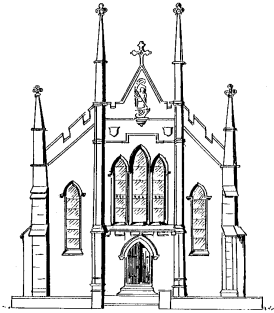


DAILY PRAYERS

WEEK 3 IN ORDINARY TIME



**HOLY TRINITY & ST GEORGE
CATHOLIC CHURCH**
Serving Kendal and Sedbergh

www.kendalcatholicchurch.uk

Sunday – Week 3

Collect:

Almighty ever-living God,
direct our actions according to Your good pleasure,
that in the Name of Your beloved Son
we may abound in good works.
Through our Lord Jesus Christ, Your Son,
who lives and reigns with You in the unity of the Holy Spirit,
God, for ever and ever. Amen.

Today's Gospel reading: Mark 1:14-20

Today's prayer:

Father,
may everything we do
begin with Your inspiration
and continue with Your saving help
Let our work always find its origin in You
and through You reach completion.
Through Christ our Lord. Amen.

Monday - Week 3

St Vincent of Saragossa, Deacon and Martyr
patron saint of Lisbon and Valencia

Collect:

Almighty ever-living God,
direct our actions according to Your good pleasure,
that in the Name of Your beloved Son
we may abound in good works.
Through our Lord Jesus Christ, Your Son,
who lives and reigns with You in the unity of the Holy Spirit,
God, for ever and ever. Amen.

Today's Gospel reading: Mark 3:22-30

Today's prayer:

Eternal Father, You gave Saint Vincent
the courage to endure torture and death for the Gospel:
fill us with Your Spirit and strengthen us in Your love.
We ask this through Jesus Christ, our Lord. Amen.

St Vincent, Pray for all deacons
St Vincent, Pray for vocations to the diaconate
St Vincent, Pray for us that we may serve the Lord in joy and with courage

Vincent of Saragossa (also known as Vincent Martyr, Vincent of Huesca or Vincent the Deacon), the Protomartyr of Spain, was a deacon of the Church of Saragossa. He was born at Huesca and martyred under the Emperor Diocletian around the year 304. According to legend, after being martyred, ravens protected Vincent's body from being devoured by vultures, until his followers could recover the body. His body was taken to what is now known as Cape St Vincent; a shrine was erected over his grave, which continued to be guarded by flocks of ravens. In the time of Muslim rule in the Iberian Peninsula, the Arab geographer Al-Idrisi noted this constant guard by ravens, for which the place was named by him "Kanīṣah al-Ghurāb" (Church of the Raven). King Afonso I of Portugal (1139–1185) had Vincent's body exhumed in 1173 and brought it by ship to the Lisbon Cathedral. This transfer of the relics is depicted on the coat of arms of Lisbon.

Tuesday - Week 3

Collect:

Almighty ever-living God,
direct our actions according to Your good pleasure,
that in the Name of Your beloved Son
we may abound in good works.
Through our Lord Jesus Christ, Your Son,
who lives and reigns with You in the unity of the Holy Spirit,
God, for ever and ever. Amen.

Today's Gospel reading: Mark 3:31-35

Today's prayer:

May Your grace, O Lord, we pray,
at all times go before us and follow after
and make us always determined
to carry out good works.
Through our Lord Jesus Christ, Your Son,
who lives and reigns with you in the unity of the Holy Spirit,
God, for ever and ever. Amen.

Wednesday – St Francis de Sales

Bishop and Doctor of the Church: *Patron saint of Catholic writers, the Catholic press, the deaf, journalists and adult education*

Collect:

O God, who for the salvation of souls willed that the Bishop Saint Francis de Sales become all things to all people, graciously grant that, following his example, we may always display the gentleness of your charity in the service of our neighbour.

Through our Lord Jesus Christ, Your Son, who lives and reigns with You in the unity of the Holy Spirit, God, for ever and ever. Amen.

Today's Gospel reading: John 15:9-17

Today's prayer: *A Prayer by St Francis de Sales*

Do not look forward in fear to the changes in life; rather, look to them with full hope that as they arise, God, whose very own you are, will lead you safely through all things; and when you cannot stand it, God will carry you in His arms.

Do not fear what may happen tomorrow; the same understanding Father who cares for you today will take care of you then and every day.

He will either shield you from suffering or will give you unfailing strength to bear it. Be at peace and put aside all anxious thoughts and imaginations.

