



Today is our celebration that Jesus is present always with us, in signs we can recognise but not understand. It is a feast of the mystery of his presence, always close to his people.



The Mass is a sacred meal as well as a sacrifice. Its elements are bread and wine. It nourishes the soul and spirit and is the source and summit of the whole Christian life. Wine symbolises celebration,

joy, festivity. Bread is the staff of life. The aroma of fresh bread is the smell of healthy living. We hunger for it. Bread and wine bring people together around a table. Differences are set aside, at least for the time being! Goodwill prevails. Visions are shared. Individual kernels of wheat were crushed to become one loaf. Single grapes were crushed to become wine the life blood of celebration. These are symbolic elements that point towards what is meant to happen when the Eucharist is celebrated.

Fresh bread and seasoned wine represent all that's good – a life with family and friends where the joy of love and being alive is celebrated. At Mass, bread and wine are held up to be blessed with a blessing deep enough to draw our attention to the presence of him who died and rose again so we might taste the very fullness of life. To taste the bread and drink the wine of the eucharist is to take into ourselves the body and blood and whole reality of Jesus Christ. The eucharist joins us to all believers, to the whole mystical body of Christ. Through it we are nourished and strengthened to care for one another.

We are told in the Gospel today that "Jesus made the crowds welcome and talked to them about the kingdom of God." Because we are followers of Christ we are welcomers of others no matter who they are. Hospitality has been a hallmark of Christianity from the beginning. We are people who bring the kingdom of God to others by enacting it ourselves and showing to others what it looks like – though our kindness, goodness, gentleness and patience – cf. Galatians 5:22ff. People today, especially young people, want to see Christianity in action; they're looking for a believable Gospel.

Fr. Joe Walsh

ENTRANCE ANTIPHON

He fed them with the finest wheat and satisfied them with honey from the rock.

PENITENTIAL ACT

Lord Jesus, you are mighty God and prince of peace:

Lord, have mercy. **Lord, have mercy.**

Lord Jesus, you are Son of God and Son of Mary:

Christ, have mercy. **Christ, have mercy.**

Lord Jesus, you are Word made flesh and splendour of the Father:

Lord, have mercy. **Lord, have mercy.**

May almighty God ave mercy on us... **Amen.**



THE GLORIA

Glory to God in the highest, and on earth peace to people of good will. We praise you, we bless you, we adore you, we glorify you, we give you thanks for your great glory, Lord God, heavenly King, O God, almighty Father.

Lord Jesus Christ, Only Begotten Son, Lord God, Lamb of God, Son of the Father, you take away the sins of the world, have mercy on us;

you take away the sins of the world, receive our prayer;

you are seated at the right hand of the Father, have mercy on us.

For you alone are the Holy One, you alone are the Lord,

you alone are the Most High, Jesus Christ, with the Holy Spirit, in the glory of God the Father. Amen.

OPENING PRAYER

O God, who in this wonderful Sacrament have left us a memorial of your Passion, grant us, we pray, so to revere the sacred mysteries of your Body and Blood that we may always experience in ourselves the fruits of your redemption.

Who live and reign with God the Father

LITURGY OF THE WORD

FIRST READING Genesis 14: 18-20

A reading from the book of Genesis

Melchizedek king of Salem brought bread and wine; he was a priest of God Most High. He pronounced this blessing:

'Blessed be Abraham by God Most High, creator of heaven and earth,

and blessed be God Most High for handing over your enemies to you.'

And Abraham gave him a tithe of everything.

The word of the Lord. Thanks be to God.

RESPONSORIAL PSALM Ps 109: 1-4

R. You are a priest forever, a priest like Melchizedek of old.

1. The Lord's revelation to my Master:

'Sit on my right:



I will put your foes beneath your feet. **[R]**

2. The Lord will send from Zion your sceptre of power: rule in the midst of all your foes. **[R]**

3. A prince from the day of your birth on the holy mountains; From the womb before the daybreak I begot you. **[R]**

4. The Lord has sworn an oath he will not change. 'You are a priest forever, a priest like Melchizedek of old.' **[R]**

SECOND READING 1 Cor. 11: 23-26

A reading from the first letter of St. Paul to the Corinthians

This is what I received from the Lord, and in turn passed on to you: that on the same night that he was betrayed, the Lord Jesus took some bread, and thanked God for it and broke it, and he said, 'This is my body, which is for you; do this as a memorial of me.' In the same way he took the cup after supper and said, 'This cup is the new covenant in my blood. Whenever you drink it, do this as a memorial of me.' Until the Lord comes, therefore, every time you eat this bread and drink this cup, you are proclaiming his death.

The word of the Lord. Thanks be to God.

GOSPEL ACCLAMATION

Alleluia, alleluia! I am the living bread which has come down from heaven, says the Lord. Anyone who eats this bread will live forever. Alleluia!

GOSPEL Luke 9: 11-17

A reading from the holy Gospel according to Luke

Jesus made the crowds welcome and talked to them about the kingdom of God; and he cured those who were in need of healing.

It was late afternoon when the Twelve came to him and said, 'Send the people away, and they can go to the villages and farms round about to find lodging and food; for we are in a lonely place here.' He replied, 'Give them something to eat yourselves.' But they said, 'We have no more than five loaves and two fish, unless we are to go ourselves and buy food for all these people.' For there were about five thousand men. But he said to his disciples, 'Get them to sit down in parties of about fifty.' They did so and made them all sit down. Then he took the five loaves and the two fish, raised his eyes to heaven, and said the blessing over them; then he broke them and handed them to his disciples to distribute among the crowd. They all ate as much as they wanted, and when the scraps remaining were collected they filled twelve baskets.

The Gospel of the Lord. Praise to you Lord Jesus Christ.

NICENE CREED

I believe in one God, the Father almighty, maker of heaven and earth, of all things visible and invisible. I believe in one Lord Jesus Christ, the Only Begotten Son of God, born of the Father before all ages.

God from God, Light from Light, true God from true God, begotten, not made, consubstantial with the Father; through him all things were made. For us men and for our salvation he came down from heaven, All bow for following three lines:

and by the Holy Spirit was incarnate of the Virgin Mary, and became man. For our sake he was crucified under Pontius Pilate, he suffered death and was buried, and rose again on the third day in accordance with the Scriptures.

He ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead and his kingdom will have no end.

I believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is adored and glorified, who has spoken through the prophets. I believe in one, holy, catholic and apostolic Church.

I confess one Baptism for the forgiveness of sins and I look forward to the resurrection of the dead and the life of the world to come. Amen.

LITURGY OF THE EUCHARIST

PRAYER OVER THE OFFERINGS

Grant your Church, O Lord, we pray, the gifts of unity and peace, whose signs are to be seen in mystery in the offerings we here present. Through Christ our Lord.

AFTER THE CONSECRATION

When we eat this Bread and drink this Cup, we proclaim your Death, O Lord, until you come again.

COMMUNION ANTIPHON

Whoever eats my flesh and drinks my blood remains in me and I in him says the Lord.

PRAYER AFTER COMMUNION

Grant, O Lord, we pray, that we may delight for all eternity in that share in your divine life, which is foreshadowed in the present age by our reception of your precious Body and Blood.

Who live and reign for ever and ever.