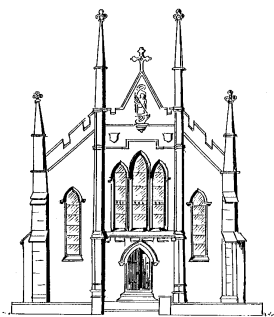


# DAILY PRAYERS

## THE EPIPHANY OF THE LORD



**HOLY TRINITY & ST GEORGE  
CATHOLIC CHURCH**  
Serving Kendal and Sedbergh

**[www.kendalcatholicchurch.uk](http://www.kendalcatholicchurch.uk)**

## **Sunday - The Epiphany of the Lord** *also known as The Adoration of the Magi*

### **Collect:**

O God, who on this day  
revealed Your Only Begotten Son to the nations  
by the guidance of a star,  
grant in Your mercy, that we, who know You already by faith,  
may be brought to behold the beauty of Your sublime glory.  
Through our Lord Jesus Christ, Your Son,  
who lives and reigns with You in the unity of the Holy Spirit,  
God, for ever and ever. Amen.

**Today's Gospel reading:** Matthew 2:1-12

### **Today's prayer:**

For those who seek a Saviour  
we lead them to the Stable  
to the One who was born  
to bring freedom  
forgiveness  
liberty  
For those who seek assurance  
we lead them to the light  
to the One who opens eyes  
to understanding  
God's Word  
and His truth  
For those who seek forgiveness  
we lead them to a grace  
beyond comprehension  
to wholeness,  
healing  
and peace.

Holy Jesus, in Your brightness  
To the Gentile world displayed,  
With the Father and the Spirit  
Endless praise to You be paid. Amen.

## Monday - Baptism of the Lord

### Collect:

Almighty ever-living God,  
who, when Christ had been baptized in the River Jordan  
and as the Holy Spirit descended upon Him,  
solemnly declared Him Your Beloved Son,  
grant that Your children by adoption,  
reborn of water and the Holy Spirit,  
may always be well pleasing to you.  
Through our Lord Jesus Christ, Your Son,  
who lives and reigns with You in the unity of the Holy Spirit,  
God, for ever and ever. Amen.

**Today's Gospel reading:** Mark 1:7-11

### Today's prayer:

*Prayer of Renewal of Baptismal Promises by Saint Louis de Montfort*

I, N., who through the tender mercy of the Eternal Father was privileged to be baptized "in the name of the Lord Jesus" and thus to share in the dignity of His divine Sonship, wish now in the presence of this same loving Father and of His only-begotten Son to renew in all sincerity the promises I solemnly made at the time of my holy Baptism.

I, therefore, now do once again renounce Satan;  
I renounce all his works;  
I renounce all his allurements.

*The Apostles; Creed:* I believe in God, the Father almighty, Creator of heaven and earth, and in Jesus Christ, His only Son, our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried; He descended into hell; on the third day He rose again from the dead; He ascended into heaven, and is seated at the right hand of God the Father almighty; from there He will come to judge the living and the dead. I believe in the Holy Spirit, the holy Catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.

Having been buried with Christ unto death and raised up with Him unto a new life, I promise to live no longer for myself or for that world which is the enemy of God but for Him who died for me and rose again, serving God, my heavenly Father, faithfully and unto death in the holy Catholic Church.

*Our Father, who art in heaven...*

## Tuesday – Week 1

Ordinary time begins today

*Green is the colour of "Ordinary Time."*

*Ordinary Time is any time of year between Easter and Advent and between Christmas and Lent. Green symbolizes life, hope, and anticipation.*

### Collect:

Attend to the pleas of Your people with heavenly care,  
O Lord, we pray,  
that they may see what must be done  
and gain strength to do what they have seen.  
Through our Lord Jesus Christ, Your Son,  
who lives and reigns with You in the unity of the Holy Spirit,  
God, for ever and ever. Amen.

**Today's Gospel reading:** Mark 1:21-28

### Today's prayer:

Heavenly Father,  
give us wisdom we pray  
to know what You would have us do  
and the discernment to know what is the desire of Your heart for our lives,  
so that we may align our thoughts to Your thoughts  
and our will to Your perfect will and purpose.  
Keep us we pray from following after our own,  
natural human wisdom  
or being influenced by the ways of the world  
but rather may we learn to base our decisions on Your will  
and Your purpose  
and be ready to follow Your guidance and direction.  
Grant us a clearer vision we pray  
and lead us along the right path,  
we ask this Christ our Lord.  
Amen

## Wednesday – Week 1

### Collect:

Attend to the pleas of Your people with heavenly care,  
O Lord, we pray,  
that they may see what must be done  
and gain strength to do what they have seen.  
Through our Lord Jesus Christ, Your Son,  
who lives and reigns with You in the unity of the Holy Spirit,  
God, for ever and ever. Amen.