St Francis, Pray for us

St Francis de Sales was born to a noble family at Chateau de Sales in the Kingdom of Savoy near Geneva, Switzerland on August 21, 1567. He was a Bishop and Doctor of the Church. Francis was both intelligent and gentle. From a very early age, he desired to serve God. He knew for years he had a vocation to the priesthood, but kept it from his family. His father wanted him to enter a career in law and politics. In 1580, Francis attended the University of Paris, and at 24-years-old, he received his doctorate in law at the University of Padua. All the time, he never lost his passion for God. He studied theology and practiced mental prayers, but kept quiet about his devotion. To please his father, he also studied fencing and riding. God made his will clear to Francis one day while he was riding. Francis fell from his horse three times that day. Every time he fell, the sword came out of the scabbard, and every time it came out, the sword and scabbard came to rest on the ground in the shape of the Christian cross. After much discussion and disagreement from his father, Francis was ordained to the priesthood and elected provost of the Diocese of Geneva, in 1593, by the Bishop of Geneva.

Thursday – The Conversion of St Paul

Apostle

Collect:

O God, who taught the whole world through the preaching of the blessed Apostle Paul, draw us, we pray, nearer to You through the example of him whose conversion we celebrate today, and so make us witnesses to Your truth in the world. Through our Lord Jesus Christ, Your Son, who lives and reigns with You in the unity of the Holy Spirit, God, for ever and ever. Amen.

Today's Gospel reading: Mark 16:15-18

Today's prayer:

A Prayer for the Unity of Christians

Lord Jesus, You prayed that we might all be one, we pray to You for the unity of all Christians, according to Your will, according to Your means.

May Your Spirit enable us to experience the suffering caused by division, to see our sin and to hope beyond all hope. Amen.

St Paul, apostle, Pray for us

Friday – Sts Timothy and Titus

Apostles

St Timothy is patron saint for young people, students, and those seeking guidance in their studies and careers. Those Suffering from Stomach Ailments, and Missionaries

St Titus is patron saint for relief from Stomach Disorders

Collect:

O God, who adorned Saints Timothy and Titus with apostolic virtues, grant, through the intercession of them both, that, living justly and devoutly in this present age, we may merit to reach our heavenly homeland. Through our Lord Jesus Christ, Your Son, who lives and reigns with You in the unity of the Holy Spirit, God, for ever and ever. Amen.

Today's Gospel reading: Luke 10:1-9

Today's prayer:

Almighty God, You called Saints Timothy and Titus to be evangelists and teachers, and made them strong to endure hardship: Strengthen us to stand fast in adversity, and to live righteous and godly lives in this present time, that with sure confidence we may look for our blessed hope, the glorious appearing of our great God and Saviour Jesus Christ; who lives and reigns with You and the Holy Spirit, God, now and for ever. Amen.

St Timothy, Pray for us

St Titus, Pray for us

Sts Timothy and Titus were disciples and co-workers of St Paul. Timothy accompanied Paul on his travels. He was put in charge of the Church at Ephesus. Titus was Paul's messenger to various Christian communities where disputes arose, and he was in charge of the Church at Crete. To these two St Paul wrote his pastoral epistles.

Saturday – Week 3

St Angela Merici, Virgin

Patron saint of sickness, death of parents, disabled, handicapped, or physically challenged people

Collect:

Almighty ever-living God, direct our actions according to Your good pleasure, that in the Name of Your beloved Son we may abound in good works. Through our Lord Jesus Christ, Your Son, who lives and reigns with You in the unity of the Holy Spirit, God, for ever and ever. Amen.

Today's Gospel reading: Mark 4:35-41

Today's prayer:

Saint Angela, you were not afraid of change. You did not let stereotypes keep you from serving. Help us to overcome our fear of change in order to follow God's call and allow others to follow theirs. Amen.

St Angela, Pray for us

St Angela Merici was born on March 21st, 1474 at Desenzano on Lake Garda; left an orphan at the age of ten she was brought up by her uncle and on his death went to live with her brothers. She was a devout girl and, having joined the Third Order of St Francis, devoted herself to teaching children. As her work became known she was asked to go to Brescia where a house was put at her disposal and a number of women came to join her; there she established a religious association of women, under the patronage of St Ursula. Her sisters while remaining in the world, should devote themselves to every sort of corporal and spiritual work of mercy; but the particular emphasis was on education. Angela preferred to send her sisters to teach girls in their own families, - not in convent schools - one of her favorite sayings was, 'Disorder in society is the result of disorder in the family'. It was by educating children where they lived that she strove to improve social conditions. St Angela died in Brescia on January 27th 1540.