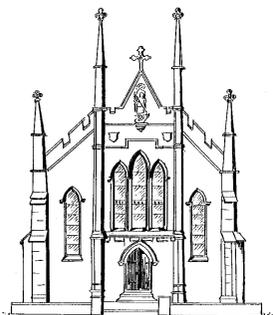


# DAILY PRAYERS WEEK 28



**HOLY TRINITY & ST GEORGE**  
**CATHOLIC CHURCH**  
Serving Kendal and Sedbergh

**[www.kendalcatholicchurch.uk](http://www.kendalcatholicchurch.uk)**

## Sunday – Week 28

### Collect:

May Your grace, O Lord, we pray,  
at all times go before us and follow after  
and make us always determined  
to carry out good works.

Through our Lord Jesus Christ, Your Son,  
who lives and reigns with You in the unity of the Holy Spirit,  
One God, for ever and ever. Amen.

**Today's Gospel reading:** Matthew 22:1-14

### Today's prayer:

Lord,  
may everything we do  
begin with Your inspiration,  
continue with Your help  
and reach perfection under Your guidance.  
We ask this through our Lord Jesus Christ, Your Son,  
who lives and reigns with You in the unity of the Holy Spirit,  
One God, for ever and ever. Amen.

*This is a translation of the ancient and venerable prayer  
Latin prayer, 'Actiones nostras...' asking for  
Divine inspiration and assistance in work and life.*

Glory be to the Father...

## Monday – Week 28

St Wilfred of York, Bishop

### Collect:

May Your grace, O Lord, we pray,  
at all times go before us and follow after  
and make us always determined  
to carry out good works.

Through our Lord Jesus Christ, Your Son,  
who lives and reigns with You in the unity of the Holy Spirit,  
One God, for ever and ever. Amen.

**Today's Gospel reading:** Luke 11:29-32

### Today's prayer:

O God, who endowed the Bishop Saint Wilfrid  
with outstanding graces for the building up of Your Church,  
grant that, by the help of his prayers,  
we may, like him, weather every storm  
and be brought at the last into the haven of Your peace.  
Through Christ our Lord. Amen.

St Wilfrid Pray for us

*St Wilfrid, a native of Northumbria. Born in 634 of noble stock and educated at the court of King Osway, at Lindisfarne and at Canterbury, he accompanied St Benedict Bishop to Rome as a young man. On his return he founded the monastery of Ripon and became its first Abbot. Here he introduced the Benedictine rule, and five years later was ordained priest. Shortly after the great Synod of Whitby of 664, he was made Archbishop of York. His energetic administration witnessed the founding of a large number of Benedictine monasteries and the further extension of Roman usage and Gregorian chant. He died on 24 April c.709.*

## Tuesday – Week 28

St Edward the Confessor

### Collect:

May Your grace, O Lord, we pray,  
at all times go before us and follow after  
and make us always determined  
to carry out good works.

Through our Lord Jesus Christ, Your Son,  
who lives and reigns with You in the unity of the Holy Spirit,  
One God, for ever and ever. Amen.

**Today's Gospel reading:** Luke 11:37-41

### Today's prayer:

Lord,  
You raised Saint Edward, king and confessor,  
to excel in good government and faithful service.  
May these ideals survive and flourish in our country today  
through his prayers.  
Through Christ, our Lord. Amen.

Most glorious Saint Edward,  
you showed your devotion to God  
with patience, gentleness and generosity.  
Like you, may we serve to strengthen the Kingdom of God  
through patient prayer and charity. Amen

St Edward, Pray for us

*Edward the Confessor was a man of great prayer - rather like a crowned monk. He was hailed throughout his life as a gentle, loyal and devoted king. He was born in Islip, near Oxford, probably in 1005. He was an enigmatic figure who was believed to have the power to heal. He began the royal custom of touching sick people to cure them. The tradition continued for nearly 700 years until the reign of Queen Anne. Edward the Confessor died on January 5 1066. He was canonised in 1161 and his body was translated to a shrine at Westminster Abbey in 1163. In the centuries that followed many sick people came to kneel at the shrine and ask to be healed. Richard II prayed there too, asking for strength before the Peasants' Revolt in 1381. Today Edward the Confessor is the only major English saint whose body is still in its shrine which survived the attacks of the reformation.*

## Wednesday – Week 28

St Callistus I, Pope and Martyr

### Collect:

May Your grace, O Lord, we pray,  
at all times go before us and follow after  
and make us always determined  
to carry out good works.

Through our Lord Jesus Christ, Your Son,  
who lives and reigns with You in the unity of the Holy Spirit,  
One God, for ever and ever. Amen.

**Today's Gospel reading:** Luke 11:42-46

### Today's prayer:

A Prayer for Guidance When Life is Challenging

Lord, I'm here today with open hands and an open heart,  
ready to depend on You to help me through the day and all it will bring my  
way.

Help me come to You for guidance, strength, and protection.

As I face tough choices and hard situations,  
help me remember I am Your beloved child,  
and Your representative to the world around me.

