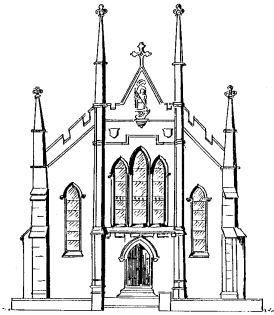


# DAILY PRAYERS LENT WEEK FIVE



**HOLY TRINITY & ST GEORGE**  
**CATHOLIC CHURCH**  
Serving Kendal and Sedbergh

**[www.kendalcatholicchurch.uk](http://www.kendalcatholicchurch.uk)**

## Sunday Lent Week 5 Year A

### **Collect:**

By Your help, we beseech You, Lord our God,  
may we walk eagerly in that same charity  
with which, out of love for the world,  
Your Son handed Himself over to death.  
Through our Lord Jesus Christ, Your Son,  
who lives and reigns with You in the unity of the Holy Spirit,  
God, for ever and ever. Amen.

**Today's Gospel reading:** John 11:1-45

**Today's prayer:** *Both this and next weekj we will talke one of the Stations of the Cross each day as our prayer.*

### **The First Station: Jesus is condemned to death**

We adore You, O Christ, and bless You.  
Because by Your Holy Cross You have redeemed the world.

Jesus is brought to stand in front of Pontius Pilate, the judge. He is innocent but Pontius Pilate condemns Him anyway and sentences Him to death.

It is really for our bad thoughts, harsh words, and angry actions that You are being punished, Lord Jesus. We are praying the Stations of the Cross to tell You that we are sorry for all our sins.

Lord Jesus, Son of God,  
have mercy on me, a sinner.

Our Father.... Hail Mary.... Glory Be to the Father....

## Monday Lent Week 5

### Collect:

O God, by whose wondrous grace  
we are enriched with every blessing,  
grant us so to pass from former ways to newness of life,  
that we may be made ready for the glory of the heavenly Kingdom.  
Through our Lord Jesus Christ, Your Son,  
who lives and reigns with You in the unity of the Holy Spirit,  
God, for ever and ever. Amen.

**Today's Gospel reading:** John 8:1-11

### Today's prayer:

#### **The Second Station: Jesus carries His Cross**

We adore You, O Christ, and bless You.  
Because by Your Holy Cross You have redeemed the world.

Jesus has been beaten by the soldiers. He has been laughed at and spat upon. Now He must pick up the heavy Cross and carry it while the crowd yells. He is so tired and sad, but no one appears to care.

We care that You are tired, Jesus. We are sorry that You are sad. We would like to help You carry Your Cross with our prayers.

Lord Jesus, Son of God,  
have mercy on me, a sinner.

Our Father.... Hail Mary.... Glory Be to the Father....

## Tuesday Lent Week 5

### Collect:

Grant us, we pray, O Lord,  
perseverance in obeying Your will,  
that in our days the people dedicated to Your service  
may grow in both merit and number.  
Through our Lord Jesus Christ, Your Son,  
who lives and reigns with You in the unity of the Holy Spirit,  
God, for ever and ever. Amen.

**Today's Gospel reading:** John 8:21-30

### Today's prayer:

#### **The Third Station: Jesus falls the first time**

We adore You, O Christ, and bless You.  
Because by Your Holy Cross You have redeemed the world.

The Cross is too heavy. It is so heavy that Jesus falls down under its weight. The blood from the crown of thorns is running into His eyes and His back aches from the scourging. People are still screaming and throwing things at Him. His heart must be as heavy as the Cross He carries.

It is our sins that make Your Cross so heavy, Lord Jesus. We are sorry. We love You and we strive to be good for You with our prayers and with our lives.

Lord Jesus, Son of God,  
have mercy on me, a sinner.

Our Father.... Hail Mary.... Glory Be to the Father....

## Wednesday Lent Week 5

### Collect:

Enlighten, O God of compassion,  
the hearts of Your children, sanctified by penance,  
and in Your kindness  
grant those You stir to a sense of devotion  
a gracious hearing when they cry out to You.  
Through our Lord Jesus Christ, Your Son,  
who lives and reigns with You in the unity of the Holy Spirit,  
God, for ever and ever. Amen.

