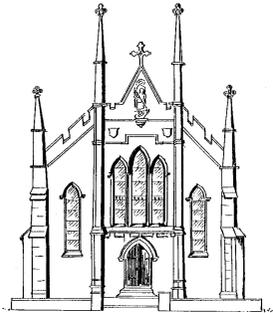


# DAILY PRAYERS THIRD SUNDAY IN LENT



**HOLY TRINITY & ST GEORGE  
CATHOLIC CHURCH**  
Serving Kendal and Sedbergh

**[www.kendalcatholicchurch.uk](http://www.kendalcatholicchurch.uk)**

## Sunday – Lent Week 3

### Collect:

O God, author of every mercy and of all goodness,  
who in fasting, prayer and almsgiving  
have shown us a remedy for sin,  
look graciously on this confession of our lowliness,  
that we, who are bowed down by our conscience,  
may always be lifted up by Your mercy.  
Through our Lord Jesus Christ, Your Son,  
who lives and reigns with You in the unity of the Holy Spirit,  
God, for ever and ever. Amen.

**Today's Gospel reading:** Luke 13:1-9

### Today's prayer:

Loving God, we pray for the people of Ukraine,  
for all those suffering or afraid,  
that You will be close to them and protect them.  
We pray for world leaders,  
for compassion, strength and wisdom to guide their choices.  
We pray for the world  
that in this moment of crisis,  
we may reach out in solidarity  
to our brothers and sisters in need.  
May we walk in Your ways  
so that peace and justice  
become a reality for the people of Ukraine  
and for all the world. Amen.

*CAFOD prayer*

God grant me the serenity to accept the things I cannot change,  
courage to change the things I can,  
and the wisdom to know the difference,  
living one day at a time;  
enjoying one moment at a time;  
taking this world as it is and not as I would have it;  
trusting that You will make all things right if I surrender to Your will;  
so that I may be reasonably happy in this life  
and supremely happy with You forever in the next. Amen.

*Reinhold Niebuhr (1892–1971)*

## Monday – Lent Week 3

### Collect:

May Your unfailing compassion, O Lord,  
cleans and protect Your Church,  
and, since without You she cannot stand secure,  
may she be always governed by Your grace.  
Through our Lord Jesus Christ, Your Son,  
who lives and reigns with You in the unity of the Holy Spirit,  
God, for ever and ever. Amen.

**Today's Gospel reading:** Luke 4:24-30

### Today's prayer:

*St George, the patron saint of England, has had a long history of veneration in Ukraine and remains very popular among Ukrainian Christians. The short prayer is part of the liturgy for the Feast of St George in the Ukrainian Catholic Church.*

You fought the good fight with faith,  
O Martyr of Christ, St George;  
you exposed the perversion of the persecutors  
and offered an acceptable sacrifice to God.  
Therefore, you also received a crown of victory  
and through your prayers, O Holy One,  
obtained the forgiveness of sins for all.

St George, Pray for the people of Ukraine  
St George, Pray for all peoples  
St George, Pray for all our parish

## Tuesday – Lent Week 3

### Collect:

May Your grace not forsake us, O Lord, we pray,  
but make us dedicated to Your holy service  
and at all times obtain for us Your help  
Through our Lord Jesus Christ, Your Son,  
who lives and reigns with You in the unity of the Holy Spirit,  
God, for ever and ever. Amen.

**Today's Gospel reading:** Matthew 18:21-35

### Today's prayer:

Hear my voice,  
for it is the voice of the victims of all wars and violence  
among individuals and nations.  
Hear my voice, for it is the voice of all children who suffer  
and will suffer when people put their faith in weapons and war.  
Hear my voice when I beg You to install into the hearts of all human beings  
the wisdom of peace, the strength of justice, and the joy of fellowship.  
Hear my voice, for I speak for the multitudes in every country  
and in every period of history  
who do not want war and are ready to walk the road of peace.  
Hear my voice and grant insight and strength  
so that we may always respond to hatred with love,  
to injustice with total dedication to justice,  
to need with the sharing of self,  
to war with peace.  
O God, hear my voice and grant to the world  
Your everlasting peace. Amen.

