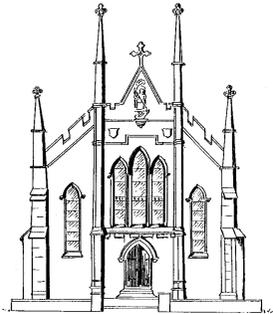


# DAILY PRAYERS MOST HOLY TRINITY



**HOLY TRINITY & ST GEORGE  
CATHOLIC CHURCH**  
Serving Kendal and Sedbergh

**[www.kendalcatholicchurch.uk](http://www.kendalcatholicchurch.uk)**

## Sunday – Trinity Sunday

### **Collect:**

God our Father, who by sending into the world the Word of truth and the Spirit of sanctification made known to the human race Your wondrous mystery, grant us, we pray, that in professing the true faith, we may acknowledge the Trinity of eternal glory and adore Your Unity, powerful in majesty. Through our Lord Jesus Christ, Your Son, who lives and reigns with You in the unity of the Holy Spirit, God, for ever and ever. Amen.

**Today's Gospel reading:** John 16:12-15

**Today's prayer:** A Prayer for Our Parish on our feast day:

Loving Father,  
You so loved the world that You sent us Your only Son,  
that we might believe in Him and have eternal life.  
May we encounter Jesus Christ anew this day  
and live the Good News with joy.  
Through the power of Your Holy Spirit,  
help us to "go out to the whole world and proclaim"  
our faith with confidence.  
Give us the courage to witness the Joy of the Gospel  
by our words and actions.  
Help our parish to become more welcoming and missionary,  
so that You may be known and loved by all people.  
We make this prayer through Our Lord Jesus Christ Your Son,  
who lives and reigns with You and the Holy Spirit,  
God for ever and ever. Amen.

Glory be to the Father, and to the Son and to the Holy Spirit  
As it as in the beginning, is now and ever shall be  
World without end. Amen.

St George, Pray for us  
St John Boste and all you holy matyrs of Westmorland, Pray for us

## Monday – St Anthony of Padua

Patron saint for the recovery of lost items.

### Collect:

Almighty ever-living God,  
who gave Saint Anthony of Padua to Your people  
as an outstanding preacher  
and an intercessor in their need,  
grant that, with his assistance,  
as we follow the teachings of the Christian life,  
we may know Your help in every trial.  
Through our Lord Jesus Christ, Your Son,  
who lives and reigns with You in the unity of the Holy Spirit,  
God, for ever and ever. Amen.

**Today's Gospel reading:** Matthew 5:38-42

### Today's prayer:

*Popular tradition tells us that St Anthony gave this prayer to a poor woman who sought help against the temptations of the devil. We can use it to help us overcome any temptations that may prevent us from being the person God's intends us to be.*

*Pope Sixtus V, who was a Franciscan, engraved this prayer (also known as the 'Motto of St. Anthony') at the base of the obelisk he erected in St Peter's Square in Rome - the obelisk and the engraved prayer are still there.*

Behold the Cross of the Lord!  
Be gone all evil powers!  
The Lion of the tribe of Judah,  
The root of David has conquered! Alleluia!

St Anthony, Pray for us

*St Anthony of Padua or St Anthony of Lisbon was a Portuguese Franciscan.  
He was born (15<sup>th</sup> August 1195) and raised  
by a wealthy family in Lisbon, Portugal  
and died in Padua, Italy (13<sup>th</sup> June 1231, Padua, Italy)*

## Tuesday – Week 11

### Collect:

O God, strength of those who hope in You,  
graciously hear our pleas,  
and, since without You mortal frailty can do nothing,  
grant us always the help of Your grace,  
that in following Your commands  
we may please You by our resolve and our deeds.  
Through our Lord Jesus Christ, Your Son,  
who lives and reigns with You in the unity of the Holy Spirit,  
God, for ever and ever. Amen.

**Today's Gospel reading:** Matthew 5:43-48

### Today's prayer:

A Prayer for Strength

O Mighty God,  
You are the everlasting God.  
You alone give power to the weak  
and strength to those who have none.  
Lord, You tell me that  
those who wait on You will renew their strength.  
I am before You Lord with my arms outstretched  
and nothing to offer but my trust in You.  
but with You at my side I can go forward.  
Be with me in all I do this day.