**Today's Gospel reading:** John 8:31-42

### Today's prayer:

#### **The Fourth Station: Jesus meets His Blessed Mother**

We adore You, O Christ, and bless You.  
Because by Your Holy Cross You have redeemed the world.

Suddenly, Jesus sees His Mother. She is standing at the side of the road surrounded by the crowd. Her eyes fill with tears when she sees Jesus. She wants to help Him but she can not. Both their hearts ache at the other's pain.

Jesus, You and your Blessed Mother help us whenever we ask. Our hearts ache too with the pain of the Stations of the Cross. We promise to pray to You both often, for help in our lives.

Lord Jesus, Son of God,  
have mercy on me, a sinner.

Our Father.... Hail Mary.... Glory Be to the Father....

## Thursday Lent Week 5

### Collect:

Be near, O Lord, to those who plead before You,  
and look kindly on those who place their hope in Your mercy,  
that, cleansed from the stain of their sins,  
they may persevere in holy living  
and be made full heirs of Your promise.  
Through our Lord Jesus Christ, Your Son,  
who lives and reigns with You in the unity of the Holy Spirit,  
God, for ever and ever. Amen.

**Today's Gospel reading:** John 8:51-59

### Today's prayer:

#### **The Fifth Station: Simon of Cyrene helps Jesus to carry His Cross**

We adore You, O Christ, and bless You.  
Because by Your Holy Cross You have redeemed the world.

The soldiers are in a hurry. They grab Simon of Cyrene out of the crowd to carry the Cross and make Jesus go faster. Jesus was grateful to Simon for his help.

Simon did not know he was blessed when he was carrying Your Cross--he only felt how heavy it was. Praying the Stations of the Cross will help us to remember that carrying our crosses helps You too.

Lord Jesus, Son of God,  
have mercy on me, a sinner.

Our Father.... Hail Mary.... Glory Be to the Father....

## Friday Lent Week 5

### Collect:

Pardon the offenses of Your peoples, we pray, O Lord,  
and in Your goodness set us free  
from the bonds of the sins  
we have committed in our weakness.  
Through our Lord Jesus Christ, Your Son,  
who lives and reigns with You in the unity of the Holy Spirit,  
God, for ever and ever. Amen.

**Today's Gospel reading:** John 10:31-42

### Today's prayer:

#### **The Sixth Station: Veronica wipes the face of Jesus**

We adore You, O Christ, and bless You.  
Because by Your Holy Cross You have redeemed the world.

Jesus' face is covered with sweat, blood and dust. It is itchy and uncomfortable. In pity, Veronica runs out to the road to wipe the dirt from Jesus' face. This small act of kindness is all she can do to help Him.

Jesus, we want to see and touch Your face, shining in glory in Heaven. We know that our small acts of kindness and our prayers help us grow closer to You and Your Father in Heaven.

Lord Jesus, Son of God,  
have mercy on me, a sinner.

Our Father.... Hail Mary.... Glory Be to the Father....

## Saturday Lent Week 5

### Collect:

O God, who have made all those reborn in Christ  
a chosen race and a royal priesthood,  
grant us, we pray, the grace to will and to do what You command,  
that the people called to eternal life  
may be one in the faith of their hearts  
and the homage of their deeds.  
Through our Lord Jesus Christ, Your Son,  
who lives and reigns with You in the unity of the Holy Spirit,  
One God, for ever and ever. Amen.

**Today's Gospel reading:** John 11:45-56

### Today's prayer:

#### **The Seventh Station: Jesus falls the second time**

We adore You, O Christ, and bless You.  
Because by Your Holy Cross You have redeemed the world.

The road is so long and the Cross is so heavy. Exhausted, Jesus falls down again. The soldiers yell at Him and whip Him to make Him get up. Don't they know that they are hurting Him more? Jesus knows that He is suffering for the sins of the world. He gets up and keeps walking.

Lord Jesus, sometimes we get tired, discouraged and impatient with the world. When we fail and fall into sin, it hurts You more. We are sorry and we ask You to help us be as patient and brave as You.

Lord Jesus, Son of God,  
have mercy on me, a sinner.

Our Father.... Hail Mary.... Glory Be to the Father....