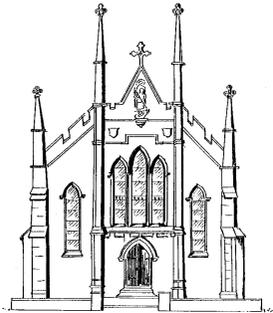


DAILY PRAYERS FIFTH SUNDAY IN LENT



**HOLY TRINITY & ST GEORGE
CATHOLIC CHURCH**
Serving Kendal and Sedbergh

www.kendalcatholicchurch.uk

Sunday – Lent Week 5 – Passiontide

From today our attention is drawing closer and closer to the events of Holy Week

Collect:

By Your help, we beseech You, Lord our God,
may we walk eagerly in that same charity
with which, out of love for the world,
Your Son handed Himself over to death.
Through our Lord Jesus Christ, Your Son,
who lives and reigns with You in the unity of the Holy Spirit,
God, for ever and ever. Amen.

Today's Gospel reading: John 8:1-11

*Both this week and next we follow The Stations of the Cross by
St Alphonsus Liguori*

The First Station: Jesus Is Condemned to Death

We adore You, O Christ, and we bless You.
Because by Your Holy Cross You have redeemed the world.

Meditation: Jesus, after having been scourged
and crowned with thorns, was unjustly
condemned by Pilate to die on the Cross.

Prayer: Jesus, it is because of my sins that You are going to die. Through
the
merits of Your sorrowful journey, help me in my journey to Heaven.

Contrition: I love You, Jesus, my love above all things,
I repent with my whole heart for having offended You.
Never permit me to separate myself from You again.
Grant that I may love You always
and then do with me what You will.

Our Father...

Monday – Lent Week 5

Collect:

O God, by whose wondrous grace
we are enriched with every blessing,
grant us so to pass from former ways to newness of life,
that we may be made ready for the glory of the heavenly Kingdom.
Through our Lord Jesus Christ, Your Son,
who lives and reigns with You in the unity of the Holy Spirit,
God, for ever and ever. Amen.

Today's Gospel reading: John 8:12-20

The Second Station: Jesus Is Made to Carry His Cross

We adore You, O Christ, and we bless You.
Because by Your Holy Cross You have redeemed the world.

Meditation: Jesus, in making this journey
With the Cross on His shoulders, thought of us,
and offered for us, to His Father, the death
that He was about to undergo.

Prayer: Jesus, I embrace all the suffering that You send to me.
Through the merits of Your pain in carrying Your Cross,
help me to carry my cross with patience and resignation.

Contrition: I love You, Jesus, my love above all things,
I repent with my whole heart for having offended You.
Never permit me to separate myself from You again.
Grant that I may love You always
and then do with me what You will.

Hail Mary...

Tuesday – Lent Week 5

Collect:

Grant us, we pray, O Lord,
perseverance in obeying Your will,
that in our days the people dedicated to Your service
may grow in both merit and number.
Through our Lord Jesus Christ, Your Son,
who lives and reigns with You in the unity of the Holy Spirit,
God, for ever and ever. Amen.

Today's Gospel reading: John 8:21-30

The Third Station: Jesus Falls the First Time

We adore You, O Christ, and we bless You.
Because by Your Holy Cross You have redeemed the world.

Meditation: Jesus fell for the first time under His Cross.
He had been scourged and had a crown of thorns on His head,
and the soldiers hit Him.
He was in so much pain He could barely walk,
but He had to carry that heavy Cross.

Prayer: Jesus, the weight of my sins
adds to Your suffering and makes it infinitely worse.
Through the merits of Your first fall,
deliver me from falling into grave sin.

Contrition: I love You, Jesus, my love above all things,
I repent with my whole heart for having offended You.
Never permit me to separate myself from You again.
Grant that I may love You always
and then do with me what You will.

Our Father...

Wednesday – Lent Week 5

Collect:

Enlighten, O God of compassion,
the hearts of Your children, sanctified by penance,
and in Your kindness grant those You stir to a sense of devotion
a gracious hearing when they cry out to You.
Through our Lord Jesus Christ, Your Son,
who lives and reigns with You in the unity of the Holy Spirit,
God, for ever and ever. Amen.

