

## Sunday – Week 28

### Collect:

May Your grace, O Lord, we pray,  
at all times go before us and follow after  
and make us always determined  
to carry out good works.

Through our Lord Jesus Christ, Your Son,  
who lives and reigns with You in the unity of the Holy Spirit,  
God, for ever and ever. Amen.

**Today's Gospel reading:** Luke 17:11-19

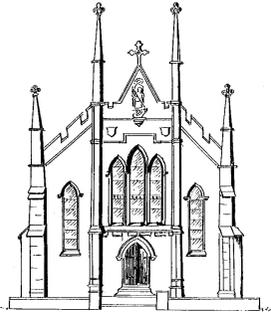
### Today's prayer:

Heavenly Father,  
You shaped me in Your image.  
You created me in love.  
You gave me many gifts and talents.  
I pray that You give me guidance this coming week  
in how is best to use my time, efforts, and talents.  
Help me walk the path You guide me on.  
Let my actions reflect Your love for me. Amen.

Glory be to the Father...

# DAILY PRAYERS

## TWENTY-EIGHTH SUNDAY IN ORDINARY TIME



**HOLY TRINITY & ST GEORGE**  
**CATHOLIC CHURCH**  
Serving Kendal and Sedbergh

**[www.kendalcatholicchurch.uk](http://www.kendalcatholicchurch.uk)**

## Monday – Week 28

St Paulinus of York  
Patron saint of Rochester and York

### Collect:

May Your grace, O Lord, we pray,  
at all times go before us and follow after  
and make us always determined  
to carry out good works.  
Through our Lord Jesus Christ, Your Son,  
who lives and reigns with You in the unity of the Holy Spirit,  
God, for ever and ever. Amen.

**Today's Gospel reading:** Luke 11:29-32

### Today's prayer:

Lord, through St Paulinus, Your Bishop,  
You brought those who had no faith  
out of darkness into the light of truth.  
By his intercession,  
keep us strong in our faith  
and steadfast in the hope of the Gospel he preached. Amen.

Glorious St Paulinus, you gently brought people to Baptism and conversion.  
Pray for me and teach me gentleness.

*St Paulinus was a Roman missionary and the first Bishop of York.  
A member of the Gregorian mission sent in 601 by Pope Gregory I  
to Christianize the Anglo-Saxons from their native Anglo-Saxon paganism.  
Paulinus arrived in England by 604 with the second missionary group.  
He died on 10 October 644 in Rochester*

## Tuesday – Week 28

Pope St John XXIII - Patron saint of Papal delegates, Patriarchy of Venice,  
Second Vatican Council

### Collect:

May Your grace, O Lord, we pray,  
at all times go before us and follow after  
and make us always determined  
to carry out good works.  
Through our Lord Jesus Christ, Your Son,  
who lives and reigns with You in the unity of the Holy Spirit,  
One God, for ever and ever. Amen.

**Today's Gospel reading:** Luke 11:37-41

### Today's prayer:

 A Prayer for Strength

Every day I need You, Lord, but today especially,  
I need some extra strength to face whatever is to come.  
This day, more than any other day,  
I need to feel You near me to strengthen my  
Courage and to overcome any fear.  
By myself I cannot meet the challenge of the hour.  
We are frail human creatures  
and we need a Higher Power to sustain us in all that life may bring.  
And so, dear Lord, hold my trembling hand.  
Be with me, Lord, this day and stretch out Your powerful arm to help me.  
May Your love be upon me  
as I place all my hope in You. Amen.

*Pope Saint John XXIII.*

Pope Saint John, Pray for us

*Pope Saint John XXIII was born on November 25 1881 in Sotto il Monte,  
Bergamo, Italy and given the name Giuseppe Angelo Roncalli.  
He was the 260th pope who convened the Second Vatican Council in 1962.  
He was pope from October 28 1958 until June 3 1963 when he died  
at the age of 81 years in his Apostolic Palace in Vatican City.*

## Wednesday – Week 28

St Wilfred of York, Bishop

### Collect:

May Your grace, O Lord, we pray,  
at all times go before us and follow after  
and make us always determined  
to carry out good works.

Through our Lord Jesus Christ, Your Son,  
who lives and reigns with You in the unity of the Holy Spirit,  
God, for ever and ever. Amen.

**Today's Gospel reading:** Luke 11:42-46

### Today's prayer:

Lord God, if I try and live my life without You, I will fail.  
Long ago, You sent Your presence in a towering cloud  
and burning pillar of fire to guide Your people through the wilderness.  
When I don't know which way to go,  
I ask that I would know Your presence near me,  
guiding me in the right direction.  
I do not want to go anywhere without You, Lord,  
because being in Your presence is the best place for me.  
Protect me from harm and direct my steps.  
Through Christ, our Lord, Amen.

St Wilfred, Pray for us

*St Wilfrid, a native of Northumbria. Born in 634 of noble stock and educated at the court of King Osway, at Lindisfarne and at Canterbury, he accompanied St Benedict Biscop to Rome as a young man. On his return he founded the monastery of Ripon and became its first Abbot. Here he introduced the Benedictine rule, and five years later was ordained priest. Shortly after the great Synod of Whitby of 664, he was made Archbishop of York. His energetic administration witnessed the founding of a large number of Benedictine monasteries and the further extension of Roman usage and Gregorian chant. He died on 24 April c.709.*

## Thursday – Week 28

St Edward the Confessor

Patron saint of kings, difficult marriages, and separated spouses

### Collect:

May Your grace, O Lord, we pray,  
at all times go before us and follow after  
and make us always determined  
to carry out good works.