## Wednesday – Week 11

### Collect:

O God, strength of those who hope in You,  
graciously hear our pleas,  
and, since without You mortal frailty can do nothing,  
grant us always the help of Your grace,  
that in following Your commands  
we may please You by our resolve and our deeds.  
Through our Lord Jesus Christ, Your Son,  
who lives and reigns with You in the unity of the Holy Spirit,  
God, for ever and ever. Amen.

**Today's Gospel reading:** Matthew 6:1-6,16-18

### Today's prayer:

A Prayer for Compassion

Heavenly Father,  
Your Word tells us how You show compassion  
on all Your children  
and subdue their sins and failings.  
Lord, I seek Your compassion and forgiveness in my life.  
I pray for You to subdue my sins  
and cast them into the depths of the sea.  
Thank You for sending Jesus to die on the Cross  
in order to make this possible in my life.  
Iow in the light and love of His resurrection  
may I, this day, and always,  
show that same compassion and forgiveness which You show to me  
to my family, my friends and my neighbours.

## Thursday – Week 11

St Richard of Chichester

Bishop

Patron saint of Coachmen! (*due to the time he spent caring for his brother's farm where he skillfully handled the horse-drawn wagons before going to Oxford to train to be a priest.*)

### Collect:

O God, strength of those who hope in You,  
graciously hear our pleas,  
and, since without You mortal frailty can do nothing,  
grant us always the help of Your grace,  
that in following Your commands  
we may please You by our resolve and our deeds.  
Through our Lord Jesus Christ, Your Son,  
who lives and reigns with You in the unity of the Holy Spirit,  
God, for ever and ever. Amen.

**Today's Gospel reading:** Matthew 6:7-15

**Today's prayer:** St Richard's Prayer

Thanks be to You, our Lord Jesus Christ,  
for all the benefits which You have given us,  
for all the pains and insults which You have borne for us.  
Most merciful Redeemer, Friend and Brother,  
may we know You more clearly,  
love You more dearly,  
and follow You more nearly,  
day by day. Amen.

St Richard of Chichester, Pray for us

*St Richard of Chichester, (born around 1197 in Droitwich Spa) also known as St Richard de Wych, was the Bishop of Chichester. He died on 3rd April 1253 in Dover. In Chichester Cathedral there was a shrine was dedicated to Richard it became a famous centre of pilgrimage and was until 1538 when it was plundered and destroyed by order of Thomas Cromwell.*

## Friday – Week 11

### Collect:

O God, strength of those who hope in You,  
graciously hear our pleas,  
and, since without You mortal frailty can do nothing,  
grant us always the help of Your grace,  
that in following Your commands  
we may please You by our resolve and our deeds.  
Through our Lord Jesus Christ, Your Son,  
who lives and reigns with You in the unity of the Holy Spirit,  
God, for ever and ever. Amen.

**Today's Gospel reading:** Matthew 6:19-23

### Today's prayer:

A Prayer to Hold Fast

Precious Lord Jesus,  
You are my hope.  
Your word tells me to hold fast  
to the confession of my hope without wavering  
because You are always faithful.  
Lord, I confess that my hope can waver,  
even though I try to hold fast.  
Please take this promise that You have given me  
and write it permanently in my mind and in my heart.  
Fill me with Your hope and help me not to waver.

## Saturday – Week 11

### Collect:

O God, strength of those who hope in You,  
graciously hear our pleas,  
and, since without You mortal frailty can do nothing,  
grant us always the help of Your grace,  
that in following Your commands  
we may please You by our resolve and our deeds.  
Through our Lord Jesus Christ, Your Son,  
who lives and reigns with You in the unity of the Holy Spirit,  
God, for ever and ever. Amen.

**Today's Gospel reading:** Matthew 6:24-34

### Today's prayer:

A Prayer for God's Love

O, Mighty God,  
I know Your steadfast love for me is real,  
but there are times when I can't feel it.  
I know You sent Jesus to die and pay the price for my sins  
because You did not want us to be separated.  
Keep Your eye upon me,  
deliver me from death,  
and keep me in Your presence forever.  
Thank You for watching over us all in love.