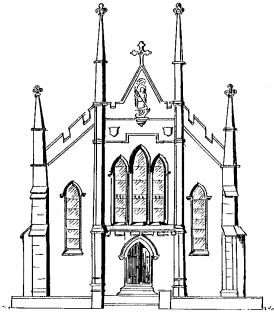


# DAILY PRAYERS

## WEEK 4 IN ORDINARY TIME



**HOLY TRINITY & ST GEORGE**  
**CATHOLIC CHURCH**  
Serving Kendal and Sedbergh

**[www.kendalcatholicchurch.uk](http://www.kendalcatholicchurch.uk)**

## Sunday – Week 4

### Collect:

Grant us, Lord our God,  
that we may honour You with all our mind,  
and love everyone in truth of heart.  
Through our Lord Jesus Christ, Your Son,  
who lives and reigns with You in the unity of the Holy Spirit,  
God, for ever and ever. Amen.

**Today's Gospel reading:** Mark 1:21-28

### Today's prayer:

The Divine Praises

Blessed be God.

Blessed be His Holy Name.

Blessed be Jesus Christ, true God and true Man.

Blessed be the Name of Jesus.

Blessed be His Most Sacred Heart.

Blessed be His Most Precious Blood.

Blessed be Jesus in the Most Holy Sacrament of the Altar.

Blessed be the Holy Spirit, the Paraclete.

Blessed be the great Mother of God, Mary most Holy.

Blessed be her Holy and Immaculate Conception.

Blessed be her Glorious Assumption.

Blessed be the name of Mary, Virgin and Mother.

Blessed be St. Joseph, her most chaste spouse.

Blessed be God in His Angels and in His Saints. Amen.

## Monday – Week 4

### Collect:

Grant us, Lord our God,  
that we may honour You with all our mind,  
and love everyone in truth of heart.  
Through our Lord Jesus Christ, Your Son,  
who lives and reigns with You in the unity of the Holy Spirit,  
God, for ever and ever. Amen.

**Today's Gospel reading:** Mark 5:1-20

### Today's prayer:

God the Father, I thank You for creating me.  
God the Son, I thank You for redeeming me.  
God the Holy Spirit, I thank you for sanctifying me;  
Fill my thoughts, words and actions with Your grace,  
so that they may be pleasing to You.  
O Blessed Trinity,  
help me in becoming that which You intended me to become  
when You created me, for in that perfection I will give You the  
glory You desire of me,  
and in that perfection I will find my greatest joy in heaven.  
Amen.

## Tuesday – Week 4

### Collect:

Grant us, Lord our God,  
that we may honour You with all our mind,  
and love everyone in truth of heart.  
Through our Lord Jesus Christ, Your Son,  
who lives and reigns with You in the unity of the Holy Spirit,  
God, for ever and ever. Amen.

**Today's Gospel reading:** Mark 5:21-43

### Today's prayer:

Prayer of Praise and Adoration

My heart is filled with adoration  
When I lift my eyes to You.  
For You are Lord of all creation,  
You make all things new.  
My soul is filled with lasting peace  
when I close my eyes to sleep.  
For You are Lord, and you are right beside me  
I'm safe within Your keep.  
My mind is filled with inspiration  
when I open my eyes anew.  
For You are hope and love outspoken,  
Your words are full of truth.  
My life is full of aspiration  
when I see through eyes that weep.  
For You are Lord of both the great and the broken,  
may I be Your hands and feet.

## Wednesday – St John Bosco

Pastor - patron saint of youth and education, apprentices, editors and publishers, magicians and juvenile delinquents

### Collect:

O God, who raised up the Priest Saint John Bosco as a father and teacher of the young, grant, we pray, that, aflame with the same fire of love, we may seek out souls and serve You alone. Through our Lord Jesus Christ, Your Son, who lives and reigns with You in the unity of the Holy Spirit, God, for ever and ever. Amen.

**Today's Gospel reading:** Matthew 18:1-5

### Today's prayer:

Most Holy Virgin Mary, Help of Christians, how sweet it is to come to your feet imploring your perpetual help. If earthly mothers cease not to remember their children, how can you, the most loving of all mothers forget me? Grant then to me, I implore you, your perpetual help in all my necessities, in every sorrow, and especially in all my temptations. I ask for your unceasing help for all who are now suffering. Help the weak, cure the sick, convert sinners. Grant through your intercessions many vocations to the religious life. Obtain for us, O Mary, Help of Christians, that having invoked you on Earth, we may love and eternally thank you in Heaven.