Through our Lord Jesus Christ, Your Son,  
who lives and reigns with You in the unity of the Holy Spirit,  
God, for ever and ever. Amen.

**Today's Gospel reading:** Luke 11:47-54

### Today's Prayer:

Lord,  
You raised Saint Edward, king and confessor,  
to excel in good government and faithful service.  
May these ideals survive and flourish in our country today  
through his prayers.  
Through Christ, our Lord. Amen.

Most glorious Saint Edward,  
you showed your devotion to God  
with patience, gentleness and generosity.  
Like you, may we serve to strengthen the Kingdom of God  
through patient prayer and charity. Amen

St Edward, Pray for us

*Edward the Confessor was a man of great prayer - rather like a crowned monk. He was hailed throughout his life as a gentle, loyal and devoted king. He was born in Islip, near Oxford, probably in 1005. He was an enigmatic figure who was believed to have the power to heal. He began the royal custom of touching sick people to cure them. The tradition continued for nearly 700 years until the reign of Queen Anne. Edward the Confessor died on January 5 1066. He was canonised in 1161 and his body was translated to a shrine at Westminster Abbey in 1163. In the centuries that followed many sick people came to kneel at the shrine and ask to be healed. Richard II prayed there too, asking for strength before the Peasants' Revolt in 1381. Today Edward the Confessor is the only major English saint whose body is still in its shrine which survived the attacks of the reformation.*

## Friday – Week 28

St Callistus, Pope and Martyr

### Collect:

May Your grace, O Lord, we pray,  
at all times go before us and follow after  
and make us always determined  
to carry out good works.

Through our Lord Jesus Christ, Your Son,  
who lives and reigns with You in the unity of the Holy Spirit,  
God, for ever and ever. Amen.

**Today's Gospel reading:** Luke 12:1-7

### Today's Prayer:

Lord, source of eternal life and truth,  
give to Your shepherd, Pope Francis,  
a spirit of courage and right judgement,  
a spirit of knowledge and love.

By governing with fidelity those entrusted to his care may he,  
as successor to the apostle Peter and vicar of Christ,  
build Your Church  
into a sacrament of unity, love, and peace for all the world.  
We ask this through Jesus Christ, our Lord. Amen.

St Callistus, Pray for us

*St Callistus was a slave for a Roman who worked for Caesar. He was put in charge of the bank by his master. He managed to lose the money deposited and in fear he fled. He was caught and sent to prison. He was released and told to try to recover the money. He was arrested after getting into a brawl in a Jewish synagogue. He was then sent to Sardinia to work in the mines. The mistress of the emperor was able to influence his release. Callistus became superintendent of the cemetery of St. Callistus. He was ordained a deacon by the Pope and became the friend and adviser of the Pope. When the pope died, Callistus was elected to be Bishop of Rome with a majority vote. This led to a schism with his rival St. Hippolytus who became the first anti-pope. Hippolytus accused Pope Callistus of sympathizing with heretics. He also disagreed with Pope Callistus' teaching about the power of Divine Mercy in the sacrament of confession. In the year 236, both Pope Callistus and Hippolytus were martyred during an uprising in Rome. They were both canonized as saints. It is believed that Hippolytus made peace with the church before his death..*

*St Callistus is the first pope after St. Peter to be honoured as a martyr.*

## Saturday – St Teresa of Jesus (Avila)

Patron saint against headaches, against sickness, for lace makers and the patroness of Spain

### Collect:

O God, who through Your Spirit  
raised up Saint Teresa of Jesus  
to show the Church the way to seek perfection,  
grant that we may always be nourished  
by the food of her heavenly teaching  
and fired with longing for true holiness.  
Through our Lord Jesus Christ, Your Son,  
who lives and reigns with You in the unity of the Holy Spirit,  
One God, for ever and ever. Amen.

**Today's Gospel reading:** John 15:1-8

### Today's Prayer:

Lord, grant that I may always allow myself to be guided by You,  
always follow Your plans,  
and perfectly accomplish Your Holy Will.  
Grant that in all things, great and small,  
today and all the days of my life,  
I may do whatever You require of me.  
Help me respond to the slightest prompting of Your Grace,  
so that I may be Your trustworthy instrument for Your honour.  
May Your Will be done in time and in eternity by me,  
in me, and through me. Amen.

*St Teresa of Jesus (28<sup>th</sup> March 1515 – 15<sup>th</sup> October 1582)*

Saint Teresa of Avila, Pray for us

*Saint Teresa of Avila was born on March 28, 1515 in Avila, Spain. She was well educated at home by her parents, where she developed her love for the Holy Mother Mary and the saints. At 17 her father resisted her entry into religious life, so she left without informing anyone and entered a Carmelite house. After taking her vows she became ill there and spent many years in prayer. She experienced visions that were pronounced true by St Francis Borgia. Though never fully recovering her health she worked tirelessly to reform and found the convents of St John of Avila. Saint Teresa is best known for her extensive writings on the Counter Reformation and prayer life. Her books 'Interior Castle' and 'Way of Perfection' have helped many believers since their publication. The symbols related to her are a book, a heart and an arrow.*