*Pope St John Paul II (1920 – 2005)*

## Wednesday – Lent Week 3

St Turibius of Mongrovejo, Bishop - Patron Saint of Latin American

### Collect:

Grant, we pray, O Lord,  
that, schooled through Lenten observance  
and nourished by Your word,  
through holy restraint  
we may be devoted to You with all our heart  
and be ever united in prayer.  
Through our Lord Jesus Christ, Your Son,  
who lives and reigns with You in the unity of the Holy Spirit,  
God, for ever and ever. Amen.

**Today's Gospel reading:** Matthew 5:17-19

### Today's prayer:

A prayer for those who are hungry

Almighty God,  
it is difficult to see children suffer,  
especially from hunger.  
We pray for You to give the hungry daily bread today  
and end their persistent hunger.  
Provide the food they need to grow and thrive.  
Pour out Your grace on hungry families,  
especially parents straining to feed their children  
despite dwindling resources.  
Through Christ Our Lord. Amen.

God, we pray that through the intercessions of St Nicholas  
you will guide and protect all children.  
Keep them safe from all harm and help them grow  
to become loving disciples of Jesus in Your sight.  
Give them strength to always mature into deeper faith in You,  
and to keep alive joy in Your creation.  
Through Christ Our Lord. Amen.

St Nicholas, protect all the children of Ukraine  
St Nicholas, protect and guide the people of Russia

*St Nicholas (270 to 343) was an early champion of ending hunger,  
a patron saint of children and patron saint of Russia*

## Thursday – Lent Week 3

### Collect:

We implore Your majesty most humbly, O Lord,  
that, as the feast of our salvation draws ever closer,  
so we may press forward all the more eagerly  
towards the worthy celebration of the Paschal Mystery.  
Through our Lord Jesus Christ, Your Son,  
who lives and reigns with You in the unity of the Holy Spirit,  
God, for ever and ever. Amen.

**Today's Gospel reading:** Luke 11:14-23

### Today's prayer:

O Lord fill our heart with peace.  
Let peace return,  
O Lord please bless our hearts with love,  
our minds with rest,  
our bonds with unity and trust.  
Help us to kneel now at Your Cross.  
Let peace return,  
O Lord refill our world with gentle words  
until it becomes a sanctuary,  
a harbor safe,  
a hope retreat.

## Friday – The Annunciation of the Lord

### Collect:

O God, who willed that Your Word should take on the reality of human flesh in the womb of the Virgin Mary, grant, we pray, that we, who confess our Redeemer to be God and man, may merit to become partakers even in His divine nature. Who lives and reigns with You in the unity of the Holy Spirit, God, for ever and ever. Amen.

**Today's Gospel reading:** Luke 1:26-38

### Today's prayer:

Kneeling at your feet, O Mother of God and Queen of Peace, we confidently turn to you in our need, seeking your intercession for peace of mind and comfort in our troubled world  
O listen to us, O Heavenly Mother.  
Come to our aid and refuse us not as we cry to you.  
For you are our Mother,  
and you fail no one who has recourse to you,  
O Consoler of the afflicted,  
O Queen of Peace. Amen.

### The Angellus:

The Angel of the Lord declared to Mary:  
And she conceived of the Holy Spirit. Hail Mary...

Behold the handmaid of the Lord:  
Be it done unto me according to Your word. Hail Mary...

And the Word was made Flesh:  
And dwelt among us. Hail Mary...

Pray for us, O Holy Mother of God,  
that we may be made worthy of the promises of Christ.

Let us pray: Pour forth, we beseech You, O Lord, Your grace into our hearts; that we, to whom the incarnation of Christ, Your Son, was made known by the message of an angel, may by His Passion and Cross be brought to the glory of His Resurrection, through the same Christ Our Lord. Amen.

## Saturday – Lent Week 3

### Collect:

Rejoicing in this annual celebration of our Lenten observance, we pray, O Lord, that, with our hearts set on the Paschal mysteries, we may be gladdened by their full effects. Through our Lord Jesus Christ, Your Son, who lives and reigns with You in the unity of the Holy Spirit, God, for ever and ever. Amen.

**Today's Gospel reading:** Luke 18:9-14

### Today's prayer:

Lord, the wonder of the resurrection of Your Son brings us new life and renewed hope. As we continue our Lenten journey, in a darkened world, help us to live as new people in pursuit of the Christian ideal. Grant us wisdom to know what we must do, the will to want to do it, the courage to undertake it, the perseverance to continue to do it, and the strength to complete it.