

## READINGS 19<sup>th</sup> SUNDAY ORDINARY TIME:

*This is my body, broken for you... take it and eat it...*

We know we have a mission, and just as He did for Elijah, so God provides for us. All that we need for our mission is contained in the wonderful gift of the Eucharist. It is so easy to overlook the power and the strength of the Eucharist. Like the people in the Gospel, we can see Jesus just as a good and caring man; but that is just in beginning, there is far more to Him and to all that He gives us. If we over-emphasise just the humanity of the Lord we overlook His divinity and *vice versa*. St John's Gospel was written: *that you may believe that Jesus is the Messiah, the Son of God, and that through this belief you may have life in His Name*. The more we come to understand that the communion we receive is truly the Body and Blood of Christ, the easier it is to understand that this heavenly food is far more than a meal shared among friends. This food provides spiritual strength and nourishment which sustains us each and every day in living *life in His Name*. This food is His very body and blood. Nourished by this heavenly Manna, like Elijah, we can work confidently for the Lord.

*... and when you do, do it in love for me!*

**PLEASE REMEMBER IN YOUR PRAYERS THE SICK:** Holly Howe, Will Flitcroft, Philip Barry, Pat Newton, Trish Hoad, Margaret West, Varlien Vyner-Brooks, Archie Scott, Jamie Banks Wallhead, Mary Brady, Bob Dickie, Ian Muir, Sylvia Duckworth, Winnie Edgar, Adrian Jennings, Christine Stoker, Barbara Banks, Netta Baxter, Eileen Halstead, Thomas Smith, Jane Johnson, Malcolm Nightingale, Patrick Dolan, Mike Nicholson, Heidi Walmsley, Ken Jamieson, Edward Sykes.

**AND THE ANNIVERSARIES OF:** Robert Berry, Winifred Beck, John Bennett, Elizabeth Scott, John Hanratty, Maurice Breeze, Oliver Christian, Michael Seery, Catherine Jones, Bernadette Watts, John Wooley, Martin Corcoran, Pamela Winter, Canon William Stevenson, Ethel Green, Thomas O'Connor, Sarah Nelson, Wilfred Sherrington, Joseph Mullin, Jane Thompson, Rose Walton, Dolores Mary Tallon, Alan Ireton, Catherine Fagan, Connie Morris, Patricia Durrant, Timothy Donovan, Ethel Noble, Harry Wilson, Peter Mullin, John Nelson, Georgina Beswick, Richard Hodgson, Marian Ratajski, Norma Selby, Alexander McClean, Mary Airie, Mary Brumwell, Longin (Larry) Laska, Dominik Durrant, Francis Crawford, Peter Harrison, Irene Robinson, Derek Longmire, Angus McInnes, Fr William Magauran, Evelyn Morris.



### THE POPE'S PRAYER INTENTIONS FOR AUGUST 2021:

**The Church:** Let us pray for the Church, that She may receive from the Holy Spirit the grace and strength to reform herself in the light of the Gospel.

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HOLY TRINITY & ST GEORGE CATHOLIC CHURCH

1<sup>ST</sup> & 8<sup>TH</sup> AUGUST 2021

DOUBLE BULLETIN

## READINGS 18<sup>th</sup> SUNDAY ORDINARY TIME:

*'Where can lasting happiness be found?' - St Ignatius of Loyola asked.*

There is a difference between what we want and what we need. St Ignatius of Loyola (1491 – 1556) was a soldier; injured - as a young man - in war he was bedridden in a convent-hospital for months. He wanted to read stories of his childhood heroes, but the nuns had only stories about saints' lives. So that was to be his reading! From it he began to ask himself did he have what was necessary to be a great saint. He became so aware how much his previous reading had brought only momentary pleasure, but now, in reading the lives of the saints he found a more lasting, a deeper sense of pleasure. This would eventually bring him to the conclusions that lasting pleasure - lasting happiness - is only truly found in Jesus Christ. Jesus said the food the people were looking for in the Gospel would satisfy them only momentarily, but He offers something that will last for ever: He is the true Bread come down from Heaven, the true Manna. Rather like the people in the Gospel, and like the young Ignatius. we sometimes seek bread that perishes so quickly; Jesus encourages us today to work for what we need, not for what we think we want. We pray that we make the best of what we have and work for that which provides eternal happiness: Jesus, the Bread of Life.

*Jesus tells him and us to: 'work for food that endures to eternal life.'*

**We will be having a Penitential Service in church on Tuesday 10<sup>th</sup> August at 7pm. Please join us.**

Church now open every day from 7.30am – 6.00pm.

Confessions: Saturday evening from 5.10-5.40pm.

At weekday Masses please sign yourself in as you arrive, on the sheet available. On Sundays we will still use the attendance slips.

**AUGUST MASS TIMES:** Please look out for any changes to the Mass times throughout August as Fr Hugh will be away for part of the month.

