

ROTAS:

COFFEE: SVP (Sunday 5th December)
COUNTERS: Stephen Shaw (w/c 5th December) *Thank you.*
CHILDREN'S LITURGY: Sarah Banks & Anne White (Sunday 5th December)

COFFEE & REFRESHMENTS: Sundays after 10am Mass.
PRAYER MEETINGS: Wednesdays at 7.30pm in the parish centre.
CENACOLO PRAYERS: Thursdays from 6pm in the parish centre.
DIVINE MERCY CHAPLET is recited at 3pm each Friday, in church.
PIETY SHOP open Saturday evenings and Sunday mornings.

OUR 'LIVE SIMPLY' TIPS FOR THIS WEEK:

Used teabags

- Pop into smelly shoes to deodorise them
- Keep your cast iron cookware rust-free by wiping it with a damp, black used tea bag after every use
- Place a couple of used tea bags in an open container in your fridge. The tea bags will soak up any unwanted odours leaving your fridge smelling fresh and clean.
- Tear open used tea bags and dig into your compost bin or around plants in your garden. This adds that nitrogen-rich component to the compost, balancing the carbon-rich materials.

LIVE SIMPLY RECIPE BOOK: As one small part of the Live Simply programme we would like to continue putting together our recipe book with vegetarian and vegan recipes as well as recipes that use up leftovers. Anyone who has some good ideas can email in to the parish office or hand them in at mass. Many thanks.



DOUBLE THE LOVE THIS CHRISTMAS: From 1st November to 31st January every gift given to Mary's Meals will be doubled by a group of supporters, up to £1.6m. This means a gift of £15.90 will feed, not one, but **two** children, a life-changing daily meal for a **whole** school year! Your kindness helps more than two million children in 19 countries including those affected by natural disasters, conflict and the ongoing Covid pandemic. For more information, please visit www.marysmeals.org.uk.

RIGHT TO LIFE PRAYER for 28th November: "As we ponder the hope found in the second coming of our saviour, we pray for all those in need of hope. We pray especially for those contemplating having an abortion, that they would be reminded of the hope God brings and His fundamental desire for our good. We pray also that as a society we would become channels of God's hope, providing support to all pregnant women. Lord hear us"



**HOLY TRINITY & ST GEORGE
CATHOLIC CHURCH**
Serving Kendal and Sedbergh
FIRST SUNDAY OF ADVENT
28TH NOVEMBER 2021

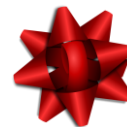
TODAY'S READINGS: *Be sure: your liberation...*

The days of Advent are some of the darkest days of the year, days in which we long for more daylight! So it is right that we see Advent as a season of hope because it reminds us that the dark days will indeed come to an end, and light, especially the Light of Christ, will triumph over the darkness. Hatred, racism, indifference to human suffering and such negative responses all contribute to the dark times of the world; these too will end. We, as individuals and as member of the Church, are called to transform hatred into love, darkness into light. This is not simply our Advent task but our daily task. Advent assures us that God's will, will be done and for that to happen we must first welcome Him into our lives. We need to surrender any negative feelings we may harbour towards anyone; for as long as they remain within us, we are putting ourselves out into a dark spiritual winter. We must fight off such cold and darkness by embracing the warmth of God's love and the light of His life. We cannot allow past hurts and present prejudices to destroy opportunities of bringing light to those in darkness, rather we must allow God's love and mercy to flow through us.

...is at hand!



CHRISTMAS FLOWERS: This year in place of flower arrangements we will be having greenery displays and taking donations for CAFOD. If you would like to donate in memory of a loved one we will be displaying a list of names on the altars at the back of church as we normally do remembering those, especially at Christmas. Please take an envelope and return in the collection plate or the presbytery. Thank you.



***CHRISTMAS RAFFLE: Hand your raffle tickets in now!
The draw will be happening next Sunday 5th December!
Fabulous prizes to be won!***

Thank you for all your generous support.

PRESBYTERY CONTACT: (01539) 720063. E-mail: kendalcatholicchurch@gmail.com
WEBSITE: www.kendalcatholicchurch.uk

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MASSES WEEK COMMENCING SUNDAY 28th NOVEMBER 2021

Sun 27 th	FIRST SUNDAY OF ADVENT
28 th	6.00 pm Vigil: Catherine Hennedy LD 10.00 am: Carol Mannix LD 12.00 noon: People of the parish at Sedbergh 6.00 pm: Pte Robert Williams & Kathleen Bland RIP
Mon 29 th	Monday of Advent week 1 NO MASS
Tues 30 th	St Andrew 12.00 noon: Requiem Mass for Pamela Smith
Wed 1 st Dec	Wednesday of Advent week 1 12.00 noon: Eucharistic Service
Thurs 2 nd	Thursday of Advent week 1 12.00 noon: William Kelly (80 th birthday wishes) (sick)
Fri 3 rd	St Francis Xavier 12.00 noon: Ellen Bolton RIP
Sat 4 th	Saturday of Advent week 1
Sun 4 th	SECOND SUNDAY OF ADVENT
5 th	6.00 pm Vigil: Deceased members of the McCabe family 10.00 am: Pam Smith RIP 12.00 noon: People of the parish at Sedbergh 6.00 pm: John Paul O'Donnell LD