Help me live today in a way that brings honor to Your Holy Name. Amen.

St Callistus, Pray for us

*St Callistus was a slave for a Roman who worked for Caesar. He was put in charge of the bank by his master. He managed to lose the money deposited and in fear he fled. He was caught and sent to prison. He was released and told to try to recover the money. He was arrested after getting into a brawl in a Jewish synagogue. He was then sent to Sardinia to work in the mines. The mistress of the emperor was able to influence his release. Callistus became superintendent of the cemetery of St. Callistus. He was ordained a deacon by the Pope and became the friend and adviser of the Pope. When the pope died, Callistus was elected to be Bishop of Rome with a majority vote. This led to a schism with his rival St. Hippolytus who became the first anti-pope. Hippolytus accused Pope Callistus of sympathizing with heretics. He also disagreed with Pope Callistus' teaching about the power of Divine Mercy in the sacrament of confession. In the year 236, both Pope Callistus and Hippolytus were martyred during an uprising in Rome. They were both canonized as saints. It is believed that Hippolytus made peace with the church before his death. St Callistus is the first pope after St. Peter to be honored as a martyr.*

## Thursday – St Teresa of Jesus (Avila)

### Collect:

O God, who through Your Spirit  
raised up Saint Teresa of Jesus  
to show the Church the way to seek perfection,  
grant that we may always be nourished  
by the food of her heavenly teaching  
and fired with longing for true holiness.  
Through our Lord Jesus Christ, Your Son,  
who lives and reigns with You in the unity of the Holy Spirit,  
One God, for ever and ever. Amen.

**Today's Gospel reading:** John 15:1-8

### Today's Prayer:

Christ has no body now on earth but yours;  
no hands but yours;

no feet but yours.

Yours are the eyes

through which the compassion of Christ  
must look out on the world.

Yours are the feet

with which He is to go about doing good.

Yours are the hands

with which He is to bless His people.

*St Teresa of Jesus (28<sup>th</sup> March 1515 – 15<sup>th</sup> October 1582)*

## Friday – Week 28

St Hedwig, Religious

St Margarst Mary Alacoque, Virgin

### Collect:

May Your grace, O Lord, we pray,  
at all times go before us and follow after  
and make us always determined  
to carry out good works.

Through our Lord Jesus Christ, Your Son,  
who lives and reigns with You in the unity of the Holy Spirit,  
One God, for ever and ever. Amen.

**Today's Gospel reading:** Luke 12:1-7

### Today's prayer:

Hail, Heart of Jesus, save me!  
Hail, Heart of my Creator, perfect me!  
Hail, Heart of my Saviour, deliver me!  
Hail, Heart of my Judge, grant me pardon!  
Hail, Heart of my Father, govern me!  
Hail, Heart of my Spouse, grant me love!  
Hail, Heart of my Master, teach me!  
Hail, Heart of my King, be my crown!  
Hail, Heart of my Benefactor, enrich me!  
Hail, Heart of my Shepherd, guard me!  
Hail, Heart of my Friend, comfort me!  
Hail, Heart of my Brother, stay with me!  
Hail, Heart of the Child Jesus, draw me to Yourself!  
Hail, Heart of Jesus dying on the Cross, redeem me!  
Hail, Heart of Jesus in all Your states, give Yourself to me!  
Hail, Heart of incomparable goodness, have mercy on me!  
Hail, Heart of splendour, shine within me!  
Hail, most loving Heart, inflame me!  
Hail, most merciful Heart, work within me!  
Hail, most humble Heart, dwell within me!  
Hail, most patient Heart, support me!  
Hail, most faithful Heart, be my reward!  
Hail, most admirable and most worthy Heart, bless me.

*St Margaret Mary Alacoque, (22<sup>nd</sup> July 1647 – 17<sup>th</sup> October 1690)*

## Saturday – St Ignatius of Antioch

Martyr

### Collect:

Almighty ever-living God,  
who adorn the sacred body of Your Church  
with the confessions of holy Martyrs,  
grant, we pray,  
that, just as the glorious passion of Saint Ignatius of Antioch,  
which we celebrate today,  
brought him eternal splendor,  
so it may be for us unending protection.  
Through our Lord Jesus Christ, Your Son,  
who lives and reigns with You in the unity of the Holy Spirit,  
One God, for ever and ever. Amen.

**Today's Gospel reading:** John 12:24-26

### Today's prayer:

A Prayer of St Ignatius of Antioch

I am the wheat of God,  
and am ground by the teeth of the wild beasts,  
that I may be found the pure bread of God.  
I long after the Lord,  
the Son of the true God and Father, Jesus Christ.  
Him I seek, who died for us and rose again.  
I am eager to die for the sake of Christ.  
My love has been crucified,  
and there is no fire in me that loves anything.  
But there is living water springing up in me,  
and it says to me inwardly:  
"Come to the Father."

St Ignatius, Pray for us

*St Ignatius of Antioch  
(35 in Syria – 108 in Rome)*