Today's Gospel reading: John 8:31-42

The Fourth Station: Jesus Meets His Blessed Mother

We adore You, O Christ, and we bless You.
Because by Your Holy Cross You have redeemed the world.

Meditation: Jesus met His Mother, Mary, along His journey.
They loved each other so deeply.

Prayer: Jesus, through the sorrow and joy
you had in meeting your Mother, Mary,
help me to be truly devoted to her.
Mary, help me to remember in my heart
the suffering your Son underwent for me.

Contrition: I love You, Jesus, my love above all things,
I repent with my whole heart for having offended You.
Never permit me to separate myself from You again.
Grant that I may love You always
and then do with me what You will.

Hail Mary...

Thursday – Lent Week 5

Collect:

Be near, O Lord, to those who plead before you,
and look kindly on those who place their hope in your mercy,
that, cleansed from the stain of their sins,
they may persevere in holy living
and be made full heirs of your promise.
Through our Lord Jesus Christ, Your Son,
who lives and reigns with You in the unity of the Holy Spirit,
God, for ever and ever. Amen.

Today's Gospel reading: John 8:51-59

The Fifth Station: Simon of Cyrene Helps Jesus Carry His Cross

We adore You, O Christ, and we bless You.
Because by Your Holy Cross You have redeemed the world.

Meditation: When the Jews saw how weak Jesus was,
they feared He might die on the way, before He was crucified,
so they forced a man named Simon the Cyrenian
to carry the Cross behind our Lord.

Prayer: Jesus, I accept the cross You give to me,
and I accept how You want me to live and die.
I offer all my joys, sufferings and troubles to You.

Contrition: I love You, Jesus, my love above all things,
I repent with my whole heart for having offended You.
Never permit me to separate myself from You again.
Grant that I may love You always
and then do with me what You will.

Our Father...

Friday – Lent Week 5

Collect:

Pardon the offenses of Your peoples, we pray, O Lord,
and in Your goodness set us free
from the bonds of the sins
we have committed in our weakness.
Through our Lord Jesus Christ, Your Son,
who lives and reigns with You in the unity of the Holy Spirit,
God, for ever and ever. Amen.

Today's Gospel reading: John 10:31-42

The Sixth Station: Veronica Wipes the Face of Jesus

We adore You, O Christ, and we bless You.
Because by Your Holy Cross You have redeemed the world.

Meditation: A woman named Veronica,
Seeing Jesus suffering so much,
and sweat and blood dripping down His face,
gave Him a towel to wipe His face.
By a miracle, He left an image of His face on the towel.

Prayer: Jesus, Your face was once clean and good to look upon,
but pain, blood and sweat disfigured it,
and Veronica wiped Your face clean.
My soul was once clean
and beautiful when I was baptized, but sin disfigured it.
Through Your suffering,
wipe my soul clean again.

Contrition: I love You, Jesus, my love above all things,
I repent with my whole heart for having offended You.
Never permit me to separate myself from You again.
Grant that I may love You always
and then do with me what You will.

Hail Mary...

Saturday – Lent Week 5

Collect:

O God, who have made all those reborn in Christ
a chosen race and a royal priesthood,
grant us, we pray, the grace to will and to do what You command,
that the people called to eternal life
may be one in the faith of their hearts and the homage of their deeds.
Through our Lord Jesus Christ, Your Son,
who lives and reigns with You in the unity of the Holy Spirit,
God, for ever and ever. Amen.

Today's Gospel reading: John 11:45-56

The Seventh Station: Jesus Falls for the Second Time

We adore You, O Christ, and we bless You.
Because by Your Holy Cross You have redeemed the world.

Meditation: Jesus fell the second time under weight of the Cross.
The fall renews all the pain in His body
and makes His head and heart throb.

Prayer: Jesus, so many times You have forgiven me,
and so many times I have sinned again.
Through the merits of Your second fall,
help me and preserve me in Your grace until I die.
Help me to call on You every time I am tempted.

Contrition: I love You, Jesus, my love above all things,
I repent with my whole heart for having offended You.
Never permit me to separate myself from You again.
Grant that I may love You always
and then do with me what You will.

Our Father...