**Today's Gospel reading:** Mark 1:29-39

### Today's prayer:

Heavenly Father,  
I feel that my life is needing Your direction more and more.  
I need a divine 'vision' of You,  
a godly understanding of You  
and a deeper relationship with You.  
Lord, I want to know You more and love You better.  
At times I feel that my Catholic life  
has just been scratching the surface of Who You are  
and I long to be like Job, who said,  
"I have heard about You with my ears,  
but now I see You with my eyes."  
He saw You with his spiritual eyes of understanding,  
and Lord, I desire to have that intimate vision of You too  
although I shrink back from having to go through the difficulties and trials  
that Job had to experience!  
Give me that inner vision of Yourself I pray.  
Your character, Your Person, Your love,  
and draw me ever closer to Yourself,  
so that I too may say,  
"my ears have heard all about You  
but now I have a vision of Who You truly are."  
This I ask through Christ my Lord. Amen.

## Thursday – Week 1

### Collect:

Attend to the pleas of Your people with heavenly care,  
O Lord, we pray,  
that they may see what must be done  
and gain strength to do what they have seen.  
Through our Lord Jesus Christ, Your Son,  
who lives and reigns with You in the unity of the Holy Spirit,  
God, for ever and ever. Amen.

**Today's Gospel reading:** Mark 1:40-45

### Today's prayer:

O Lord my God,  
thank You that You are the light of the world,  
guiding my steps on Your path.  
Your word says that if I trust in You with all my heart  
and do not lean on my own understanding,  
submitting to You in all my ways,  
then You will make my paths straight.  
Guide my words, thoughts and deeds.  
You are able to do far more abundantly than all that I ask or imagine,  
according to the power at work within me.  
To You be glory throughout all generations, forever and ever.  
Through Jesus Christ, our Lord, Amen.

## Friday – Week 1

St Aelred of Rievaulx

*patron Saint of people suffering from kidney stones.*

### Collect:

Attend to the pleas of Your people with heavenly care,  
O Lord, we pray,  
that they may see what must be done  
and gain strength to do what they have seen.  
Through our Lord Jesus Christ, Your Son,  
who lives and reigns with You in the unity of the Holy Spirit,  
God, for ever and ever. Amen.

**Today's Gospel reading:** Mark 2:1-12

**Today's prayer:** A Prayer of St Aelred of Rievaulx

My God, You know what a fool I am.  
My weakness is not hidden from Your sight.  
Therefore, Lord, I ask You not for gold,  
I ask You not for silver,  
nor for jewels,  
but only that You would give me wisdom.  
O font of wisdom,  
send her from Your throne of might  
to be with me,  
to work with me,  
to act in me,  
to speak in me,  
to order all my thoughts and words  
and deeds and plans  
according to Your will  
and to the glory of Your Name.

*St Aelred of Rievaulx (1110, Hexham - 12<sup>th</sup> January 1167, Rievaulx Abbey,  
Yorkshire)*

St Aelred of Rievaulx, Pray for us

## Saturday – Week 1

St Kentigern, Bishop, *patron saint of Glasgow*

St Hilary, *patron saint against snake bites death!*

### Collect:

Attend to the pleas of Your people with heavenly care,  
O Lord, we pray,  
that they may see what must be done  
and gain strength to do what they have seen.  
Through our Lord Jesus Christ, Your Son,  
who lives and reigns with You in the unity of the Holy Spirit,  
God, for ever and ever. Amen.

**Today's Gospel reading:** Mark 2:13-17

### Today's prayer:

O God, who through Your bishop Saint Kentigern,  
made the light of the true faith shine forth in splendour:  
grant, we pray, that by faithfully following  
the teaching of him whose feast we now celebrate,  
we may obtain the glory of eternal light.  
Through our Lord Jesus Christ, Your Son,  
who lives and reigns with You in the unity of the Holy Spirit,  
God, for ever and ever. Amen.

Saint Kentigern, Pray for us

Saint Hilary of Poitiers, Pray for us

Saint Abra of Poitiers, Pray for us

*St Kentigern, also known as Mungo ('Dear One'), was born in Culross, Fife, Scotland. The Christian king of Strathclyde welcomed the saint and arranged his consecration as bishop in around 540. His holy example and his preaching drew together a large community known as 'Clasgu' ('dear family'), which ultimately grew into the town and city of Glasgow. A strong anti-Christian movement forced him to go to Wales, staying for a time with Saint David at Menevia. But after founding a large monastery at Llanelwy, later called St Asaph's, he returned with some of his Welsh disciples to Galloway and Cumberland and then back to Glasgow in 581, where he was visited by Saint Columba.*

*St Hilary of Poitiers (c. 310 – c. 367) was Bishop of Poitiers and a Doctor of the Church. He was sometimes referred to as the "Hammer of the Arians" (Malleus Arianorum) and the "Athanasius of the West". His name comes from the Latin word for happy or cheerful. In addition to his important work as bishop, Hilary was married and the father of Abra of Poitiers, a nun and saint who became known for her charity.*