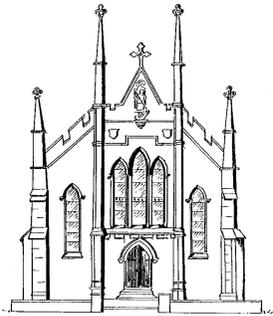


DAILY PRAYERS FIRST SUNDAY OF ADVENT



HOLY TRINITY & ST GEORGE
CATHOLIC CHURCH
Serving Kendal and Sedbergh

www.kendalcatholicchurch.uk

Sunday - Advent Week 1 (Year B)

Collect:

Grant Your faithful, we pray, almighty God,
the resolve to run forth to meet Your Christ
with righteous deeds at His coming,
so that, gathered at His right hand,
they may be worthy to possess the heavenly kingdom.
Through our Lord Jesus Christ, Your Son,
who lives and reigns with You in the unity of the Holy Spirit,
one God, for ever and ever. Amen.

Today's Gospel reading: Mark 13:33-37

Today's prayer:

O God, by Your holy prophets
You promised that Your only Son
would come in the flesh for us
and be born of a virgin.
In these last days
You have fulfilled Your Word.
When He who came to redeem the world
comes to be our judge,
let us not be put to shame.
Through Christ our Lord. Amen.

Monday – St Andrew

Apostle

Collect:

We humbly implore Your majesty, O Lord,
that, just as the blessed Apostle Andrew
was for Your Church a preacher and pastor,
so he may be for us a constant intercessor before You.
Through our Lord Jesus Christ, Your Son,
who lives and reigns with You in the unity of the Holy Spirit,
One God, for ever and ever. Amen.

Today's Gospel reading: Matthew 4:18-22

Today's prayer:

O glorious St. Andrew,
you were the first to recognise and follow the Son of God.
With your friend, St. John,
you remained with Jesus,
for your entire life,
and now throughout eternity.
Just as you led your brother, St Peter,
to Christ and many others after him,
draw us also to Him.
Teach us how to lead them,
solely out of love for Jesus
and dedication to His service.
Help us to learn the lesson of the Cross
and carry our daily crosses without complaint,
so that they may carry us to God the Almighty Father. Amen.

St Andrew, Pray for us

Tuesday - Advent Week 1

St Ralph Sherwin and His Companions

The Martyrs of the Venerable English College Rome

Collect:

Look with favour, Lord God, on our petitions,
and in our trials grant us Your compassionate help,
that, consoled by the presence of Your Son,
whose coming we now await,
we may be tainted no longer
by the corruption of former ways.
Through our Lord Jesus Christ, Your Son,
who lives and reigns with You in the unity of the Holy Spirit,
one God, for ever and ever. Amen.

Today's Gospel reading: Luke 10:21-24

Today's prayer:

Most Holy Priest and Martyr, Saint Ralph Sherwin,
you gave your whole life freely and earnestly,

forsaking all risk to yourself,
seeking to do the Lord's will "today rather than tomorrow".
You died for love of Christ and His Church,
as a witness to bring others to the truth.
Pray that we might follow the Lord more earnestly,
with eyes fixed firmly on His Son,
never putting off till tomorrow what can be done today.
Obtain for us the grace to share your courage and conviction,
to live lives transformed by love of Jesus,
following His call wherever it may lead,
sharing Him with all whom we meet. Amen.

St Ralph Sherwin, Pray for us

All martyrs of the Venerable English College, Pray for us

Wednesday - Advent Week 1

Collect:

Prepare our hearts, we pray, O Lord our God,
by Your divine power,
so that at the coming of Christ Your Son
we may be found worthy of the banquet of eternal life
and merit to receive heavenly nourishment from His hands.
Who lives and reigns with You in the unity of the Holy Spirit,
One God, for ever and ever. Amen.

Today's Gospel reading: Matthew 15:29-37

Today's prayer:

Father, just as You sent John the Baptist to prepare the way for Jesus,
help me to clear the path in my heart, too.
Show me the distractions in my life that block me from waiting for You this
Advent. Lord, I await Your coming!
As I celebrate the first Advent—the first coming—
I look toward the day where I will see You face to face.
I imagine what it will be like.
Give me a heart, Lord, that looks for Your coming on a daily basis.
Help me to live my life where I'm constantly seeking Your presence.
My offering to You today is my life
for I know I am Yours.
Show me today how I need to be refined, purified, forgiven.
Give me the strength to ask for forgiveness
and to then change my ways.

By Sarah Martin, from "The Awe & Wonder of Advent"

Thursday – St Francis Xavier

Pastor

Collect:

Stir up Your power, O Lord,
and come to our help with mighty strength,
that what our sins impede
the grace of Your mercy may hasten.
Through our Lord Jesus Christ, Your Son,
who lives and reigns with You in the unity of the Holy Spirit,
One God, for ever and ever. Amen.

Today's Gospel: Matthew 7:21, 24-27

Today's prayer:

O my Lord Jesus!
Teach me to be generous,
teach me to serve You as You deserve,
to give, and not to count the cost,
to fight and not to heed the wounds,
to toil and not to ask for rest,
to labour, seeking no reward,
save that of knowing that I do Your will. Amen.

St Francis Xavier (7th April 1506 – 3rd December 1552)
St Francis Xavier, Pray for us

Friday - Advent Week 1

St John Damascene
Doctor of the Church

Collect:

Stir up Your power, we pray, O Lord, and come,
that with You to protect us,
we may find rescue
from the pressing dangers of our sins,
and with You to set us free,
we may be found worthy of salvation.
Who live and reign with God the Father
in the unity of the Holy Spirit,
One God, for ever and ever. Amen.

Today's Gospel reading: Matthew 9:27-31

Today's prayer:

I salute you, O Mary!
You are the hope of Christians:
receive the petition of a servant who tenderly loves you,
especially honours you,
and places in you all the hope of my salvation.
From you I have life,
you restore me to the favour of your Son;
you are the certain pledge of my salvation.
I implore you, then,
to deliver me from the burden of my sins;
dispel the darknes of my mind;
banish earthly affections from my heart;
repel the temptations of my enemies,
and so order my life,
that I may reach, by thy means and by your guidance,
the eternal joy of paradise. Amen.

St John Damascene (676 – 749)

St John Damascene, Pray for us

Saturday – Advent Week 1

Collect:

O God, who sent Your Only Begotten Son into this world
to free the human race from its ancient enslavement,
bestow on those who devoutly await Him
the grace of Your compassion from on high,
that we may attain the prize of true freedom.
Through our Lord Jesus Christ, Your Son,
who lives and reigns with You in the unity of the Holy Spirit,
One God, for ever and ever. Amen.

Today's Gospel reading: Matthew 9:35-10:1,5a,6-8

Today's prayer:

Father,
help me to meet every situation with compassion,
even when I'm tempted to be angry.
Help me to seek unity, forgiveness, and understanding,
rather than anger or vengeance.
Father, may Your kingdom come. Amen,