*By St John Bosco*

St John Bosco, Pray for us

St Maria Domenica Mazzarello, Pray for us

*St John Bosco (August 16<sup>th</sup> 1815 – January 31<sup>st</sup> 1888) He left, as an inheritance for his Salesian sons and daughters, a form of religious life that was simple but founded on solid Christian virtue and on contemplation in action, which may be summed up in the words "work and temperance." Together with St Maria Domenica Mazzarello, he founded the Institute of the Daughters of Mary Help of Christians (Salesian Sisters). Finally, together with good and hard-working lay men and women, he created the Salesian Cooperators to work alongside him and sustain the education of young people, thus anticipating new forms of apostolate in the Church. In the centenary of his death, Pope St John Paul II proclaimed him The Father and Teacher of Youth.*

## Thursday – Week 4

St Brigid of Kildare, Abbess - Secondary patroness of Ireland and patron saint of babies, midwives, children whose parents aren't married, scholars, poets, travellers (especially those who travel by water), and farmers (especially dairy farmers).

### Collect:

Grant us, Lord our God, that we may honour You with all our mind, and love everyone in truth of heart. Through our Lord Jesus Christ, Your Son, who lives and reigns with You in the unity of the Holy Spirit, God, for ever and ever. Amen.

**Today's Gospel reading:** Mark 6:7-13

### Today's prayer:

Merciful God, origin and reward of all charity, You called Saint Brigid to teach the new commandment of love through her life of hospitality and her care of the needy; give to Your people, by her intercession, a generous spirit, so that, with hearts made pure, we may show Your love to all. Through Christ, our Lord. Amen.

*St Brigid of Kildare (c. 451–525) was a nun and abbess who founded several monasteries in Ireland. God performed miracles through the intercession of Brigid during her lifetime, most of which had to do with healing. "Saint Brigid's Cross" commemorates a famous story in which Brigid went to the home of a pagan leader when people told her that he was dying and needed to quickly hear the gospel message. The man was delirious and upset when Brigid arrived, unwilling to listen to what she had to say. Brigid sat with him and prayed, taking some of the straw from the floor and weaving it into the shape of a cross. Gradually, the man quieted down and asked Brigid what she was doing. She explained the gospel to him, using her handmade cross as a visual aid. The man then came to faith in Jesus Christ, and Brigid baptized him just before he died. Saint Brigid's cross is said to help ward off evil and welcome good.*

## Friday – Candlemas: The Presentation of the Lord

### Collect:

Almighty ever-living God,  
we humbly implore Your majesty  
that, just as Your Only Begotten Son  
was presented on this day in the Temple  
in the substance of our flesh,  
so, by Your grace,  
we may be presented to You with minds made pure.  
Through our Lord Jesus Christ, Your Son,  
who lives and reigns with You in the unity of the Holy Spirit,  
God, for ever and ever. Amen.

**Today's Gospel reading:** Luke 2:22-40

### Today's prayer:

A Prayer for Candlemas

Gracious and merciful Father,  
the source and creator of light,  
who on this day revealed to the aged Simeon  
the Light which enlightens the whole world,  
dispel the darkness of our souls  
and brighten the path that lies before us.  
We ask You to pour out Your blessing especially upon;  
those who are living in the darkness of war,  
those who are living in the darkness of injustice and persecution,  
those who are living in the darkness of ignorance.  
We ask this through Him, who is the light of the world  
and the glory of Your people Israel,  
Your Son Jesus Christ our Lord. Amen.

Mary, Mother of the Light of the World, Pray for us  
Holy Simeon, Pray for us  
Holy Anna, Pray for us

## Saturday – Week 4

St Blaise, Bishop and Martyr - *patron saint of sufferers from throat diseases*  
St Anscar, Bishop - *patron saint of Scandinavia.*

### Collect:

O God, strength of all the Saints, who through the Cross were pleased to call  
the Martyrs Saint Paul Miki and his companions to life,  
grant, we pray, that by their intercession  
we may hold with courage even until death to the faith that we profess.  
Through our Lord Jesus Christ, Your Son,  
who lives and reigns with You in the unity of the Holy Spirit,  
God, for ever and ever. Amen.

**Today's Gospel reading:** Mark 6:30-34

**Today's prayer:** A Prayer to Saint Blaise

O glorious Saint Blaise,  
who by your martyrdom left to the Church a precious witness to the faith,  
obtain of us the grace to preserve within ourselves this divine gift,  
and to defend, by word and example,  
the truth of that same faith,  
which is attacked and slandered in these our times.  
You restored a little child when at the point of death  
because of an affliction of the throat,  
grant us your intercession  
the grace to welcome God's healing  
and the faith to enjoy His enduring protection. Amen.

St Blaise, Pray for us  
St Anscar, Pray for us

*St Blaise of Sebaste was a doctor and bishop of Sebaste in Armenia.  
He was born in Sivas, Turkey and was martyred there in 316.  
St Ansgar (8<sup>th</sup> September 801 – 3<sup>rd</sup> February 865), was Archbishop of  
Hamburg-Bremen in the northern part of the Kingdom of the East Franks.  
Known as the "Apostle of the North" because of his travels. He  
received the missionary mandate to bring Christianity to Northern Europe.*