Natrass, Margaret Farrell, Stephen Edgar, Antonio Tognarelli, Rose Crowe, Josephina Capani, Sarah Bell, Mary Ewart, Eileen Halstead, Henry Perruzza, Natalina De Angelis, Raymond Wightman, Kathleen Carlisle, Isabel Loughran, Joan Caton, Elsie Thompson, Bryan Fitzpatrick, Timothy Akrigg, Annie Duxbury, Kathleen Bland, Nellie Hanratty, Kathleen Parkinson, Eileen Donegan, Sheila France.



THE POPE'S PRAYER INTENTIONS FOR FEBRUARY 2024:

For the terminally ill:

We pray that those with a terminal illness, and their families, receive the necessary physical and spiritual care and accompaniment.

Our Lady's Message given to Marija Pavlovic-Lunetti on 25th January 2024: "Dear children! May this time be a time of prayer."

PRAY FOR WORLD HARMONY: Monday 5th February, 2 - 3pm. Led by Mgr. Frank Slattery, the session will include meditation or prayer and study. All welcome to participate at home knowing others will be participating in their homes too. This is not an online meeting. See notice board for details.

LOURDES 2024 PILGRIMAGE: There will be a meeting in the parish centre at 7.30pm on Friday 9th February for anyone interested in finding out more about this. Richard McDowell of HCPT will give a talk and answer any questions. There's no obligation - just come and find out what a HCPT pilgrimage is about.

SEAFARERS CATHEDRAL MASS: Stella Maris will be holding a Mass for seafarers and fishers on Saturday 10th February, 12.15pm, at The Cathedral Church, to be celebrated by Bishop Paul Swarbrick followed by a reception. All invited. Please confirm to Roland.Hayes@stellamarismail.org or 02079011931.



There will be a talk about this at the Quaker Meeting House on Stramongate, 18th February at 4pm. Tickets free but must book under Eventbrite. Please see poster for details. www.climatemajorityproject.com



WORLD DAY OF PRAYER: The service this year will be on Friday 1st March, 2pm at the Salvation Army, Gillinggate Written by the women of Palestine, there will be much to pray about. All welcome.



PRAYER FOR UKRAINE: Please take one of the new prayer cards provided by Saint John of God Hospitaller Services (SJOG) in partnership with Caritas Social Action Network. The support programme for UK-based sponsors and Ukrainian guests continues. If you can share your space with those in need, please take a leaflet.

RESOURCES FOR MALAWI: Looking for study aids and DVDs for Shakespeare's *Macbeth* and Steinbeck's *The Pearl* as well as knitting wool and suitcases. Please contact Marian if you have any going spare - 0744 353 7841.

BIG SWIM raising funds for Manna House: Kendal Leisure Centre, Saturday 24th February, 2 – 4pm. Please see poster in church or email info@manna-house.org.uk for a sponsor form.

BIG WILD SWIM runs throughout February. Google 'Manna House Wild Swim'.