SATURDAY CONFESSIONS: In confessional 5.10 – 5.40pm

We will continue to Livestream the Sunday 10am Mass which you can watch by visiting the parish website www.kendalcatholicchurch.uk

Church is open every day from 7.30am – 6.00pm

PLEASE REMEMBER IN YOUR PRAYERS:

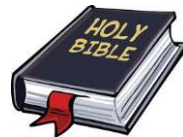
LATELY DEAD: Malcolm Nightingale, Michele De Palma.

SICK: Holly Howe, Will Flitcroft, Philip Barry, Pat Newton, Trish Hoad, Varlien Vyner-Brooks, Archie Scott, Jamie Banks Wallhead, Mary Brady, Bob Dickie, Ian Muir, Sylvia Duckworth, Winnie Edgar, Adrian Jennings, Christine Stoker, Barbara Banks, Eileen Halstead, Thomas Smith, Jane Johnson, Patrick Dolan, Mike Nicholson, Heidi Walmsley, Ken Jamieson, Edward Sykes, Judith Keep.

ANNIVERSARIES: Henry George (Peter) Chapman, Harry Melia, Claire Hartley, Kathleen Day, Bradley Kelson, Walter Fleming, Vladimir Kulakov, Geoffrey Stackhouse, Florence Colman, Dorothy Towers, Frederick Holloway, Dorothy Morris, Wilhelm Mutter, Brian Hudson, Elsie Wilson, Tad Fox, Jane O'Shea, Frances Elder, Colin Reynolds, Edward Cuniiffe.

HONOURING SUNDAY: The Bishops are now formally encouraging us to return to church on Sundays if we are able to do so. Copies of their statement are at the back of church or visit the Catholic Bishops' website: <https://www.cbcew.org.uk/>

Copies of the Bishop's Pastoral Letter for Advent are also available.



EXPLORING LUKE'S GOSPEL: Fr Hugh will be giving talks on this on Tuesdays, repeating on Saturdays. All welcome - please come along to the parish centre.

Luke 1: Tuesday 30th November, 7.30pm repeated Saturday 4th December, 10.30am.

Luke 2: Tuesday 7th, earlier time of 7pm repeated Saturday 11th, 10.30am.

Luke 3: Tuesday 14th, 7pm repeated on Saturday 18th, 10.30am.

CHRISTMAS MASSES 2021 – HOW TO BOOK A PLACE! Christmas Masses at Kendal will be as follows: 6pm Vigil Christmas Eve, Midnight Mass, Christmas Day 10am. There will be **NO** 11.30am. We can have approximately 80 - 90 people in the church at each Mass and so if you wish to come to a service I'd like to ask you to sign-up by phone or by email. For Sedbergh there will be an 8pm Vigil Mass Christmas Eve but that will be for those in Sedbergh & people staying in the area.

TIM FARRON MEETING: 6TH DECEMBER, 10AM, PARISH CENTRE: Before the Climate Change Conference we hoped to meet with Tim Farron, as a parish, about environmental matters. However, we have had to postpone this and we now have a new date of 6th December. It would be lovely to have a reasonable number there and if you can come please let me know.

KENDAL PARISH CHURCH SILENT PRAYER: All welcome to join in silent prayer during the hustle and bustle of the Christmas preparations. Drop in for as long as you wish anytime between 7.30 & 8.30pm, Tuesday 7th December in the Bellingham Chapel.

CONTEMPLATIVE CHRISTIANITY EVENT: 13th December, 6.45pm at Stricklandgate Methodist Church. Limited places so to book please email annepater49@gmail.com, tel: 07816 766176. Google '*contemplative christianity event kendal*' for details.

ALTAR SERVERS' RETREAT: 14th – 15th January at Castlerigg Manor. Open to Year 5+ (maximum age 16), £35 includes accommodation. Visit the Castlerigg website for more details or speak to Fr Hugh.

PARISH MAGAZINE: Items of an Advent/Christmas nature particularly welcome for the last magazine of 2021! Please send any contributions by 28th November. to Raymond JRaymondDaley@gmail.com or Celeste (yorkistatheart@gmail.com)

PIETY SHOP CHRISTMAS CARDS: There is a wide selection of lovely Christmas cards available to purchase from the presbytery from 10am - 1.30pm Tuesdays to Fridays, from Michelle or Kathryn.