MASSES WEEK COMMENCING SUNDAY 1<sup>ST</sup> AUGUST 2021

<b>Sun</b> 31 <sup>st</sup> 1 <sup>st</sup> August	<b>EIGHTEENTH SUNDAY IN ORDINARY TIME</b> 6.00 pm Vigil: Harry & Josie Golden Wedding Anniversary 10.00 am: Bethan & Dan Wedding <b>streamed from Church</b> 12.00 noon: (at Sedbergh) 6.00 pm: People of the parish
Mon 2 <sup>nd</sup>	<b>Monday of week 18 - NO MASS</b>
Tues 3 <sup>rd</sup>	<b>Tuesday of week 18</b> 12.00 noon Jo Higham LD
Wed 4 <sup>th</sup>	<b>St John Vianney</b> 12.00 noon: Kathleen Holloway LD
Thurs 5 <sup>th</sup>	<b>Thursday of week 18</b> <b>9.15 am:</b> Teresa Lozada RIP <b>note earlier time</b> <b>1.15 pm:</b> Funeral Service for George Alan Braithwaite
Fri 6 <sup>th</sup>	<b>The Transfiguration of the Lord</b> 12.00 noon: Betty Houghton LD
Sat 7 <sup>th</sup>	<b>St Edmund Arrowsmith, St Ambrose Barlow &amp; companions Lancaster Martyrs</b>

MASSES WEEK COMMENCING SUNDAY 8<sup>TH</sup> AUGUST 2021

<b>Sun</b> 7 <sup>th</sup> 8 <sup>th</sup>	<b>NINETEENTH SUNDAY IN ORDINARY TIME</b> 6.00 pm Vigil: Georgina & Joe Beswick 10.00 am: Norma Selby RIP (anniversary) <b>streamed from Church</b> 12.00 noon: People of the parish (at Sedbergh) 6.00 pm: Mary Brady RIP
Mon 9 <sup>th</sup>	<b>St Teresa Benedicta of the Cross - NO MASS</b>
Tues 10 <sup>th</sup>	<b>St Lawrence</b> 12.00 noon: <b>7.00 pm: Penitential Service</b>
Wed 11 <sup>th</sup>	<b>St Clare</b> 12.00 noon: John Peters RIP
Thurs 12 <sup>th</sup>	<b>Thursday of week 19</b> 12.00 noon: <b>Eucharistic Service</b>
Fri 13 <sup>th</sup>	<b>Friday of week 19</b> 12.00 noon: <b>Eucharistic Service</b>
Sat 14 <sup>th</sup>	<b>St Maximilian Kolbe</b>
<b>Sun</b> 14 <sup>th</sup> 15 <sup>th</sup>	<b>THE ASSUMPTION OF THE BLESSED VIRGIN MARY</b> 6.00 pm Vigil: Joan Baines RIP 10.00 am: People of the parish 12.00 noon: <b>Eucharistic Service</b> (at Sedbergh) <b>NO 6pm MASS</b>

**JUSTICE & PEACE GROUP:** Please pray for peace throughout the world and the abolition of nuclear weapons, especially on the anniversary of the bombing of HIROSHIMA, 6<sup>th</sup> August. We can join the local group of the Campaign for Nuclear Disarmament at the peace pole, Abbot Hall Park at 7.30pm on Friday 6<sup>th</sup> August for an Hiroshima commemoration.

**FIRST AID COURSE:** Saturday 7<sup>th</sup> August, 10am-4pm, parish centre. A one day accredited First Aid workshop with limited places suitable for anyone who currently volunteers with children & young people in the parish wishing to be trained in Basic First Aid. No fee. Email: [youthpresencecio@gmail.com](mailto:youthpresencecio@gmail.com) for confirmation of available places.

**CAFOD SUMMER 'FUN'RAISER:** Run, cycle, swim, walk, play tennis or football. Support CAFOD and help people who are suffering because of the climate crisis, the pandemic and poverty. Google CAFOD SUMMER FUNRAISER for more information.

**PRAYER MEETINGS** continue in the parish centre on Wednesdays at 7.30pm.  
**CENACOLO PRAYERS** continue on Thursdays from 6pm.

**GUIDED WALKS with Kendal Civic Society:** 1 – 2 hour walks at a steady pace. Next meeting 15<sup>th</sup> August, 2pm at Town Hall, 29<sup>th</sup> August, 2pm at Parish Church. Just turn up - £2 contribution to the Society. Contact Trevor K. 724302 for more details.

**Our Lady's Monthly Message to Marija Pavlovic-Lunetti July 25<sup>th</sup>:** "Dear children! I am calling you to be prayer for all those who do not pray. Little children, witness with your lives the joy that you are mine and God will heed your prayers and give you peace in this peaceless world where pride and selfishness reign. Little children, you be generous and be the love of my love, so that pagans can feel that you are mine and convert to my Immaculate Heart. Thank you for having responded to my call."

**COVID CHANGES (NOT MANY DUE TO THE CONTINUING RISE OF THE DELTA VARIANT INFECTIONS)**

Face coverings should still be worn in church unless you are exempt.

Social distancing by blocking off the pews shall remain at the moment.

Hand sanitising will remain necessary as you arrive.

There is no need to wipe down the pews after every mass, only after the 10am Sunday as there is another service later the same day.

Those who wish to receive communion on the tongue should come up at the end of the communion queue at each mass (but please make sure you sit where you do not need to cross over others when you return to your place).

As yet there is no communion in both kinds, no sign of peace as a general rule and no holy water in the stoops at the entrance to church.